

ETA SIGMA GAMMA
2010
CHAPTER ANNUAL REPORTS



ETA SIGMA GAMMA
NATIONAL OFFICE
2000 UNIVERSITY AVENUE
MUNCIE, IN 47306
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Chapter Reporting	Person Submitting	Title
Gamma- California State University, Long Branch	Kelli Hiraoka	President
Epsilon- University of Maryland College Park	Nikita Boston	President
Eta- Central Michigan University	Linsey Grove	President
Iota- The University of Toledo	Molly McKinney	President
Kappa- SUNY Cortland	Alan Sofalvi	Faculty Sponsor
Nu- Indiana University	Katharine Darden	President
Xi – Purdue University	Gerry Hyner	Faculty Sponsor
Pi- Western Illinois University	Crystal Loyd	President
Rho- Kent State University	Laurie Wagner	Faculty Sponsor
Sigma- James Madison University	Audrey Januszewicz	President
Alpha Alpha- Southern Illinois University Carbondale	Amy Mathes	President
Alpha Gamma- University of North Florida	Julie W. Merten	Faculty Sponsor
Alpha Zeta – California State University, Northridge	Ralonda Johnson	President
Alpha Theta- Adelphi University	Dr. Stanley Snegroff	Faculty Sponsor
Alpha Nu – University of North Carolina at Greensboro	Louis Graham	President
Alpha Omicron –Temple University	Ashley DeShazo	President
Alpha Pi- Texas A&M University	Christina McCoy	President
Alpha Omega –University of Nebraska, Omaha	Aja Pelster	President
Beta Alpha- University of Minnesota Duluth	Dr. Georgia Keeney	Faculty Sponsor
Beta Theta- East Carolina University	Dr. Jennifer Cremeens	Faculty Sponsor
Beta Kappa- Minnesota State University	Jenica Lyon	President
Beta Nu – Eastern Illinois University	Kathleen Phillips	Faculty Sponsor
Beta Phi- University of Wisconsin-LaCrosse	Stephanie Navarre	President
Beta Chi- University of Alabama-Birmingham	Lasonja Kennedy	President
Beta Psi- SUNY Brockport	Linda Ballog	Faculty Sponsor
Gamma Delta- Southern Illinois University	Ashley Sturm	Vice President
Gamma Zeta- Plymouth State U.	Mardie Burckes-Miller	Faculty Sponsor

Gamma Theta- Youngstown State University	Keisha Robinson	Faculty Sponsor
Gamma Iota- Georgia College & State University	Barbara Funke	Faculty Sponsor
Gamma Kappa- Liberty University	Dr. Jeffrey Lennon	Faculty Sponsor
Gamma Mu- Western Michigan University	Dr. Amos Aduroja	Faculty Sponsor
Gamma Pi- Hofstra University	Dr. Aleta Labiento	Faculty Sponsor
Gamma Rho- Truman State University	Deidra Frausto	Secretary
Gamma Chi- Clemson University	Jaynae' Kearney	President
Delta Epsilon- Morgan State University	Shonta' White	Faculty Sponsor
Delta Iota- Southern Connecticut State University	Dr. Sandra Bulmer	Faculty Sponsor
Delta Kappa – University of South Florida	Leah Phillips	Not provided
Delta Lambda- Malone University	Dr. Pam Hoalt	Faculty Sponsor
Delta Mu- Morehead State University	Jennifer Dearden	Faculty Sponsor
Delta Sigma- Keene State College	Danielle Allen	President
Delta Tau- Columbus State University	Tara Redmond	Faculty Sponsor
Delta Chi- Texas State University, San Marcos	Brittany Rosen	Treasurer
Delta Psi- Northern Illinois University	Nancy LaCursia	Faculty Sponsor
Epsilon Alpha- Baylor University	Beth Lanning	Faculty Sponsor
Epsilon Beta- Rutgers University	Francesca Maresca	Faculty Sponsor

Chapter	# of Meetings	# of Initiates
Gamma	1	29
Epsilon	13	12
Eta	13	12
Iota	16	7
Kappa	15	36
Nu	8	11

Xi	Not provided	Not provided
Pi	14	4
Rho	27	42
Sigma	8	22
Alpha Alpha	10	15
Alpha Gamma	8	25
Alpha Zeta	14	20
Alpha Theta	0	0
Alpha Nu	9	39
Alpha Omicron	10	23
Alpha Pi	28	27
Alpha Omega	8	3
Beta Alpha	13	20
Beta Theta	12	16
Beta Kappa	6	21
Beta Nu	30	15
Beta Psi	1	16
Gamma Delta	9	Not provided
Gamma Zeta	2	21
Gamma Theta	4	0
Gamma Iota	0	2
Gamma Kappa	6	26
Gamma Mu	30	15
Gamma Pi	Not provided	20
Gamma Rho	8	4
Gamma Chi	7	40
Delta Epsilon	9	7
Delta Iota	10	14
Delta Kappa	Not provided	26
Delta Kappa	11	10
Delta Lambda	6	7
Delta Mu	10	10
Delta Sigma	12	22
Delta Tau	8	20
Delta Chi	7	8
Delta Psi	8	28
Epsilon Alpha	8	6
Epsilon Beta	10	32

Awards Given by Chapters

Distinguished Service

Epsilon-Julia Bernstein
Alpha Alpha-Amy Mathes
Alpha Pi-Jennifer Sprague
Beta Nu-Ashley Wyss
Gamma Mu- Kara Fortney, Lindsey Galli
Gamma Pi-Kristen Calder
Gamma Chi-Patrick Toates, Anna Frank

Honor Award

Eta-Dr. Richard Parr
Iota-Carly Miller
Alpha Pi-Henrietta Rincones
Beta Nu-Dr. BarbWalker
Gamma Mu-Dawn Robage
Gamma Pi-Caitlin DiBlasi

Honor Key Recipients

Alpha Alpha-Jacqueline Menke, Kamrun Mustafa
Alpha Pi-Abbi Drew, Leah McGee, Kelsey Curry
Beta Nu-Emily Kuhn
Gamma Mu- Rhiana Russell
Gamma Pi-Marla Dubler, Nichole Gargano, Danielle Goldfinger

Special Awards

None

Chapter Officers	
Key	
President – P	
Vice President – VP	
Secretary – S	
Treasurer – T	
Historian – H	
Other – O	
Faculty Sponsor – FS	
Gamma	Kelli Hiraoka, P Julia Harrsion, VP Cindy Alvarez-Mobarki, S Jane Kil, H Ijeoma Eyvette Ohiri, T Veronica Acosta-Deprez, FS
Epsilon	Nikia Boston, P Eboni Jeter, VP

	<p>Courtney Buchanan, VP Aisha Hasan, VP Katherine Cole, S Chi Hye Choe, T Dr. Sharon Desmond, FS</p>
Eta	<p>Linsey Grove, P Jackie Lajza, VP Kristen Porubsky, VP Kendra Olsen, VP Ashley Teed, T Lauren Johnson, S Kim Tilman, H Dr. Irene O'Boyle, FS</p>
Iota	<p>Molly McKinney, P Robert Braun, VP Laryn Ziegler, S/T Carolyn Conley, H Amy Thompson, FS</p>
Kappa	<p>Sara Gleisle, P Kimberly Patricia, VP Kelsie Belkirch, S Hannah Murray, T Alan Sofalvi, FS</p>
Nu	<p>Katharine Darden, P Cassie Barnhart, VP, Steph Barath, S/T Shellie Strange, S/T Dr. Trent Applegate, FS</p>
Xi	<p>Info not provided</p>
Pi	<p>Crystal Loyd, P Kim Crabill, VP Joseph Heckman, S Bindiya Shrestha, H Benjamin Brewer, T Dr. Amanda Divin, FS</p>
Rho	<p>Sarah Swirsky, P Mannella Crawley, VP Cassandra Feesler, S/T Angie Backus, H Kimberly Ron, T Laurie Wagner, FS</p>
Sigma	<p>Audrey Januszewicz, P Mina Yun, VP Lacy Nuckols, S/T Kayla O'Connell, S/ T Theresa Enyeart Smith, FS</p>

Alpha Alpha	Amy Mathes, P Margaret Sullivan, VP Suzy Pracht, S Fatimah Ali-Ferre, T Richelle Chapman, H Rana Skaf, O Roberta Ogletree, FS
Alpha Gamma	Amy Halliday, P Stephanie Nierenberg, VP Cassie Sager, S/T Michelle Penzera, O Julie W. Merten, FS
Alpha Zeta	Rebecca Amantia, P Christine Zoet, VP Ana Sahagun, S/T Cynthia Valley, H Kathleen Young, FS
Alpha Theta	Stan Snegroff, FS
Alpha Nu	Louis Gaham, P Shante Rentrope, VP Christie Haugh, S/T Dian Tran, H Muhsin Michael Orsini, FS
Alpha Omicron	Ashley DeShazo, P Rashida Anthony, VP Sara Paris, S/T Sarah Bass, FS
Alpha Pi	Christine McCoy, P Kayla Torres, VP Noelle Gonzalez, S/T Kendal Simpson, H Ridja Prcic, H Matthew Lee Smith, FS Beth McNeill, FS
Alpha Omega	Aja Pelster, P Amy Wiczovek, VP Midge Chandler, T Shandy Ramet, H Kay Grant, S David Corbin, FS
Beta Alpha	Hannah Schoof, P Kaylin Gelhar, VP Jamie Somrock, S/T Kathy Choh, H Dr. Georgia Keeney, FS
Beta Theta	Kayla Lindsey, P

	Catherine Royal, VP Erin Maroney, S/T Dr. Jennifer Cremeens, FS
Beta Kappa	Rachel Irwin, P Jessica Baughman, VP Meagan Van Engen, S/T Melinda Faith Scott, H Jeffrey Lennon, FS
Beta Nu	Ashley Wyss, P Emily Kuhn, VP Rebecca Ruggeri, S Harmony Naples, H Nysisah Hardy, T Kathleen Philips, FS
Beta Psi	Dr. Linda Balog, FS
Gamma Delta	Justin Strait, P Ashley Sturm, VP Shane Stephens, S/T Laura Prochazka, S/T Mal Goldsmith, FS
Gamma Zeta	Mardie Burkes-Miller, FS
Gamma Theta	Candis Stocker, P Jessica Podnar, VP Phillip Rauscher, S/T Dr. Keisha Robinson, FS
Gamma Iota	Barbara Funke, FS
Gamma Kappa	Jenna Crabtree, P Katie Thibault, VP Danielle Cross, S/T Sneata Kachhepati, H Patricia Brearly, O Dr. Jeffrey Lennon, FS
Gamma Mu	McKenna Collins, P Lindsey Galli, VP Whitney Munson, S Melinda Taylor, H Wendy Baetens, T Dr. Amos Aduroja, FS Dr. Marianne Frauenknecht, FS
Gamma Pi	Michael Vavara, P Dr. Aleta Labiento, FS
Gamma Rho	Julie Hasken, P Megan Temme, VP Jenna Osseck, S/T Deidra Frausto, S Carol Cox, FS

Gamma Chi	Jaynae' Kearney, P Heather McCoy, VP Sarah Johnson, S/T Dr. Sarah Griffin, FS
Delta Epsilon	Angela Nunez, P Davida Jones, VP Krista Barrow, S/T Tempestt Little, S/T Jasmine Jackson, H Shonta' White, FS
Delta Iota	Alicia Hanke, P Julia Canfield, VP Susan Hurt, S/T Ethan Fusaris, H Sandra Bulmer, FS
Delta Kappa	Tamara Looney, P Elizabeth Baker, VP Christine Spiker, S Sara Kennedy, H Angela Seevers, T Eric Buhi, FS
Delta Lambda	Tyler Watson, P Ashley Dennerlein, VP Alison Hinkle, S Samantha Brown, T Dr. Ken Hoalt, FS Dr. Pam Hoalt, FS
Delta Mu	Jessica Hall, P Nancy Greene, VP Miranda Beagle, S/T Jennifer Dearden, FS Elizabeth Ash, FS
Delta Sigma	Danielle Allen, P Nicole Ferri, VP Alison Caouette, S/T Abby Rosen, S/T Margaret Smith, FS Pam Smith, FS
Delta Tau	Edwina Price, P Eva Appiah, VP Rachel Holmes-Thomas, S/T Juanita Massac, H Dr. Tara Redmond, FS
Delta Chi	Brittany Rosen, P Sally Moody, VP Janelle Hibbing, S

	Ashley Andreano, T Dr. Kelly Wilson, FS
Delta Psi	Tricia Sabatino, P Melissa Sack, VP Amanda Kucinski, S/T Allison Delgado, S/T Katie Morin, H Nancy LaCursia, FS
Epsilon Alpha	Allison Hubbs, P Ashley McClelland, VP Kenda Herring, S/T Beth Lanning, FS
Epsilon Beta	Natasha Ramsey, P Francesca Antinovo, VP Alan Gomez, T Hiral Kalia, S Francesca Maresca, FS

Events and Activities of the Chapters

Gamma-California State University, Long Beach

- No information provided

Epsilon- University of Maryland, College Park, MD

- We participated in the Childhood Obesity Prevention Walk, Breast Cancer Walk and Suicide Prevention Walk
- We volunteer at Food & Friends which is an organization that provides meals to people with terminal illnesses
- YMCA Healthy Kids Day: our members volunteered at this event in Silver Spring, MD. There members helped set up and break down game stations and assisted with face painting etc.
- We held two meetings on professional development. One focused on applying to graduate schools & the other focused on searching for and applying for jobs.
- Maryland Day: Maryland Day is a large open house for the entire university in which all the departments and many student groups participate. Our members helped run a football clinic sponsored by the School of Public Health and they helped run games and a health fair.

Eta- Central Michigan University, Mt. Pleasant, MI

- **Out for Blood Decathlon and 5K** - Our chapter raised money for the American Red Cross by hosting a decathlon (a 5K run followed by a 20K bike ride). This activity included focused on all three goal areas of Eta Sigma Gamma (research, service, and

education). We educated participants on the importance of giving blood, our members volunteered many hours to developing and implementing the event and at the end, and we evaluated its success and presented that data at our Student Research and Creative Endeavors Exhibit at Central Michigan University.

- **Parent Corner** - As a way to educate and promote children's health, our chapter started a running health topic board at the local elementary school for parents call Parent Corner. It consisted of just a simple tri-fold with different health topics that were changed every three months. One of the most important topics we were able to present to parents was about H1N1 which affected most schools in Mount Pleasant.
- **Date Auction for Haiti** - After the earthquake in Haiti, our organization decided to act and held a date auction at to raise money for the Save the Children Foundation. We auctioned off athletes from different club sports teams. The event was very successful and turned out to be a great way for members to get to know each other.

Other Activities:

- **Shelby Knox Documentary** - As a social and learning experience, our chapter hosted a screening of the documentary, "The Education of Shelby Knox" which documented the life of a Lubbock, Texas teen and her journey in becoming an advocate for comprehensive sexual education in her town and nationally.
- **Eta Sigma Gamma Thanksgiving Dinner** - Our chapter hosted a social for new and general members for Thanksgiving (the weekend before). Everyone brought a passing dish and had a great time getting to know one another.
- **Safer Sex Patrol** - To promote safer sex and abstinence on campus, Eta Sigma Gamma teamed up with the Safer Sex Patrol to hand out condoms, education literature, and suckers to students and patrons at local bars in Mount Pleasant. This was a fun and enlightening service project.
- **Adopt-a-Highway** - Our chapter adopted a strip of highway near Mount Pleasant and cleaned up the roadside as a spring service activity and to continue our goal of being a green organization.
- **American School Health Association National Conference & Eta Sigma Gamma Annual Meeting** - Five of our members attending the ASHA National Conference and the Eta Sigma Gamma Annual Meeting to learn more about school health and to network with professional and Eta Sigma Gamma members.

Iota- The University of Toledo, Toledo, OH

- Four doctoral members presented at HEI, accompanied by several undergraduate members.
- Four doctoral members completed a thematic analysis for a national survey of ESG members.
- Members put on a fundraiser to benefit the chapter's adopted family for the holidays. Four hundred dollars was raised in this effort.

Other Activities:

- **Rake and Run-** Members raked the leaves for the elderly in the immediate neighborhood.

- Co-sponsored a national recognized speaker in the area of health, in conjunction with AAUW.
- One doctoral member went to Washington, DC for the advocacy summit.

Kappa-SUNY Cortland, Cortland, NY

- Members participated in Girls' Day Out, an event held on the Cortland campus annually. Members of Kappa Chapter discussed the benefits of calcium and Vitamin D.
- Members donated two backpacks filled with items (such as toothbrushes and other useful health-related items) to foster children after a request from representatives of a campus-community project.
- As part of SUNY Cortland's Spring Fling Event, members conducted an event where students could participate in a hula-hoop contest to win a basket filled with health-related items.

Nu- Indiana University, Bloomington, IN

- Brownie Math and Science is a day held on campus at Indiana University for Girl Scouts. They travel to different themed educational rooms. Eta Sigma Gamma Nu Chapter hosts the Nutrition room with the local Dietetics Club.
- Ruth Lily Overnight is an overnight with Girl Scouts from all over Indiana at the Ruth Lily Center in Indianapolis, IN. We host, organize and set-up on our own. We find out which badge needs to fulfill then plan our health lessons accordingly.
- BAT Program teaches fourth graders about Basic Aid Training (BAT). We team up with the local Red Cross for this event. They provide the lesson plans but we and guest speakers present the information.

Other Activities:

- CPR Certifications. We sponsored the CPR certifications which were open to Kinesiology students first, then open to anyone. We ordered the materials from the local Red Cross and the instructors donated their time to teach the classes. We did adult and two child CPR classes.

Xi- Purdue University, West Lafayette, IN

- No information provided.

Pi- Western Illinois University, Macomb, IL

- Relay for Life-formed Relay for Life team to raise money for cancer research. The club raised funds for the cause by having several bake sales. Members also raised money at the event by selling root beer floats.
- Red Cross Blood Drive- For this event, Eta Sigma Gamma Members worked together with several other organizations to recruit donors and staff a blood drive for a local American Red Cross Chapter.
- "Stuff the Bus" Food Drive- Each year, the campus comes together to collect canned goods for local food pantries. Members went door-to-door passing out bags and fliers

about the drive ahead of time, and also went back to collect goods. Food was also collected at local stores, and some members assisted in packing the food up as well.

Other Activities:

- Road Clean-Up- As part of the Adopt-A-Highway program, the Pi chapter is responsible for clearing a two mile stretch of debris several times a year.
- Activities Fair- Promotes organizations at Western Illinois University to increase membership.
- Majors Fair- Different departments promote their majors to students who are unsure of what field they wish to pursue. Eta Sigma Gamma assisted in promoting the Health Sciences Department.
- Health Fair- Members assisted faculty from the Health Sciences Department in presenting

Rho- Kent State University, Kent, OH

- World AIDS Day educational program. Gammans filmed an educational video discounting why college students do not like to use condoms, including a short 'how to use a condom' section. Participants were given free condoms and had time to practice using the condom models. This event was part of a university-wide schedule of events.
- Participated in the Advocacy Summit in D.C... Travelled to D.C. and met with four different House/Senate aides to discuss funding for Health Care, Health Education, and the future inclusion of Health and Physical Educators as 'highly qualified' teachers.
- Decorated bulletin boards across campus. We have a major bulletin board outside the Health Education and Promotion office that was decorated to promote ESG, as well as educate people as they walk by and read it. Board was decorated for the Advocacy Summit, World AIDS Day, Earth Day, etc.... Also decorated glass cases in the student center for Sexual Assault Awareness & Earth Day.
- Held several invited sexual health programs for different student groups across campus talking about consent, STI/unwanted pregnancy avoidance, and general healthy sexuality.
- Sold condom flowers.

Other Activities:

- Held a "Bowling for Presents" fund raiser where Gammans raised enough money to buy the Christmas presents for a single father and his boys. The family was chosen from Violet's Cupboard, a local organization that helps families affected by HIV/AIDS.
- Walked in the Homecoming parade representing all of the student organizations for the College and Graduate School of Education, Health, and Human Services.
- Helped to pilot the DORA (Depression Outreach Alliance) program for college students, suicide prevention. Currently applying for grant money to provide this program campus-wide next school year.
- Individual members submitted applications for ASHA presentations and posters for the upcoming National ASHA conference.
- Winter holiday social. Spring initiation and party. Upcoming summer social.

Sigma-James Madison University, Harrisonburg, VA

- Can It! Charity Concert.
3 local bands performed. Asked for 2 canned goods or \$2, all of which we donated to the Blue Ridge Area Food Bank.
- 5K ESG Running for Keeps
Raised about \$900 for Madison for Keeps, a program created to help JMU students in financial difficulties stay at JMU.
- Relay for Life
Created an ESG team to raise several hundred dollars for the American Cancer Society

Other Activities:

- 2 cookouts, 1 potluck dinner
Social events for ESG members to get to know one another and bond, making our events more fun because everyone knows each other
- Boys & Girls Club
Went to local Boys & Girls Club to promote healthy behaviors such as fun exercise, nutrition, and safety. Handouts that recap information given to children and to take home to parents.
- Condoms & Kisses
Promote responsible sexual health around Valentine's Day by passing out free condoms and Hershey kisses along with an informational flier on sexual health myths and facts.
- Outriggers
JMU organization that specializes in group bonding. They came to help our group connect better and work better together. They also gave us tips on what to do in the future
- Distracted Driving Surveys (2)
Our sponsor's research is on university distracted driving, so ESG helps administer surveys before Thanksgiving break and before Spring break.
- Student Organization Night, Fall
Promoted ESG
- Student Organization Night, Spring
Promoted ESG
- Football Concessions
Raised money for ESG
- Prospective Student Day
Promoted ESG to prospective JMU students
- Initiation Dinner
Dinner and Ceremony to recognize graduating ESG seniors, new initiates, and new members.
- Bake Sale
Raised money for ESG

Alpha Alpha- Southern Illinois University, Carbondale, IL

- The Russell Symposium: Dr. John R. Moore, Acting Associate Director of Public Health Practice, National Center for Chronic Disease Prevention and Health Promotion, Acting CDC Foundation Liaison . Dr. Moore's presented "Prevention in the 2010's: Challenges for Health Education and Public Health"
- New Member Initiation:
- Fifteen new honorary members were initiated with a guest speaker Dr Dixie Dennis speaking on "How to get the most from you professional memberships".
- Alpha Alpha members participated in the Student Advisory Committee within the Health Education and Recreation Department. The mission of this committee is to look into ways to target undergraduates for recruitment into the Health Education and Recreation majors. The committee targeted high schools, community colleges and undergraduates on campus.

Other Activities:

- ESG hosted lunch with Dr. John Moore prior to the Russell Symposium.
- Alpha chapter prepared monthly health education bulletin boards to promote health topics, health screenings and health lifestyles. Examples: HIV/AIDS awareness, breast cancer awareness, and drunk driving.
- Guest Speaker- Dr. Dale Rizal presented international health opportunities in Germany.
- Guest Speaker- Dr. Mark Kittleson invited Alpha chapter to help organize and plan Health Career Days at Southern Illinois University (SIU)-Carbondale, SIU-Edwardsville, and SIU School of Medicine for local middle school students.
- Alpha chapter participated in a Health Fair "Go for the Grains" at a residence hall on campus interacting with over 100 students.
- Alpha chapter assisted the Health Education and Recreation Department with the second annual College of Education and Human Services "Ice Cream Social". ESG assisted with passing out condoms, sun screen and assisted with activities such as 'beer goggles' and abdominal thrusts for a choking victim.

Alpha Gamma- University of North Florida, Jacksonville, FL

- BCH Games - competition between Brooks College of Health student organizations. Eta Sigma Gamma placed 3rd and had over 20 ESG members participate.
- American Cancer Society Relay for Life - members raised money for ACS by walking and organized additional fundraisers.
- Brooks Clubhouse service day - members visited the local brain injury Clubhouse to help with landscaping and conducted a health education activity.

Other Activities:

- Attend American College Health Association conference
- Educate UNF student on H1n1 virus at Student Health Services
- Participate in Suddath's employee health fair educating employees on h1n1 precautions.
- 26.2 with Donna Annual Marathon to End Breast Cancer.

Alpha Zeta- California State University, Northridge, Northridge, CA

- **Relay for Life-** Cal State Northridge participated in Colleges against Cancer to raise money
For cancer awareness, research, treatment and education. We raised approximately \$4500.00
- Amongst 23 participants.
- Operation Christmas Child-Christmas fundraiser for children in need in the Philippines and Thailand. We sponsored a garage sale
In December of 2009 Alpha Zeta collected shoes boxes and filled them with hygiene products and toys. These boxes got donate children in third world countries, our boxes went to the Philippines and Thailand.
- Meet and greet the faculty in Health Science. ESGAZ along with HESO organized a meet and
Greet the instructors and faculty within the Public Health Ed department in order to discuss changes
In class offerings, how to plan your class schedule and to discuss what is expected in each class
- Other Activities:
- Many of our members participated in COUGH to do a pilot on a survey instrument to help us
To understand the problems with second hand smoke on our campus. The pilot will lead to revisions
To the survey to be ran live for an initiative to move to a tobacco free or tobacco restrictive campus.
- Faculty Luncheon- Alpha Zeta in collaboration with two other health organizations on campus sponsored an appreciation lunch for our health science faculty and professors.
- Heart Disease Awareness Month & Stress relief tips- as an educational works we Posted in the health science department glass hall bulletin casing information related to heart disease
the warning signs for stroke. In addition we listed ways to reduce the risk of heart attacks and high
blood pressure along with tips to relieve stress

Alpha Theta- Adelphi University, Garden City, NY

- No information provided.

Alpha Nu- University of North Carolina @ Greensboro, Greensboro, NC

- StairWell to Better Health Campaign
A CDC initiative targeting obesity; its goal is to increase stairwell usage (instead of using the elevator) by making stairwells more aesthetically pleasing. The goal of the activity was to increase wellness and weight management through promoting healthy

lifestyles. A stairwell on campus was renovated, painted, and designed with murals, and opened to the public in January 2010.

- **Health Fair**
The goal of the activity was to teach people (UNCG faculty, students, staff, and other guests) healthy lifestyles such as healthy cooking, unplanned pregnancy prevention, and disease prevention. The education committee put together demonstrations and passed out informational pamphlets. Local community organizations were invited and did participate.
- **Campus-wide Newsletter**
The public relations committee designed and published an ESG newsletter that featured students' study abroad experience, new faculty, and healthcare legislation articles. The newsletter was distributed to the department, school of Health and Human Performance, and the rest of the campus. Student experiences at APHA, SOPHE, and the national ESG meetings were also profiled. If more than 3 major activities, continue on another sheet of paper.

Other Activities:

- **CHES Workshop**
Preparation for April CHES exam that informed students about proper preparation, increased UNCG PHE CHES pass rate, and enhanced the credibility of the profession. The education committee planned and implemented the CHES workshop panel.
- **Movie Night & Discussion for World AIDS Day**
Informed students about HIV/AIDS and encouraged testing and education. Students got involved in World AIDS Day by partnering with other campus organizations to watch *And the Band Played On* and discuss its implications for communities today.
- **College Bound Sisters**
The teaching committee taught life skills, HIV and pregnancy prevention classes to teen girls from a local community based organization; and provided food for them.
- **Relay for Life**
- **Service Event**
- **Graduating Students Picnic**
- **Awards ceremony, food, games.**

Alpha Omicron- Temple University, Philadelphia, PA

- **Alive and Kicking: Self Defense Class** held by one of our executive board members to teach students how to protect ourselves if we were to get attacked.
- **Dance Your Butt Off:** A dance class to give students a way of fun aerobic exercise and encourage a healthy, well balanced life.
- **Life After HIV:** We had three speakers come to campus and tell their stories of how they were infected with HIV and how it has impacted their life and relationships with others.

Other Activities:

- **Spring Fling:** Give away free condoms to promote safe sex and how to use a condom

- AIDS Walk of Philadelphia
- Halloween condom/candy give away

Alpha Pi- Texas A&M University, College Station, TX

- KEYS Girl's Initiative (Research, Service, Education, Fundraising): Health education program utilized mass and sub-group rotating sessions to introduce and reinforce 5 lessons to young girls in grades 3, 4, and 5. The program was conducted by the Gammans and College Station Police Department representatives who taught participants about topics including: nutrition, physical activity, hand washing, anger management, and bullying prevention.
- Monthly Bulletin Board (Education): Each month 2-4 ESG members developed an educational bulletin boards based on predetermined topics in accordance with national health observances and timely issues. Examples of topics posted on the bulletin board include: breast cancer awareness, nutrition, spring break safety, and skin cancer.

Other Activities:

- "Learning By Doing" Research Training (Research): The purpose of this research training was to introduce and engage undergraduate and graduate student in the process of health education research. The training session was designed to educate participants on 10 relevant and important components of the research process.
- Volunteering at the Lincoln Center (Service): The Gammans periodically volunteered at the Lincoln Center (where the KEYS Girls' Health Initiative was hosted) in efforts to familiarize themselves with the potential attendees of the KEYS Girls' Health Initiative.
- Big Event (Service): Annually, Texas A&M puts on a community wide service project which ESG participated in this year. ESG was split into two groups who were in charge of assisting older citizen complete tasks around her house and painting the outside of a daycare center.
- HIV/AIDS Fashion Show & Health Fair (Education/Service): Eta Sigma Gamma partnered with Aggie REACH (another health education organization on campus) to conduct the first annual HIV/AIDS Fashion Show & Health Fair, which aimed to raise awareness and promote prevention of HIV/AIDS. Eta Sigma Gamma hosted a booth where educational materials were discussed and distributed with attendees on sex education and HIV/AIDS.

Alpha Omega – University of Nebraska-Omaha, Omaha, NE

- Bell Tower Challenge - gather 6 student organization teams to collect food items for the Omaha Food Bank. The teams then took these items and had one minute to build a structure judged on size, style, and spirit of the team. 44,918 pounds of food have been collected over the last 16 years from this event.
- Fashion Victims Fashion Show - This fashion show raised \$8000 for the local Nebraska chapters of

Other Activities:

- Hunger Doesn't Take a Vacation - food drive for the Catholic Charities food banks of Omaha. We participated in this event which was sponsored by academic organizations at the university. We collected cans and designed a first place winning box which displayed the burden of hunger in Omaha

Beta Alpha- University of Minnesota Duluth, Duluth, MN

- Held an Open House in early October to welcome freshmen, recruit new members, and discuss chapter activities. Snacks were provided.
- Held two new member initiations - one in fall and one in spring - at Dr. Keeney's house. Initiation included ceremony and dinner.
- Participated in Relay for Life by sponsoring a team and fundraising for cancer research. Event held at UMD.
- Five members attended the AAHPERD Convention in Indianapolis, IN. One member, Kristy Seaver, received the UMD Health Education Major of the Year award and was recognized at the convention. A grant for the trip was received from ESG for travel and professional development.

Other Activities:

- Participated in the Great American Smokeout event on the UMD campus. Our chapter had a table about the health effects of smoking and secondhand smoke.
- Sponsored two guest speakers: UMD Career Services, presenting on grad school; an ESG/UMD alumnus, presenting on the CHES certification.
- Participated in Adopt-A-Highway clean up: Completed clean up in fall and spring at our designated 2 miles.
- Participated in the UMD Health Services Student Health Fair by hosting a booth with information and activities to bust the myth "An Apple a Day Keeps the Doctor Away".
- ESG member Jamie Somrock created the Hearts for Haiti fundraising event which was held at UMD.

Beta Theta – East Carolina University, Huntsville, TX

- Cancer Survival Panel - Hosted young cancer survivors who told their stories to the student body.
- Relay For Life- Promoted Health Education and Wellness at ECU's Pirate Relay
- Candlelight Vigil- Held a candlelight vigil for World Aids Day.

Other Activities:

- Peace.Love.Pirates.Cure- Created a lung cancer awareness booth and promoted awareness.
- Safe Spring Break- Educated students on sexual, alcohol and sun safety while on spring break.

Beta Kappa- Minnesota State University, Mankato, MN

- Relay for Life
We participated in the fundraiser for a cure for cancer. Our online team and other members raised over \$3100 and we had some of the top overall fundraisers for the event in our group!
- March for Babies
We participated in fundraising for the March of Dimes and also did the walk as a group!
- Humane Society Fundraiser
We collected many gifts from local businesses and had a raffle in order to raise money for the new humane society!

Other Activities:

- Nursing Home Volunteers
We played bingo with elderly dementia patients and also painted finger nails and went on walks!
- Eating Disorder Awareness Table
We held a table on campus where members handed out small packages filled with information on eating disorders
- Summer Safety and Stress Management Table
We held a table on campus where our members handed out stress relief balls and sunscreen along with pamphlets on stress management geared toward finals and also summer safety tips.
- Rake the Town
We participated in raking Mankato residents yards who needed help taking care of their yards during fall.

Beta Nu – Eastern Illinois University, Charleston, IL

- Foundations Fair- Students gave information about Health Studies as a major to students of the EIU foundations class. 11 members attended
- ESG participated in the annual EIU Health Fair. ESG members volunteered at the ESG-sponsored table from 10:00 a.m. until 4 p.m. in Lantz Recreation Center. The topic chosen by majority was “Spring Break Safety: Sexual Health.” Small Ziploc “safety” bags were handed out to participants who chose to play the interactive matching game, “Match the STI.” Displayed on a poster board were pictures of six types of the most common STIs, and the names of each to match. 19 members volunteered on this day.
- Relay for Life was held at Eastern’s Panther Trail. ESG constructed cancer-colored related ribbons; these ribbons were used as a fundraiser at Relay for Life and all proceeds were donated to American Cancer Society. ESG placed in the Bronze club and third place overall for the amount of money raised. With the help of participants, fundraising in the Charleston community, and the Health Administration class, the grand total of \$1, 962.00 was raised and donated. ESG also was voted as “Rookie Team of the Year” because Colleges Against Cancer was so impressed at what type of work the group could take on and handle.

Other Activities:

- H1N1 Clinic Volunteer- Volunteers helped students seeking the H1N1 vaccine with paperwork and other tasks at the all day health clinic, held on a Tuesday and Wednesday. 19 students helped the first day, 14 the second
- ISOPHE Bulletin Board- Changed out for the year. 2 students completed this activity
- Canned Food Drive- (ongoing throughout 2nd half of semester) 19 students from ESG participated
- AIDs Day Table- Students passed out red ribbons in the hallway in honor of AIDS awareness day. 9 students participated
- CCAR Give a Gift- Members bought a specific present for a person involved with CCAR. 17 members participated in this activity.
- ESG members attended “Girls Fight Back.” ESG also co-sponsored this event by donating \$500 towards the seminar. “GFB” is a nation-wide seminar aimed at teaching young women self-defense techniques in memory of the EIU student, Shannon McNamara who was brutally murdered in her apartment in 2001
- ESG executive board held a meeting with the newly-elected executive board members in order to learn all responsibilities of the positions they have been elected for. ESG has made a complete turn around and it is important that each board member knows exactly what their responsibilities are.
- Initiation ceremony was held at 5:00 p.m. in Buzzard auditorium. A total of 15 new members were initiated and honored on this night for their excellent help this past year to better ESG as a whole.

Beta Psi- SUNY Brockport, Brockport, NY

- Annual Induction Ceremony and celebration of students who have received departmental awards.

Gamma Delta- Southern Illinois University, Edwardsville, IL

- Madison County Youth Forum (Had over 100 high school students address health issues facing youth and then brainstormed effective solutions).
- World AIDS Day (Had five tables sharing information, resources and offered HIV testing)
- National Condom Week (Had several tables providing information and free condoms to students)

Other Activities:

- Participated in three health fairs at local school districts
- Attended American School Health Association and AAHPERD National Conferences

Gamma Zeta- Plymouth State University, Plymouth, NH

- 13th love Your Body Week

- Silent Auction fundraising
- Teaching CPR and First Aid

Gamma Theta- Youngstown State University, Youngstown, OH

- Flu Prevention--distributed approximately 370 hand sanitizers and 100 hand sanitizer wipes in addition to information regarding H1N1 and seasonal flu prevention.
- World AIDS Day--provided information about HIV/AIDS, distributed condoms, collected money to support Camp Sunrise, a summer camp for children from families affected with HIV/AIDS.
- Blood Drive--conducted a blood drive; had approximately 25 participants.

Other Activities:

- None listed.

Gamma Iota- Georgia College & State University, Milledgeville, GA

- We were inactive this year. I will get our chapter back on track in fall 2010.

Other Activities:

- None listed.

Gamma Kappa- Liberty University, Lynchburg, VA

- Stuff the Bus: We worked with the local food bank, transit company and university to raise food and funds for the local food bank. We had a bus on campus that students filled with non-perishable food items.
- Angel Food Boxes: We went to the local food bank each month to help pack boxes of food for children in need at three local Head Start day care centers.
- T-Shirt Fund Raiser: We had T-shirts designed which were sold to members and faculty to raise money for Cystic Fibrosis awareness and research

Other Activities:

- Member Recruitment: Current members of ESG went to lower level health courses to speak about ESG and encourage young health promotion majors to join.
- Informational Party: At the end of recruitment week we held a big informational meeting with food, music, and candy for students interested in joining ESG. We spent the evening talking about what we do and answering questions.

Gamma Mu- Western Michigan University, Kalamazoo, MI

- WASAP: Implemented the WASAP kickoff plan put together by students in 08-09 WASAP training was conducted for student presenters. Updated statistics and role play in presentation was pretested in selected Health Education classes.

- Recruitment/Initiation of members: Fall and spring semesters recruitment drive and initiation of 15 members. Spoke in classes recruiting new members then held successful initiations
- Raised over \$1000 for Relay for the first time in chapter history and walked at the local relay for Life event
- Began the Face book Health Awareness project in which health items with statistics were presented on Mondays for discussion and education on face book.

Other Activities:

- Healthier You in Kalamazoo: Worked a booth and health fair: Handing out information on the dangers
- of tobacco and alcohol at 2 health fairs
- WASAP-: Held the second all campus Moderate alcohol use awareness pledge day.
- Bronco Bash: Held a booth promoting ESG at annual campus event
- Alcohol Awareness Month Event: Had a pledge signing event to not drive and drink on campus
- Minds in Motion, A Health Physical Education and Recreation Department Students Recognition and
- Awareness program day was initiated.
- Center for Disability Services Project: Weekly Educational classes held for individuals with cognitive disabilities

Gamma Pi – Hofstra University, Hempstead, NY

- The Gallon Challenge - crafts fair and fundraiser for Rotary International clean water projects. Raised \$1150.00
- Rotary International - Jimmy Buffett Music Night (Raised \$1266.00) for The Eradication of Polio Project.
- Gift of Life dinner-dance. Eta Sigma Gamma was honored at this event for contributing \$500.00
- Nutrient right food drives (all year). Pet food drives (all year)
- Babylon Rotary-partnership-our students participate in their Stop and Shop food drive each and every weekend.
- Endless Summer-ESG students involved in Babylon Rotary major fundraiser for student scholarships.
- Lots of trips-- gone fishing (May, 2010). Chicken and ribs night (Gift of Life invite (April 2010)
- On campus- open houses (all)
- Freeport Rotary literacy day (ESG students read to 1-4th graders and provided crafts.
- Schneider's Children's Hospital (Halloween fundraiser for permanent costumes and craft gifts)
- Health-Fair participation: Obesity and the Arkansas Project.
- Research in progress: Student participation in Clubs--GPA fluctuation (2008-2010)

Other Activities:

- Waffle fundraiser (polio project)
- Nutrient rich breakfast fundraiser.
- Weekly meetings, and collaboration and support of other Campus clubs.
- Student Center health overviews for stress and the college student.
- Guest speakers for ESG club meetings: Doctors Without Borders; Rotary International; Financial
- Street-Smart-College Experience. Personal budget assistance and recommendations for employment.

Gamma Rho- Truman State University, Kirksville, MO

- Advocacy: Campus-Community Alliance for Smoke-Free Environments and Peers Advocating for Smoke-Free Solutions (MO CASE/PASS): Active membership and leadership in statewide coalition of universities and communities advocating for clean indoor air legislation. In Kirksville, partnered with Breathe Easy Kirksville to pass a local clean indoor air ordinance and movement to create a smoke-free environment on the college campus.
- Service: Support Brokers: After training from UMKC and the Regional Center, worked for disabled clients to negotiate and purchase the health and social services needed for them to be as self-supporting as possible.
- Education: Patient Navigators/Patient Educators for NEMO Rural Health Network grant-funded program: After completion of training, used telephonic counseling and education to increase diabetic patients' compliance behavior in a 3-year, diabetes self-management program for rural residents.

Other Activities:

- National Conference Attendance/presentations: ESG/ASHA, SOPHE, CNHEO National health Education Advocacy Summit, AAHE/AAHPERD

Gamma Chi- Clemson University, Clemson, SC

- Initiation in October. New and continuing members attended a ceremony in which new members were initiated into the chapter.
- End of the Year Picnic. This was the last meeting of the year where awards were given out to the two members who had the most hours of service in the chapter. Also, new officers were inducted. The chapter enjoyed a catered picnic and fellowship

Other Activities:

- Supply drive for the Pickens County American Red Cross Association outside of wal-mart for a week asking for towels, band aids, deodorant, and sheets
- Participating in AIDS awareness for the Clemson Player's production of Rent by setting up a booth with educational brochures and information on AIDS & AIDS prevention before and during the play.

- Participation in two different health fairs at local elementary schools with booths and activities on nutrition and physical activity.
 - Participated in the Annual Take Back the Night Run hosted by Redfern Health Center's Health Promotion Office and race at Furman university through helping with registration, offering an hour for running in the race to members, and helping at checkpoints throughout the race.
 - Having a team participate in the Lupus-Bowl-A-Thon at Clemson University in which all proceeds went to Lupus prevention.
- Delta Epsilon**-Morgan State University, Baltimore, MD
- There were no major events/activities this year. The chapter has just restarted this spring 2010.

Other Activities:

- **SERVICE:** The chapter worked with the Health Education & Wellness Center on health promotion events.
- Some members provided services by promoting the events, volunteerism, participating using their professional skill(s).
- De-Stress Zone Workshop
- HIV Testing Events
- "Pressure Points" Blood Pressure Screening
- University's Open House/Health Expo

Delta Iota – Southern Connecticut State University, New Haven, CT

- Fundraising for SOPHE Annual Meeting - Travel - September
Dining to Donate evening fundraising event at Applebee's Restaurant; Popcorn Palace fundraising sale.
- Great American Smoke Out - November
Set up an educational table in one of the main classroom buildings on the SCSU campus
- Candy Canes for Troops
Solicited donations and organized letter writing campaign to write notes to accompany candy canes that were then sent to the troops in Iraq and Afghanistan.
- National Condom Month
Set up an informational table. Handed out condoms with stickers "Real love = Safe love" and Hershey kisses chocolate in residence halls.
- Save Your Vision Month
Set up an educational table with various interactive activities; display of products designed to assist those with vision impairment, handed out carrot snacks.
- SCSU Annual Health Fair
Set up a "healthy skin is sexy skin" display and provided education on sun protection, skin care, and a game called "what is your skin IQ?" Handed out goody bags with sun protection products.

Delta Kappa – University of South Florida, Tampa, FL

- January 15th, 2010 - New Member Initiation Ceremony. Thirteen members were initiated into the Delta Kappa chapter, 9 MPH students and 4 PhD students. One honorary member was inducted recognizing her for her superlative health education work for USF Wellness.
- Recycling Research Project: Developed and administered a survey of students, staff, and professors in the USF College of Public Health. The data collected is being analyzed by ESG members. A qualitative semi-structured interview guide was also developed for ESG members to conduct interviews. A manuscript for submission to a publication will be developed.
- ESG members worked with a student graphic designer to create a logo that represented ESG ideals. This logo was placed on a reusable grocery bag . Not only were these bags a fundraiser for the chapter, but they made ESG more recognisable around the college and campus. For instance, we obtained a table at the USF Sustainability conference, told conference attendees who stopped by about our research on recycling, about the chapter, and raised money for our chapter. These bags were also used as the gift bags for a different academic conference.

Other Activities:

- March 2009 - Presentation on advocacy in Health Education given by a fellow chapter member.
- Great American Clean-up, April 18th, 2009 - Participated in a county-wide clean-up at Riverhills Park in Hillsborough County, FL

Delta Lambda- Malone University, Canton, OH

- Great American Smokeout - Facilitators of table with educational materials provided to students during great American smokeout week. Co-sponsored with Campus Health Clinic. November 2009.
- Wellness Fair Table - "Junk Food "R" Us". Facilitators of table at All Campus Wellness Fair. Handout out nutritional materials to students during wellness fair. September 2009.
- Red Kettle Campaign - Salvation Army. Ringing of the Bell for the Salvation Army. Raised \$300. December 2009.

Other Activities:

- Fall Initiation - September 2009.
- Pizza Party - October 2009.

Delta Mu- Morehead State University, Morehead, KY

- Breast Cancer Reception- reception to honor breast cancer survivors in Rowan and the surrounding county.
- Fund Raising Raffle- raffled off a coupon for dinner for two and a set of tickets to the Morehead State Men's Basket ball game.

- Mitten tree- we set up a Christmas tree and solicited donations of mittens, hats, gloves, and scarves. Donations were given to elementary and middle school children at the local public school.
- The ESG board was awarded a grant to attend the Southern District AAHPERD convention in Myrtle Beach SC, however were unable to attend due to snow and ice storm.
- Mammocare training- conducted by Little Sandy Health Department-initiation and reception followed
- Trinkets for the seniors-donations were solicited for donation to the senior center. Trinkets were donated as prizes for the senior bingo games.
- Spring Banquet and initiation.

Other Activities:

- President Jessica Hall attended the Southern District Student Leadership Conference at East Tennessee State University
- President Jessica Hall and Vice President Nancy Greene attended the Kentucky state AAHPERD student leadership conference in Richmond Kentucky.

Delta Sigma- Keene State College, Keene, NH

- Spring Food Drive-had each member donate 5 non-perishable food items and delivered to local food pantries
- Love Your Body Fashion Show-had a booth with the Student Dietetic Association to support the Love Your Body Fashion Show
- Pumpkin Lobotomy-An event on campus that organizations volunteer at and have booths with food or activities

Delta Tau- Columbus State University, Columbus, GA

- World AIDS Day Program
Collaborating with two Columbus State organizations, Eta Sigma Gamma provided an educational program for the community on the Columbus State's campus. There was entertainment, educational speakers and free food. All funds benefitted HIV/AIDS research.
- Public Health Week
ESG members and candidates set up a table on CSU campus and provided a variety of health education material to students, faculty and staff.
- Blood Drive
Eta Sigma Gamma coordinated a blood drive for the Health Science department. Members served as volunteers during the drive and made efforts to recruit donors.

Other Activities:

- Visitation Day
ESG members set up a table along with other campus organizations to recruit members during each CSU visitation or orientation.
- Columbus Men and Women's Health Expo
ESG members and candidates volunteered their time to assist with volunteer registration, patient registration, performed clinical tasks and provided patient education material to expo participants.
- Juvenile Diabetes Walk
ESG members participated in a 3 mile walk to help raise funds for juvenile diabetes research. Members also sold JDRF booties to help with research efforts.
- Strike Out Arthritis
A sorority on CSU campus hosted a bowling event to help draw awareness and raise funds for juvenile arthritis research. ESG members participated in event.
- Project Bookbag
ESG along with other campus organizations provided school supplies for a local elementary school.

Delta Chi- Texas State University, San Marcos, TX

- Condom Awareness Pub Crawl- Gammans passed out condoms and educated young people at local bars about how condoms can prevent STIs and unintended pregnancy. In addition, Gammans collected data to understand young people's attitudes, motivation, and intent to use free condoms.
- San Marcos Education Fair-assisted the Health and Human Performance Department at a city event to help encourage middle and high school students to attend Texas State University and provided information about health education.
- International Service Learning in Costa Rica and Nicaragua-assisted in the collection of qualitative data to assess community readiness to address indoor air pollution. Additionally, assisted in diagnostic circles and provided health information to individuals in the community.

Other Activities:

- American School Health Association Conference 2010- 4 Gammans presented teaching techniques with a total of 6 Delta Chi members attending and networking with other Gammans (professional development)
- Texas School Health Association Conference 2010- 4 Gammans presented at the conference (professional development) and 5 Gammans attended.
- Dr. Howell Wechsler, Director of CDC Division of Adolescent School Health (DASH) gave a presentation about utilizing data to create change in policy (professional development).
- Fundraiser- Bake Sale. Gammans brought different items and food to sell to raise money for the chapter.

Delta Psi- Northern Illinois University, DeKalb, IL

- Performed the exhibit, "Body Walk" for the local School District Wellness Fair. Members each dressed up like a body part (e.g. heart, lungs, and bones) and together presented an interactive journey through the body. Most of the participants were elementary children.
- Senior Center Chair Exercises and Health-related Bingo: Each Monday morning, 4-6 members would lead chair exercises at a local senior center. Following the exercises, members would lead Bingo with prepared health-related bingo cards and gifts for winners.
- Healthy Huskie Snack Bar: Members would take turns selling healthy snacks twice a week in our College of Health & Human Sciences building. Students and staff alike appreciated healthy choices.

Other Activities:

- State poster presentations: Four members presented posters at a new student poster session at the Illinois Association for Health, Physical Education, Recreation & Dance. Poster topics included: cancer survivors support, the AVID program for at risk students at school & Cooper Aerobic Institute internship experience.
- Relay for Life, Out of the Darkness Walk for depression/suicide awareness: members participated NIU Wellness Fair: members created an interactive booth on the wellness dimensions; Taste of College of Health & Human Sciences: members created a tri-fold to educate students about health education/health promotion as a major of study.
- YMCA after school tutoring and activities: members went to local elementary and middle schools to tutor students and then lead them in activities. The local guidance counselor said that this was extremely beneficial to at risk children.
- Food Pantry: members helped out at the local food pantry several days each week.
- Stall Street Journal: members created monthly healthy messages for the back of restroom doors. The dean even remarked how she looked forward to each issue.
- Members will be counselors for the CHHS Career Summer Camp for local high school students.

Epsilon Alpha- Baylor University, Waco, TX

- Health Fair for Church Under the Bridge
Educated homeless community on stress, heart health, pet care
- Carver Middle School
Planned and implemented a 5-week health program (stress, nutrition, anger management) at a local middle school
- Stress Management Booth
Stress management handouts, poster, and raffle for stress mgt. basket

Other Activities:

- Providence Health Fair
Stress management and relaxation exercises
- NAACP Block Party

- Health booth on heart health, stress management, and weight management
- Community Church Health Booth
Educated on nutrition and blood pressure.

Epsilon Beta- Rutgers University, New Brunswick, NJ

- Trunk or Treat: members donated candy and volunteered to be present at the event with their car - the Trunk or Treat provided a safe place for children from a low-income area to trick-or-treat. The event took place in a church parking lot in NJ. Children went from car to car & received treats.
- Adopt-A-Family, as part of a larger University effort to assist families during the holidays, our chapter adopted a family and collected needed and requested items - everything from winter coats and hats to toys.
- As part of outreach efforts to the campus, the Epsilon Beta chapter made and distributed flu care kits during the H1N1 season and also made and distributed safer sex kits during Sexual Responsibility week. At these tabling events they also distributed educational literature.

Other Activities:

- The Epsilon Beta chapter sponsored a speaker on financial wellness for members and the larger school community.
- Participated in the local Johnson & Johnson holiday toy drive
- During Sexual Responsibility week, sponsored a healthy relationship program - Pillow Talk.
- Formed a team and participated in the Annual Relay for Life.

What is a concern of your chapter?

- Our major concern is recruitment and retention of members.
- We are concerned about leadership consistency within our executive board because of high turn-over, semester to semester recruitment of members, and financial stability. Recruitment can be hard because the membership chair is usually new every year, so we start recruiting late and that stunts us in getting quality health education students early on in their academic career. We worry about financial stability as well because of the same issues. Fundraising must continually think of new ideas and with limited resources it makes it hard to raise money.
- Motivating members to be more active in the field of health education.
- Our major concern this year was trying to get everyone to participate and follow through with what they said they would do.
- The major concern of the Pi chapter is promoting healthy lifestyle choices in our community and helping community members to put this healthy lifestyle into practice.
- Past concerns have always been about membership activity and retention. We worked really hard this year to get our membership numbers up. Though we only had three

active, initiated members, we actually had a group of about eight who were active consistently. With all the excitement created, we had the largest group ever to initiate here at Rho (since 1974)! Our concern now turns to how we can keep the momentum going and keep everyone active and excited in ways that are productive. We are also looking into funding opportunities to make it more feasible for this group to attend ASHA and the Advocacy Summit.

- Out major concern this year was to incorporate all members of ESG into the decision making and planning of events. We created committees, headed by an exec member, for each event in which members could join the one(s) they were interested in being a part of the planning process.
 - Finding creative ways to attract more undergraduates into the Health Education Honorary.
 - Attendance and follow through at service events.
 - The major concern for our chapter is gaining membership and having access to monies to put on events on campus.
 - Fundraising
 - Increasing campus awareness and engaging local community.
 - Continuity of membership and member involvement.
 - Creating new ways to inform students about public health.
 - Recruiting and retaining Gammans to maintain substantial numbers for Chapter membership.
-
- Membership retention and promotion.
 - Increasing membership and stability
 - Finding more dedicated students and enforcing professionalism.
 - Maintaining membership, attendance at meetings, finances
 - Recruitment of members and conducting effective programs
 - At YSU, we have an increasingly number of students who are either non-traditional or have jobs that make them unable to participate in ESG activities. Also, we have a number of students who take online courses, and are not willing to come to campus.
 - Becoming active again with increased membership and participation.
 - Our focus this year has been on partnering with local agencies, such as the food bank, to help those in need in our local community
 - None -- everything went well this year.
 - There seems to be no major concerns within the chapter
 - The major concern of the chapter is to keep the chapter up and running, as well as finances.
 - Keeping momentum going year to year. Most of our active members are graduating seniors so we are challenged to recruit enthusiastic officers as each group graduates.
 - Number of members--traditionally our students enter into health education and health promotion as juniors, thus the number of years one is a chapter member is few.
 - Having enough money to do more actives and events or begin fundraisers. A majority of our funds had to be saved for honorary cords and the initiation ceremony.

- The major concern of the Delta Tau chapter is to increase membership and member participation. The Delta Tau chapter is striving to implement additional events and fundraisers to increase health awareness.
- Member recruitment
- Finding individuals who want to be good leaders for the chapter
- Trying to balance volunteer hours at an event vs. an ongoing activity
- Recruiting new members
- Attendance at meetings. Our class schedule runs from 8:10 a.m. to 10:00 p.m. and finding a day and time for members to attend is challenging at best.
- A major concern for our chapter is sustaining membership and participation. We are currently expanding our avenues for communication with the membership, including an updated website and through social media like Facebook.

What can the National Office do to make your chapter more effective?

- Perhaps the National Chapter can facilitate networking among chapters in the same region and offer suggestions/support on the different types of programs/opportunities we can offer our members.
- We feel that making funds available for students to attend the national meetings with travel grants provided by the national office would continue to enhance the professional experience.
- Make the website more user friendly.
- The National Office does a wonderful job by providing resources to help us with our Chapter development, so there is nothing else we can think of at this time that could be better.
- The National Office can aid our chapter by providing more recruiting materials and ideas.
- Continue to provide funding for travel...and the excellent chapter support you already provide.
- I think the annual account of each chapter and what they accomplished is a good idea. I think it might also be nice if the National Office could host something that all ESG members could attend and connect with each other.
- We would like to know the local chapters within our area in order to plan a meet and greet and do some collaborative work
- Offer more opportunities for funding for activities.
- Have different chapters communicate more
- Disseminate information about programs and efforts conducted by other ESG Chapters across the nation in an electronic or newsletter format to accommodate Gammans who cannot attend the national convention. Improving communication between ESG Chapters will promote inter-Chapter partnerships for idea exchange within Eta Sigma Gamma.
- Supply resources on building and maintaining a strong membership, offer

scholarships for travel funds, offer resources on how to build our organizations capacity.

- Provide honor cords to be worn with graduation robes so members of ESG get recognition during the graduation ceremony.
- Continue to provide funds for professional travel to conventions, etc.
- Supply us with a more structured set of rules. Example, do people who do not finish their required service hours get to graduate with honor cords? Are there certain bylaws they must follow in order to stay an Eta Sigma Gammon.
- Continue with grant support for travel and projects
- Keep supporting travel to conferences and chapter activity grants
- Find ways that we can promote ESG to online students.
- Think about having a conference at Hofstra University.
- The National Office is doing a great job.
- Presently, the answer to that question is unknown; we will get back with the answer after brainstorming.
- You are already very helpful. Thank you for all that you do.
- To make Delta Tau chapter more effective, the National Office could possibly organize an ESG convention or retreat to allow all chapters to come together to become acquainted and share ideas.
- The National Office could also provide links for each chapter on the ESG website.
- Providing a workshop at the annual meeting that addresses member recruitment and retention.
- Assistance with chapter marketing and awareness by providing materials to promote ESG at individual schools.
- Keep the Student Monitor program at the national conference.
- Send out ideas about effective recruiting strategies
- Continue to provide us with information on how other chapters maintain active participation, particularly among chapters that have members at the graduate level. We also benefit from information regarding creative activities that other ESG chapters develop.

Other Comments?

- Susan Koper, the Executive Director, has been extremely helpful in transitioning back into an active chapter. She has provided immense guidance and support. On behalf of our chapter, it is truly appreciated.
- None. Thanks for your assistance thus far.
- Susan Koper is wonderful!

- Some of the Gammans who travelled to ASHA/ESG national meeting last year wanted to see more conference sessions for Undergraduate students in Health Education....

- We are a graduate only program and not very active. We do have an initiation ceremony each year, however this year we did not have any applicants.
- The ESG students are terrific and working harder than ever because of the economy. Would like to see conferences that are LESS EXPENSIVE, and closer to New York.
- The way the chapter and monthly meetings are organized is very efficient. Additionally, the members are able to gain knowledge about various health careers.
- This was my first year as advisor and I really appreciate the assistance I got from Susan Koper. Couldn't have done it without her.
- The Delta Tau chapter of Eta Sigma Gamma is very appreciative of the National Office. We will continue to carry out the ESG creeds of teaching, service and research in our community and surrounding areas.
- We very much appreciate all the help and quick responses from the national ESG office.
- We love Eta Sigma Gamma and enjoy all the opportunities it provides!
- This has really been our first year as an active group and the students seem to be enjoying the experience and the opportunities.
- The officers decided to use a large portion of the budget to purchase Eta Sigma Gamma honor cords for graduating members and t-shirts for new members. We now must re-build the budget.