

Maria Schedin, MPH

Adjunct Instructor

University of North Florida, Department of Public Health

1. Please describe your interest in Eta Sigma Gamma and becoming a member on the National Board of Directors.

As a past student member, president, and graduate advisor for my local Eta Sigma Gamma chapter, I would be thrilled to become a professional member on the National Board of Directors. Our local chapter consisted of more than 70 members at any given time and it was such an impactful experience to be able to work with our diverse student population. It would be an honor to be able to serve and prepare students across the country to help provide them with the greatest experience during their time as a member of Eta Sigma Gamma.

2. Describe your experience working with ESG/Gammans at a local (chapter) and/or at the national level.

I joined the Eta Sigma Gamma, Alpha Gamma chapter, while pursuing my Bachelor of Science in Health degree at the University of North Florida in January 2017. From May 2017 until September 2018 I served as the chapter President. In September 2018, after being accepted into the Master of Public Health program, I continued my journey with Eta Sigma Gamma until graduation in July 2020 as the Graduate Advisor, a position our chapter created to ensure officers and students were meeting the requirements of their roles in the chapter in order to be eligible for official honorary regalia at graduation. During my time serving on our chapter's executive committee I reworked the entire framework of our student organization in order to ensure consistency as well as planned and coordinated over 60 chapter events on various topics to meet the needs of our diverse student population and their future goals. I also attended monthly meetings with the Brooks College of Health Interprofessional Student.

3. How have you exhibited leadership in your work or extracurricular activities?

Throughout my professional endeavors I have served in many leadership capacities. In our local Eta Sigma Gamma, Alpha Gamma Chapter, I served as both President and Graduate Advisor and received several awards for my service including the Distinguished Service Award in April 2018, Outstanding Potential in Public Health Award in 2019, and the Distinguished Advisor of the Year Award in April 2020. Upon graduation I was awarded the Public Health Leadership Legacy Award in "grateful recognition of extraordinary leadership, dedication, service and legacy to Eta Sigma Gamma health education initiatives through excellence in character, collaboration, and mentorship of emerging leaders." During my time at the University of North Florida I also co-founded our Public Health Student Association, sat on the Brooks College of Health Interprofessional Student Council, and was the elected Graduate Representative for our Public Health Advisory Board. From 2018 to 2019, I served in a leadership role as an AmeriCorps VISTA member.

4. Do you have experience serving on any boards? If so, please explain.

From 2019-2020 I served on the University of North Florida's Public Health Advisory Board as the elected Graduate Student Representative. The purpose of this board was to ensure our program was meeting CEPH competencies and providing students with opportunities to gain skills employers were looking for. I have also been invited to attend board meetings in my role as an AmeriCorps VISTA, as well as in my current professional role.

5. The PMAL candidate is required to serve a two-year term. As the PMAL, you will commit at least 10 hours per month to participate on conference calls with other ESG Board members (average 10/year; 1-2 hours per meeting), review applications for chapter awards, and plan conference sessions for the annual ESG national meeting, attend the annual board meetings (one professional conference and one board meeting associated with the national SOPHE conference), and other duties as needed from the National Office. Explain if you will be able to do this.

I will be able to commit to these requirements.

**Describe the skills that you would bring to ESG National Board of Directors.
(Please respond to all that apply.)**

1. High energy level

I am always ready to take on new roles and tasks!

2. Discipline

I always meet deadlines and make sure I never take on too much that I will not be able to do what I need to do. I am extremely organized and critical of the work I put out.

3. Communication and interpersonal skills

In my past and present roles communication is a key part of ensuring the success of current initiatives and partnerships. I am constantly communicating with my immediate team, leaders in the organizations we work with, among others on a daily basis.

4. Experience with ESG or other honor societies

I served on the executive committee for our chapter from 2017 to 2020 as both President and Graduate Advisor. I was also initiated and involved with the Honor Society of Leadership and Success during my undergraduate degree.

5. Experience in organizational work

Throughout my professional career I have always been engaged in organizational work whether it was at the University, during my AmeriCorps Service, in my current capacity, or past volunteer roles. I have assisted in the planning, development, and organization of cross-department, agency, and/or sector projects and initiatives while in these roles.

6. Positive teamwork experience

I always work to motivate and encourage my team to put our best foot forward in everything we do. Moreover, it is my goal to make sure everyone on the teams I lead feel supported by myself and others who they work with.

7. Problem-solving and decision-making skills

In the field of public health most of the work we do is problem-solving whether it is a big or a small problem. I am constantly using systems thinking techniques and researching best practices to ensure my team is making the most informed decisions. Due to this problem-solving has become a passion of mine.

8. Time management and organizational skills

I am generally in multiple roles at any given time and due to this I have had to reevaluate and redesign my thinking many times to become more efficient in both time management and organization. It is very important that I give 100% to everything I do not matter how many different commitments.

9. Record of responsibility

I take my roles and responsibilities very seriously because I want to be a good role model to my team and I know I would want someone to do the same for me. I always give 100% to everything I do and I do not miss a deadline. I am always on top of the tasks I have been given and willing to take initiative on others. I have several letters of recommendation reflecting this from past employment and education.

10. Working with diverse groups

I am always working with diverse groups from students, to teammates, as well as the general community. I have worked and volunteered with diverse groups including individuals with intellectual and developmental disabilities, those experiencing homelessness, as well as low income and minority populations. I have also attended several trainings and webinars on cultural competence and earned a Graduate Certificate in Global Health in order to better understand the global landscape of population health.

11. Other

MARIA SCHEDIN

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EDUCATION

University of North Florida

Master of Public Health

July 2020

Concentration: Epidemiology

Graduate Certificate in Global Health

July 2020

Bachelor of Science in Health

December 2018

Major: Health Science

Concentration: Public Health

Minor: Health Education

Magna Cum Laude

Student Organizations

Eta Sigma Gamma, National Health Education Honorary, *Graduate Advisor*

UNF Public Health Student Association, *Co-Founder & President*

National Honor Society of Leadership and Success, *Student Member*

Brooks College of Health Interprofessional Student Council, *Public Health Liaison*

Daytona State College

Associate of Arts

May 2015

Concentration: Psychology

Honors

AWARDS

Public Health Leadership Legacy Award

July 2020

Brooks College of Health Student Spotlight

August 2019

Ackerman Community Health Scholarship Endowment

August 2019

AmeriCorps Segal Education Award

August 2019

Outstanding Potential in Public Health

April 2019

Distinguished Advisor of the Year Award

April 2020

Distinguished Service Award

April 2018

TEACHING EXPERIENCE

University of North Florida

Learning Coach –

“Substance Abuse and Violence Prevention

August 2019 to July 2020

- Attended community conferences and coalition meetings
- Aided in finding resources to provide to students
- Utilized role in honor society to host events for students surrounding substance use prevention and harm reduction outside the classroom

Graduate Teaching Assistant –

“Professional Preparation in Public Health”

August 2019 to July 2020

- Assisted with course material updates
- Provided insightful feedback through critical review of student assignment submissions
- Hosted additional workshops during the semester for students to attend and gain further understanding

RELATED EXPERIENCE

Community Coalition Alliance

Research and Data Coordinator

March 2020 to Present

- Provide guidance Needs Assessment Committee to assist with development of the Annual Northeast Florida Behavioral Health Needs Assessment
- Provide support to partner coalitions on initiatives and development of tools (i.e. logic model, surveys) and other resources
- Research and present current trends at the national, state, and local levels related to substance use
- **Grant Project Director** for the Rural Communities Opioid Response Program grant funded through HRSA in Dixie County
- Write and assist with the development of reports related to current initiatives
- Design and utilize information dissemination tools such as newsletters and Facebook to provide information

Eta Sigma Gamma, National Health Education Honorary

Graduate Advisor

August 2017 to July 2020

- Lead executive committee in meetings to plan and evaluate the semester activities and initiatives
- Developed and assisted in the development of multiple partnerships on campus and in the community

- Coordinated member activities including service events, professional development workshops, and socials
- Collaborated with Brooks College of Health student leaders and faculty on the Interprofessional Student Council to provide interprofessional development opportunities to students at the college

The Arc Jacksonville, AmeriCorps VISTA Program

Agency Research Programs and Services Assistant

August 2018 to August 2019

- Aided in writing grant proposals, process evaluation, and annual reports for various funding opportunities
- Researched current and future policies affecting the intellectual and developmental disability population (I/DD)
- Conducted agency and outside research on best practices related to the I/DD population
- Created, collected, inputted and analyzed stakeholder surveys and program evaluations

PUBLICATIONS AND PAPERS

“Northeast Florida 2019 Behavioral Health Needs Assessment Report”

Regional Report

2020

“Drug Epidemiology Network Report – Duval County”

Regional Report

2020

MEMBERSHIPS

UNF Public Health Advisory Board

2019-2020

Community Coalition Alliance

2020-Current

- Needs Assessment Subcommittee

Duval Epidemiology Network

2020-Current

- Innovative Project Stakeholders Subcommittee

North Florida Poly-Drug Task Force

2020-Current

- Community Education and Training Subcommittee

Dixie County Consortium

- Prevention, Treatment, and Recovery Subcommittee(s)

2020-Current