

**ETA SIGMA GAMMA**  
**2011**  
**CHAPTER ANNUAL REPORTS**



**ETA SIGMA GAMMA**  
**NATIONAL OFFICE**  
**2000 UNIVERSITY AVENUE**  
**MUNCIE, IN 47306**  
**1-800-715-2559**

<b>Chapter Reporting</b>	<b>Person Submitting</b>	<b>Title</b>
<b>Eta- Central Michigan University</b>	Laura Johnson	President
<b>Kappa-SUNY Cortland</b>	Alan Sofalvi	Faculty Sponsor
<b>Nu-Indiana University</b>	Katherine Darden	President
<b>Rho- Kent State University</b>	Laurie Wagner	Faculty Sponsor
<b>Sigma-James Madison University</b>	Kayla O'Connell	President
<b>Omega-Illinois State University</b>	Alicia Donegan	President
<b>Alpha Alpha- Southern Illinois University Carbondale</b>	Mathew Bice	President
<b>Alpha Gamma- University of North Florida</b>	Julie W. Merten	Faculty Sponsor
<b>Alpha Zeta – California State University, Northridge</b>	Ralonda Johnson	President
<b>Alpha Lambda – University of Florida</b>	Holly Turner Moses	Faculty Sponsor
<b>Alpha Omicron –Temple University</b>	Ashley DeShazo	President
<b>Alpha Pi- Texas A&amp;M University</b>	Nadja Prcic	President
<b>Alpha Omega –University of Nebraska, Omaha</b>	Aja Pelster	President
<b>Beta Alpha- University of Minnesota Duluth</b>	Dr. Georgia Keeney	Faculty Sponsor
<b>Beta Theta- East Carolina University</b>	Michelle Butts	President
<b>Beta Kappa- Minnesota State University</b>	Judith Luebke	Faculty Sponsor
<b>Beta Nu – Eastern Illinois University</b>	Amanda Woolard	President
<b>Beta Phi- University of Wisconsin-LaCrosse</b>	Sara Mitchell	President
<b>Beta Psi- SUNY Brockport</b>	Linda Ballog	Faculty Sponsor
<b>Beta Omega-New Mexico State University</b>	Vanessa Martinez	President
<b>Gamma Delta-Southern Illinois University</b>	Gina Goebel	Faculty Sponsor
<b>Gamma Lambda-University of Texas-El Paso</b>	Lizette Sidransky	President
<b>Gamma Mu- Western Michigan University</b>	Dr. Amos Aduroja	Faculty Sponsor
<b>Gamma Rho- Truman State University</b>	Deidra Frausto	Historian
<b>Gamma Upsilon-Georgia</b>	Adam Pulver	President

<b>Southern University</b>		
<b>Gamma Phi – North Carolina Central University</b>	LaSaundra Maynor	President
<b>Gamma Chi- Clemson University</b>	Sarah Griffin	Faculty Sponsor
<b>Delta Iota- Southern Connecticut State University</b>	Dr. Sandra Bulmer	Faculty Sponsor
<b>Delta Kappa – University of South Florida</b>	Tamara Looney	President
<b>Delta Lambda- Malone University</b>	Dr. Pam Hoalt	Faculty Sponsor
<b>Delta Mu-Morehead State University</b>	Elizabeth Ash	Faculty Sponsor
<b>Delta Xi-University of Alabama</b>	Chelsea Hewitt	President
<b>Delta Pi-Bridgewater State University</b>	Jessica Diorio	President
<b>Delta Rho-California State University, Fullerton</b>	Eunice Park	President
<b>Delta Sigma-Keene State College</b>	Rebecca Dunn	Faculty Sponsor
<b>Epsilon Alpha-Baylor University</b>	Ashley McClelland	President
<b>Epsilon Beta-Rutgers University</b>	Francesca Maresca	Faculty Sponsor

<b>Chapter</b>	<b># of Meetings</b>	<b># of Initiates</b>
Eta	11	14
Kappa	12	22
Nu	17	4
Rho	10	27
Sigma	14	17
Omega	17	9
Alpha Alpha	10	12
Alpha Gamma	15	35
Alpha Zeta	9	0
Alpha Lambda	15	14
Alpha Omicron	8	17
Alpha Pi	18	67
Alpha Omega	8	0
Beta Alpha	18	20

Beta Theta	14	16
Beta Kappa	15	20
Beta Nu	12	20
Beta Phi	14	28
Beta Psi	1	38
Beta Omega	18	14
Gamma Delta	8	17
Gamma Lambda	12	11
Gamma Mu	30	7
Gamma Rho	8	5
Gamma Upsilon	10	2
Gamma Phi	8	7
Gamma Chi	8	61
Delta Iota	10	32
Delta Kappa	16	10
Delta Lambda	5	14
Delta Mu	8	11
Delta Xi	10	14
Delta Pi	10	8
Delta Rho	8	55
Delta Sigma	6	16
Epsilon Alpha	10	5
Epsilon Beta	10	32

### **Awards Given by Chapters**

#### **Distinguished Service**

**Rho**-Megan Osgood, Tim Williams, Cassie Feesler

**Alpha Alpha**-Patricia Pracht

**Alpha Gamma**-Adrienne Williams

**Alpha Zeta**-Rei Johnson

**Alpha Lambda**- Kevin Baker, Dewaynesia Barton, Brianna Belcher, Alyssa Collins, Caleb Coppock, Jessica Drew, Jacquelyn Fox, Trevor Hedberg, Stephanie Provost, Saba Rahman, Krystal Sardinias, Ashley VanPutten

**Alpha Pi**- Sarah Cano

**Beta Nu**-Amanda Woolard

**Beta Phi**- Emily Redovich

**Gamma Delta**- Nathan Roth

**Gamma Mu**- Rachael Hone and Aimee Richardson

**Gamma Phi**-Nyshiera Ashton

**Delta Iota**- Jacquelyn Rose and Jenna Lyn

**Delta Mu**- Stephanie Powers, Sandra Glover

**Delta Rho-** Radihka Kumar, Tammy Tseng, Bryana Price, and Nancy Troung

**Honor Award**

**Eta-**Marcia Franks

**Alpha Lambda-** Wendy Alderman, Paola Ferst, Sarah Phillips, Melissa Rose, Taryn Buckley, Nicole Capille, Zakeyah Clemons, Sarah Napollitano

**Beta Nu-**Anita Sego

**Beta Phi-** Sara Mitchell

**Gamma Delta-** Ashley Sturm

**Gamma Delta-**Kimberly Gibson

**Delta Iota-** K. Keaghan Hamilton

**Delta Rho-** Juliane Nguyen, Katia Matar, Juliane Nguyen, and Janette D. Hernandez

**Honor Key Recipients**

**Alpha Lambda-** Wendy Alderman, DeWaynesia Barton, Divya Bhagwandin, Nicole Capille, Sandy Chan, Zakeyah Clemons, Caleb Coppock, Sorangi De Leon, Daphney Degand, Katie Dorsey, Natasha Dowell, Keisha Hankerson, Jasmyn Hart, Trevor Hedberg, Jimira Lomack, Jacquelyn McCullough, Esther Piervil, Saba Rahman, Melissa Rose, Quashanda Taylor, Anna-Kaye Taylor, Georgia Wade

**Beta Nu-**Emily Kuhn

**Beta Phi-** Alyssa Buchman

**Gamma Delta-** Alyssa Glazebrook

**Gamma Mu-** Rhianna Russell

**Gamma Phi-**Rachael McCamy, LaTosha Royster

**Delta Iota-** Patricia Leonard

**Delta Mu-** Holly Evans

**Delta Rho-** Randolph Hubach

**Special Awards**

None

<b>Chapter Officers</b>	
<b>Key</b>	
President – P	
Vice President – VP	
Secretary – S	
Treasurer – T	
Historian – H	

Other – O	
Faculty Sponsor – FS	
Eta	Lauren M. Johnson, P Adina Jebaratnam, VP Angela Taylor, VP Casandra Benedict, VP Kimberly Tilmann, T Amanda Giegler, Kaitlyn Hanisko, H Dr. Irene O’Boyle, FS
Kappa	Kimberly Patricia, P Kelsie Beikirch, VP Laura Brienza, S Alan Sofalvi, FS
Nu	Katharine Darden, P Cassie Barnhart, VP, Steph Barath, S/T Julie Bollinger, S/T Dr. Trent Applegate, FS
Rho	Brian Callahan, P Joel Faulkner & Sarah Swirsky, VP Cassie Feesler, S/T Megan Osgood, O Tim Williams, T Laurie Wagner, FS
	Kayla O’Connell, P Caitlin Bedell, VP Casey Bailey, S Rachel Otto, T Theresa Enyeart Smith, FS
Omega	Alicia Donegan, P Tasha Kastner, VP Jamie LaFata, S Michelle Christ, T Mark Temple, FS Adrian Lyde, FS
Alpha Alpha	Matthew R. Bice, P Yuba Gautam, VP Patricia Pracht , S Kadi Bliss, T Margaret R. Sullivan , Dhitinut Ratnapradipa, FS
Alpha Gamma	Adrienne Williams, P Shelby Feldman, VP Kristen Houston, S/T Julie W. Merten, FS

Alpha Zeta	Rei Johnson , P Calvin Tsui, VP Nakita Paez Fazli, S/T Kathleen Young, FS
Alpha Lambda	Wendy Alderman, P Paola Ferst, VP Melissa Rose; Sarah Phillips, S Sarah Napolitano, H Taryn Rivera Buckley, T Holly Turner Moses, FS
Alpha Omicron	Ashley DeShazo, P Brittney Richards , VP Chioma Ezenduka, S/T Sara Paris, T Sarah Bass, FS
Alpha Pi	Nadja Prcic, P Henrietta Rinicones, VP Monica Rabideau & Janelle Sugay, S/T Mattie Davis, H Beth McNeill, FS
Alpha Omega	Aja Kneip Pelster, P Amy Wieczovek, VP Trenace Jones, S/T David Corbin, FS
Beta Alpha	Ashley Goodmund, P Kristen Gates, VP Jaime Somrock, S/T Katie Gruber, H Dr. Georgia Keeney, FS
Beta Theta	Michelle Butts, P Brittney Partridge , S/T Callie Allen, H Brittany Holmes, O Dr. Jennifer Cremeens, FS
Beta Kappa	Susan Gerbensky, P Natalie Hazel, VP Antonia Kolas , S/T Jessica Miles, H Judith Luebke, FS
Beta Nu	Amanda Wolard, P Iesha Coleman, VP Keely Hoch, S Jennifer Cannon, H Stephanie Rhoades, T Kathleen Philips, FS
Beta Phi	Sara Mitchell, P

	Katie Hogberg, VP Sarah Albertson, Kayleigh Day, S/T Emily Redovich, H Keely Rees, FS
Beta Psi	Dr. Linda Balog, FS
Beta Omega	Samantha Gardea, P Luke Gray, VP Olivia Seppi , S/T Lyndsey Mortenson , H Dr. Rebecca Palacios, FS
Gamma Delta	Ashley Sturm, P Rachel Breuer, VP Cheryl Branneky, S Cheryl Branneky,, FS Gina Goebel, FS
Gamma Lambda	Lizette Sidransky, P Cynthia Chacon, VP Claudia Miranada - Kristen Hernandez, S/T Tanya Durbin, H Sharon Thompson, FS
Gamma Mu	Whitney Munson, P Rhianna Russell, VP Bridget Miller, S Jennifer Page, H Dr. Amos Aduroja, FS Dr. Marianne Frauenknecht, FS
Gamma Rho	Megan Temme, P Ashley Hartman, VP Jenna Osseck, S/T Deirdra Frausto, H Carol Cox, FS
Gamma Upsilon	Adam Joshua Pulver, P Jennifer Neuman, VP Margo Campbell, S/T Joanne Chopak-Foss, FS
Gamma Phi	LaSaundra Maynor, P Ramona Scarlett, VP Nyshiera Ashton, S/T Seronda Robinson, FS
Gamma Chi	Anna Frank, P Brandi Chew, VP Timothy Fletcher, S/T Dr. Sarah Griffin, FS
Delta Iota	Jacquelyn Rose, P Jenna Lyn, VP



	Dominique Pepe, S/T Ethan Fusaris, H Sandra Bulmer, FS
Delta Kappa	Tamara Looney, P Elizabeth Baker, VP Christine Spiker, S Sara Kennedy, H Angela Seevers, T Eric Buhi, FS
Delta Lambda	Laura Ronk, P Jani Hershbergeer, VP Amber VanDusen, S Holly Brown, T Dr. Ken Hoalt, FS Dr. Pam Hoalt, FS
Delta Mu	Laura White, P Stephanie Powers, VP Sandra Glover & Laura Nolen, S/T John Keaton May, H Jennifer Dearden, FS Elizabeth Ash, FS
Delta Xi	Chelsea Hewitt, P Josh Hicks, VP Gabriela Flores, S Jen Nickelson, FS
Delta Pi	Jessica Diorio, P Julie Piasecki, VP Chrissy Conceison, S Katie Audette, T Lydian Burak, FS
Delta Rho	Nancy Truong, P Janette Hernandez, VP Eunice Park, Juliane Nguyen, S/T Melissa Biri, H Dr. Jasmeet Gill, FS
Delta Sigma	Nicole Ferri, P Deborah Bonfanti, VP Nicole Turgeon, S Diana Carty, T Margaret Smith, FS Rebecca Dunn, FS
Epsilon Alpha	Ashley McClelland, P Kelly McCaffrey, VP Esther Heimbach, S Crystal Thomas, T Beth Lanning, FS

Epsilon Beta	Natasha Ramsey, P Francesca Antinovo, VP Alan Gomez, T Hiral Kalia, S Francesca Maresca, FS
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## Events and Activities of the Chapters

**Eta-** Central Michigan University, Mt. Pleasant, MI

- **Out for Blood Decathlon and 5k**  
 We hosted the 2nd Annual Out for Blood Decathlon and 5k this spring. This event embodies the three pillars of service, education, and research. Our chapter worked hard to improve this event by approaching more sponsors and creating more awareness. Rain on race day was our largest battle and resulted in fewer participants than anticipated. However, the overall day was a success and we were able donate \$1,600 to our local American Red Cross chapter.
- **Stress Awareness Month**  
 Our chapter held a stress awareness month in November to help students manage their stress during the toughest time of the semester. We created a display with education, research on how CMU students handle stress, handouts, and promotional items from healthy businesses. There was also green tea donated from Starbucks. The table traveled to 4 different locations including the Health Fair, the Health Professions Building, the Park Library, and the Student Activity Center.
- **This is Public Health Campaign**  
 In the spring, our chapter chose to participate in the This is Public Health campaign to increase awareness about public health and the profession. This is Public Health stickers were ordered and members were asked to include the stickers in a creative photograph that depicted health in some way. Members then included a fact with their picture. The pictures and facts were put on display in our atrium with a poster about public health. A video was also made that was displayed during National Public Health Week.

Other Activities:

- **Adopt A Highway**  
 Adopt A Highway is one of our bi-annual activities. This year we had higher participation and enjoyment as compared to previous years. Our chapter cleans up our section of the highway once a semester. Members are always amazed by the amount of garbage on the side of the highway.
- **Eta Sigma Gamma Thanksgiving Dinner**

Our annual Thanksgiving Dinner is always a wonderful time for members to relax and enjoy a meal together. We had a potluck style meal on a Thursday evening at one of our member's apartment.

- **Wheeler Lecture**

The Wheeler Lecture is an annual event hosted by Eta Sigma Gamma. Dr. Amy Thompson from the University of Toledo gave a presentation on gun policy and gun control in the United States. Approximately 200 people were in attendance.

- **Special Olympics' Young Athlete's Program**

Our group volunteered for a night at the Young Athlete's Program. The program was created to help physically and socially challenged children become more involved with physical activity. Members learned a great deal about disabilities and patience while taking the children through activity stations.

- **Professional Development Meeting**

During the fall semester we had Jeff Hyames from Career Services at CMU talk with us about job searching and graduate school applications. He also informed us of the resources available at CMU. All members were then asked to email their resume to Mr. Hyames.

#### **Kappa-SUNY Cortland, Cortland, NY**

- Members participated in a breast cancer awareness walk in Ithaca, New York
- Participated in "Lose the Shoes", a fundraising activity to raise money for AIDS prevention
- Participated in Girls' Day Out, an annual educational event where area girls come to the Cortland campus for a variety of educational activities.

#### Other Activities:

- Involved in "Spring Break Safety Week", where candies with safety-related slogans were given to students.
- Participated in the campus Relay for Life.
- Met with a class of freshman health majors to discuss Eta Sigma Gamma

#### **Nu- Indiana University, Bloomington, IN**

- Brownie Math and Science is a day held on campus at Indiana University for Girl Scouts. They travel to different themed educational rooms. Eta Sigma Gamma Nu Chapter hosts the Nutrition room with the local Dietetics Club.
- Mother Hubbard's Cupboard is a local food pantry in Bloomington, IN. The Nu Chapter went in each month to prepare a dish that was low cost and included ingredients from the pantry. We prepared the meals as well as dished them out at the pantry along with recipe cards.
- Templeton Elementary: Head Start is the preschool we went to each month to provide health lessons the children. Each lesson had a hands-on activity as well as information to take home to their parents or care givers.

#### Other Activities:

- CPR Certifications. We sponsored the CPR certifications which were open to Kinesiology students first, then open to anyone. We ordered the materials from the local Red Cross and the instructors donated their time to teach the classes. We held adult and child CPR classes along with AED training.
- Our Christmas social included decorating an ornament that was put on display in our Union.
- The Endwright Center is an Area 10 Agency on Aging. We went there to talk to the community about High Blood Pressure.
- For 8 weeks we handed out fliers for seminars that CAPS (Counseling and Psychological Services) put on for students at the beginning of the year.

**Rho-** Kent State University, Kent, OH

- Travelled to ASHA/ESG national meeting in the fall with nine students, four of whom presented.
- Travelled to the advocacy summit in D.C. with six students. Had six different meetings with Las.
- Fundraiser to send mother of a woman with ALS to the ALS advocacy summit in D.C. .
- Held a fundraiser at Applebee's who donated 20% of sales for the day to our cause.

Other Activities:

- Presented a safer sex program to a campus fraternity.
- Trained for NIP-IT, a bystander intervention program for university students to prevent Intimate partner violence.
- Holiday party. Social to end fall semester.

**Sigma-**James Madison University, Harrisonburg, VA

- Distracted Driving Day  
Distracted Driving Day is held once every semester, usually before a break. It consists of our organization making flyers, PowerPoint's, and a poster of distracted driving facts and statistics. The main reason for the event is to survey college students, assessing the knowledge and behaviors of students to determine what risks, if any, college students feel distracted driving may cause.
- Can-It Benefit Concert  
Can-It is a live concert event that is held to raise money and canned goods for our local area food bank. This year we held this event at an off campus venue.
- 5k Run/Walk Event  
We hold an annual 5k run/walk event. This year we teamed up with our HIV/AIDS alliance organization to raise money for HIV/AIDS awareness on college campus. All the profits went to this organization. The profits will be used for our AID awareness week on our campus.

Other Activities:

- Socials: Cookouts, Picnics, Restaurant

Hold various socials for members to become better acquainted with each other. Nice relaxed atmosphere, instead of always talking business of the organization. Has improved our chapter tremendously.

- **iGrad Health Forum**  
A professional activity opened up to our chapter. It is a public event for all of JMU but is made a point earning event for ESG members that attend.
- **Fruit Sale Fundraiser**  
Instead of holding bake sales for a fundraiser our organization holds "Fruit Sales." It is a major hit, especially since we are located in a health building during these sales. We spend the night before as a social event cutting and packaging the fruit for the next day. We have held fruit sales twice now and have sold 70-80 cups each time. We also have flyers about serving sizes and other nutritional information.
- **Condoms and Kisses**  
Condoms and Kisses is our annual event held close to Valentine's Day to raise awareness of safe sexual practices. We place condoms on popsicle sticks to make them "condom lollipops" with a catchy slogan on the back of them. All condoms are donated through our Student and Wellness center on campus.
- **Hawking Fundraiser**  
This annual event is our biggest fundraising opportunity. We help dining services with concessions at the football ball games.

#### **Omega – Illinois State University, Normal, IL**

- **American Red Cross Blood Drive-**  
The chapter hosted a blood drive on Illinois State University's campus. The chapter booked the space, marketed the drive, signed up donors, and volunteered the day of the drive.
- **Jingle Bell Run-**  
The chapter volunteered their time to participate in the run, and recruited student participants around the campus to join the run.
- **Habitat for Humanity-**
- The chapter partnered with The Global Health and Development Association to form a large Habitat for Humanity group. On a Saturday, the group helped build a house in the town of Bloomington.
- **Relay For Life-**  
The chapter partnered with the Student Wellness Ambassador Team to form a large group that participated in and raised money for Relay For Life

#### **Other Activities:**

- Socials - Rock Climbing, Yoga during finals week  
Service Activity-Raising Money for World Water Day  
Fundraiser- Bake Sale during Homecoming week

#### **Alpha Alpha- Southern Illinois University, Carbondale, IL**

- RSO Fair - Recruit undergraduate and graduate members. During the fair, students were given pamphlets/brochure with ESG information.
- Health Career Day - Students from schools were invited from the surrounding area for SIU campus tours as well as health education courses that focused on 4 core subjects which included: nutrition and exercise, drugs and alcohol, stress management, and health relationships. This event also gave information about possible health careers for young students.
- Russell Symposium - Dr. James Price was present for an ESG sponsored luncheon that featured an open discussion about health related topics.

Other Activities:

- Fall Social - The fall social was held the Gaint City Park which included food, games, and social interaction. This was the first social of the year and served as a means of getting to know new health education students. 30 people attended the fall social.
- Spring Social - The spring social was held at Mack's Marina at the Lake of Egypt. This social served as a farewell for the academic year. 20 people attended this social.
- Night Shield Children's Shelter - This project collected materials for children that may aid in helping provide a better environment.
- Cancer Corner - ESG teamed up with the Hope Light Project to create "Cancer Corners" at 2 different sites. These sites serve as source for cancer education for those who seek information.
- One Vision - ESG collected voluntary donations for a non-profit organization that helps young Christian teens. This non-profit organization was created by a current ESG member. ESG voted for the approval of this action.
- Can Food Drive - This drive was in competition with a Health and Recreation Dept. to see which organization could get the most cans of food. The goal of this project was to obtain 500 cans.
- Dr. Robert McDermott - ESG sponsored an open discussion luncheon that was only open for ESG members.

**Alpha Gamma-** University of North Florida, Jacksonville, FL

- Our Campus, Our Health: A Campus Health Assessment. Designed and implemented a 72-item comprehensive student's health assessment.
- State of the Student Health Address. Delivered findings from the health assessment to stakeholders including administrators, faculty, staff, students and community partners.
- American Association of Health Education Conference. Three students attended the AAHE conference in San Diego, CA.

Other Activities:

- Poster Presentation at Florida Statewide Student Symposium. April 2011. Presented Our Campus, Our Health research

- Poster Presentation at Scholars Transforming Academic Research Consortium. February 2011
- Partnered with Children's Christmas Party of Jacksonville to set-up and decorate for annual event.
- Brooks College of Health Games. Fitness competition.
- Explore-A-Major Fair. ESG officers met with future Community Health students to advise them on the major.

**Alpha Zeta-** California State University, Northridge, Northridge, CA

- Fall 2010 Autism Awareness Day- College aged young adults with autism brought to csun for a tour and shown resources on campus for successful completion of college for students with disabilities. Autism ranged from mild to severe
- Relay for Life- spring 2011 CSUN's major Cancer Fundraising Event. Eta Sigma Raised \$1000 for cancer research, awareness and treatment. Our team name was combating cancer around the world.
- Fall 2010- ESG Christmas Toy Drive, Alpha Zeta held a toy drive to raise toys for under-served children. We were able to help three families with toys for their children and a gift basket of holiday dinner items.

**Other Activities:**

- Spring 2011 Student Professionalism workshop  
ESG coordinated and standing room only event with prominent guest speakers who spoke about cultural diversity, ethics, professional attire, email etiquette, maintaining professional relationships resume construction resources, and problem resolution skills. This workshop was a bridge between academic experiences and career experience and provided guidance from current working professionals from CSUN's Health Science, English, and FCS departments along with Kaisers Director of Physician and Health Education

**Alpha Lambda-** University of Florida, Gainesville, FL

- Sex in the Swamp: This event educates the student population on important issues pertaining to sexual health. This annual event, celebrated its 11th anniversary, and consisted of 12 educational booths developed and implemented by ESG members on a variety of topics (ranging from drinking responsibility, sexual harassment, sexual assault, female contraception, male condom, sexually transmitted infections, getting tested for FREE on campus, etc. The event allowed guests (n=250) to rotate through each booth, learning about various health topics pertaining to health sexuality and safety during spring break. Back by popular demand, the 11th annual Sex in the Swamp included the Also includes a "Sexpert Panel", a panel of sexual health experts from around the campus

and Gainesville communities. The panel responded to diverse student (audience) questions related to sexual health. The event was a complete success!

- Gators Do It With Helmets On - The Student Helmet Safety Campaign (SHAC) developed and implemented by the Alpha Lambda chapter October 2009 for the first time applied for and received a \$5000 grant from the Pepsi Refresh Project. Using the \$5000, SHAC implemented the Gators Do It With Helmets On weeklong event (March 7-11, 2011). Throughout the week, ESG members provided positive reinforcement to helmet-wearers and non helmet-wearers (bicyclists, motorcyclists, and scooter drivers/riders). If a student was wearing a helmet when they arrived at the parking lot, they received a vendor coupon reward for serving as a positive role model to the University community; if a student arrived at the parking lot without a helmet, they were given a coupon to purchase a helmet from a local vendor at a reduced rate. ESG members talked to close to 1,000 bicycle, motorcycle and scooter drivers and riders. Additionally, on day two of this campaign, SHAC implemented the Gators Do It With Helmets On student helmet and safety fair. More than 500 people attended the event, and 110 students received FREE bicycle or scooter helmets that were given away throughout the event (50 scooter helmets, and 60 bicycle helmets), as well as FREE carabineers, water bottles, t-shirts and more. Informational booths from around the Gainesville community were set-up to deliver FREE information to students about personal safety, and local scooter and bicycle shops set-up stations to conduct FREE equipment inspections for both bicycles and scooters, as well as provide helmet fittings.
- World AIDS Day 2010  
Eta Sigma Gamma members hosted a FREE testing event on December 1, 2010, in conjunction with World AIDS Day. Members were either HIV testers, Sexual Health educators, or testing runners and evaluators. From 5:00pm until 10:00pm, 120 UF students were tested for HIV, and received information on important, relevant sexual health issues. The HIV testers were required to complete the HIV 500/501 certification class, sponsored by the Alachua County Health Department. This certification permits individuals to conduct HIV pre- and post-test counseling, as well as test individuals for HIV using the OraSure test. Planning for this event began in September 2010 between GatorWell's Sexual Health Promotion Specialist, Alpha Lambda faculty sponsor, and members of the executive board. The testing and education schedule was established, HIV 500/501 certification dates finalized, and the training session for all participants scheduled.

#### Other Activities:

- Spring Social & Induction Ceremony
- Peaceful Paths Collection Drive
- Health Fair at local Elementary School
- March of Dimes
- Fall Social
- CDC Public Health Apprentice Program information session
- Living Well Educational Health Booths
- Rotating health topics bulletin board
- HIV 500/501 certification courses
- CPR fundraising



- Helmet Use Among Scooter Drivers: A Field Assessment at the University of Florida
- National Health Education Week
- AAHE Case Study competition group
- BAC collectors with Alcohol Grant

**Alpha Omicron-** Temple University, Philadelphia, PA

- Had ESG Week which included activities every day as way to recognize organization.  
Career Panel- Had several Public Health professionals discuss their journey to Public Health, and discuss their current work. Invited all public health majors.
- Beauty Inside and Out- Had organic facials prepared by students to enhance physical hygiene on a college budget
- FASHION SHOW- Had students put on a fashion show incorporating Public Health topics such as go green (outfit made out of recyclable items), condoms (condom dress), and self esteem (outfits that are flattering to all body types and make us feel good).

Other Activities:

- Philadelphia AIDS Walk
- Volunteering at the local soup kitchen
- Self Defense class offered to students
- Valentine's Day Condom "lollipops" given out to students on campus
- Red Lounge, AIDS Awareness activities in coordination with campus Health Education office.

**Alpha Pi-** Texas A&M University, College Station, TX

- **211 Texas Advocacy Event**  
Gammans canvassed the areas surrounding the Texas A&M University's football stadium during a Texas Tech and Texas A&M to advocate for and educated fans about 211 Texas (a toll-free hotline linking people to local health services). We surveyed fans about their awareness and utilization of 211. As part of this promotional event, Gammans distributed lime green koozies with the ESG and 211 Texas logo/contact information to act as a cue to action to use 211 Texas.
- **Sexual Health Symposium**  
The Alpha Pi Chapter co-sponsored a sexuality awareness event targeting the A&M community (students, faculty, and staff). This event had two components: a health fair and a panel of sexuality experts who answered questions posed by attendees. As part of this event, Gammans organized the health fair component and hosted an educational

booth at which information was distributed to attendees. Information about sexuality-related resources in the Bryan/College Station community was provided.

- **Dancing for the Health of it**  
"Dancing for the Health of It" is an annual fundraiser benefiting the Health For All free clinic in Bryan, Texas. Health For All offers underinsured community members discounted or free services. During the fundraiser a dancing competition was held in which predominant community leaders were paired as dance partners. Gammans served as hostesses for their assigned dancers. Additionally, the Alpha Pi Chapter designed and hosted an educational booth promoting Health For All services and their impact on the local community.

Other Activities:

- **Darts for Dental Health and Halloween Safety**  
The Brazos Valley Boys and Girls Club hosted a Halloween community carnival where children and their parents played games, won prizes, and learned about health issues. During this safe Halloween alternative, Gammans created and implemented an activity where attendees threw darts to pop balloons filled with Halloween safety questions. Participants won toothbrushes and toothpaste (donated by local dental offices) if they answered the questions correctly. These prizes were a result of Gammans' active solicitation of donations.
- **Professional Development Informational Exchange (PDIE)**  
In its second year, PDIE provided Gammans with information about graduate programs and vocational opportunities in health education and allied health. It also allowed members to meet and interact with community representatives, personnel from professional organizations, health education faculty, and one another. Booths were set up from organizations/agencies representing the disciplines of health education, community health, public health, nursing, occupational therapy, physical therapy, physician assistance, health administration, and medicine. Gammans walked around the room, collected information, and discussed school/employment options with the professionals. Specifically, interactions between Gammans and health professionals covered topics including (1) how and when to apply to graduate school; (2) how to make school applications more competitive, (3) the graduate school experience and associated time demands; and (4) 'a day in the life of a health professional.'
- **Social Events: Kickball Tournament & Gag Gift Exchange**  
As social events this year, the Alpha Pi Chapter hosted a kickball tournament among members and guests and held a white elephant gift exchange. During the kickball tournament, teams were created and refreshments were provided. This gave Gammans an opportunity to be physically active while interacting with one another for networking. During the gift exchange, each member brought a gag item worth no more than \$5 dollars to trade. This entertaining activity gave Gammans an opportunity to interact in a casual setting.
- **Guest Speakers**  
Four times during the academic year, guest speakers were asked to attend meetings and share information with Gammans about professional development issues and

topics relevant to health. Each guest speaker presented a variety topic of interest. A representative of 211 Texas provided an educational training to prepare Gamman for their 211 outreach event. A Professional School Advisor for the disciplines of physician assistance, occupational therapy, physical therapy, nursing, and pharmacy spoke about preparing for graduate school and the application process. A professor from the School of Rural Public Health spoke about etiquette when asking for letters of recommendation. He also facilitated a question/answer session. A representative from the Texas A&M Health Science Center spoke about research-based graduate programs offered at the A&M.

**Alpha Omega** – University of Nebraska-Omaha, Omaha, NE

- 2010 Bell Tower Challenge: Bell Tower Challenge had 10 teams of various student and staff organizations that raised 4,000 pounds of food for the Omaha Food Bank. Teams had one minute to design the cans that they collected into a unique shape or structure. Judging was based on team spirit, design, and number of cans collected.
- Cycle to Safety: Event is aimed to raise awareness of biking options in Omaha (i.e. commuting). GreenSprints cycle activity brings in participants to learn about city biking from a League of American Bicycler certified trainer.
- UNO Relay for Life: helped to raise money and participated in the campus Relay for Life event.

**Beta Alpha**- University of Minnesota Duluth, Duluth, MN

- Jingle Bell Run/Walk 5K - This is an event to raise money for the Arthritis Foundation. We had 15 members participate in the run/walk this year and one of our members finished first in her age division.
- Polar Bear Plunge - This is an event to raise money for the Minnesota Special Olympics. We had many members raise money for this event and four members that took the plunge into Lake Superior.
- UMD Relay for Life - This event was put on by UMD's Colleges Against Cancer student organization to raise money and awareness about cancer for the American Cancer Society.

**Other Activities:**

- Held two initiation meetings, one in fall and one in spring, at our adviser's home. Conducted ceremony and had potluck meal together.
- Step Out Walk for Diabetes - We raised money for diabetes and walked around a local mall to show our support.
- UMD's Great American Smokeout - We advocated for smoking cessation services provided by UMD Health Services and did an activity to demonstrate the effects of smoking on a person's lungs.
- UMD's Annual Student Health Fair - We participated in the health fair and did an activity that we called "Stress Busters" that students could participate in.

- Adopt-a-highway clean up was done twice. We requested that our two miles of highway be closer to campus and that was done. For spring clean up we went to new site, just 5 miles from campus.
- We ordered black long sleeve tee shirts with ESG/health ed. designs and wear them at events and to class to promote ESG
- We ordered honor cords for 15 seniors to wear at graduation.

**Beta Theta** – East Carolina University, Huntsville, TX

- Kick Butts Day  
Educated students on the use of tobacco and how it can harm the body.
- Cervical Cancer Awareness  
Educated students on cervical cancer and the preventative medicine that is available to both men and women.
- Condom Day  
Advocated for the use of condoms. Educated the student body on the different types of condoms and what certain types are preventative for STD's and/or pregnancy.

**Beta Kappa**- Minnesota State University, Mankato, MN

- Relay for Life - American Cancer Society; Fundraiser 6pm - 6am
- Mavericks after Dark event - program to provide students with evening activities that do not involve alcohol
- Concessions at MSU Baseball Games - Fundraising

Other Activities:

- Memory/Alzheimer's Walk
- Rake the Town -- rake yards for elderly members of the community
- MSU Recognized Student Organization Fair

**Beta Nu** – Eastern Illinois University, Charleston, IL

- FUN Night at local grade school. ESG members assisted in planning and volunteering to work a local kid's health fair. Various members created a tabling event and many came to volunteer to make the event run smoothly.
- ESG had their own Relay for Life team and rose over \$3,000 for the American Cancer Society. There were various fundraiser planned to raise money toward them team (i.e. sucker sales, Monicals Community Night, coin can collections in the town).
- Annual Eastern Illinois University Health Fair participant. ESG planned their own tabling event to reach the college population on stress issues. There was information on to distress yourself during the pressuring times in college.

Other Activities:

- Around Christmas time ESG participated in a department canned food drive. In addition, donations were made to a local organization collecting baby supplies for underprivileged mothers.
- ESG volunteered for a local "activities" day at the local grade school. Members volunteered to work with the children on interactive activities (i.e. jumping rope, running, dancing).
- In the fall of 2010 ESG hosted a flu shot clinic and a separate blood drive. Both events were successful.
- This year members were very willing to assist other organizations with activities. These organizations include Colleges Against Cancer, Health Education Resource Center, and requests within the Health Studies Department.
- ESG planned a CPR training that included a fundraiser for the department and Relay for Life. A professor volunteered her time to teach the class.

**Beta Phi** – University of Wisconsin La Crosse, La Crosse, WI

- Safe Spring Break event, which promoted students to make healthy and informed choices during their spring break. The event took place over four days with each day featuring a specific health topic. The topics were Skin Safety, Travel Safety, Drug and Alcohol Safety and Safe Sex Practices.
- Volunteer with Farm 2 School Program. Members volunteered in area elementary schools by handing out samples of local produce or helping with cooking show demonstration or helping with Kids Cook where fourth graders helped to make healthy meals with new ingredients. The Farm 2 School program is through the La Crosse County Health Department. Kids Cook where fourth graders helped to make healthy meals with new ingredients. The Farm 2 School program is through the La Crosse County Health Department.
- Kane Street Community Garden - members volunteered at the garden by helping with the harvesting of produce and distribution to those in need.

**Other Activities:**

- Resume Building presentation from Career Services with information about creating a resume and how to appropriately search for jobs.
- Graduate School Panel - several masters' degree candidates talked with our organization about their experiences in graduate school, applying to graduate programs. There was a question and answer session which allowed members to get individual questions answered.
- Undergraduate research panel - several past members of ESG who have completed research during their time at UWL gave presentations about their research and the processes that they all went through. They also explained other research opportunities available on campus.
- Day at the Farm - Service activity at Old Oak Family Farm. Members spend the day learning about this local and organic farm. Members helped to plant new seeds, prepare potatoes for planting and collect sticks from bushes and shrubs that had been trimmed.
- Good Neighbor Day - City of La Crosse, service opportunity. Members helped to complete yard work at older adults' homes in the La Crosse community. Raking, window washing, turning of gardens and pruning were among activities completed.

**Beta Psi- SUNY Brockport, Brockport, NY**

- Annual Initiation Ceremony and recognition of students receiving departmental awards.

**Beta Omega – New Mexico State University, Las Cruces, NM**

- Get Ready Day! Campaign created by the American Public Health Association. ESG members held a table on the New Mexico State University campus with information on disaster and emergency preparedness. Information and resources was gathered from the Get Ready website, as well as information and resources provided by the local American Red Cross. (9/2010)
- Mujer a Mujer fundraising event for a woman's home in Juarez Mexico. ESG members collaborated with other health related organizations to volunteer to raise money for the woman's home. Volunteer services include donating food dishes, serving food, assisting with a silent auction, set up and clean up. (10/2010)
- Relay for Life. ESG members teamed up with other health related organizations to raise money for the American Cancer Society. ESG members walked the track. The event was an evening to morning event.(4/1/11)

**Other Activities:**

- Keep State Great. ESG members volunteered in keeping the NMSU campus clean and safe for the campus community. ESG members were assigned to paint the street curbs yellow. (11/2010)
- The Big Event. ESG members participated in the annual event for providing good services. This year the Big Event worked with the City of Las Cruces to keep it clean. ESG members picked up trash along a walking trail. (2/2011)
- Organization fundraising: the Beta Omega Chapter raised money through bake sales on campus.

**Gamma Delta- Southern Illinois University, Edwardsville, IL**

- Health Brigade - We played "Are you smarter than a college student?" with the 8th grade participants. This game involved spinning a question wheel and answering health related questions.
- National Condom Week and World AIDS Day - Our ESG chapter partnered with MAdCAP (Madison County AIDS Program). We set up a booth in our student center and distributed condoms and information about getting tested for STIs.
- Madison Couth Youth Forum - we collaborated with the Madison County Health Department for this event. This event provided high school students in Madison County the opportunity to let their ideas and opinions be expressed in front of a panel of community leaders in hopes of bringing about positive change.

- Condom Crawl - We went to local bars in Edwardsville and distributed condoms and information about getting tested for STIs to the bar patrons.
- 4th grade health fair - We played "Wheel of Death" with 4th grade participants. This game involved spinning a question wheel and answering health related questions.

Other Activities:

- Social events - Dinner before the Condom Crawl, Dinner at the ASHA conference, Bowling Event at SIUE student center
- Fundraiser - Health Education Book and Healthy Food Sale, Raffle

**Gamma Lambda-** University of Texas-El Paso, El Paso, TX

- Great American Smokeout- Collaborated with the Texas Department of State Health Services (TDSHS) and the Hispanic Health Disparities Research Center HHDRRC to host event at the university college of health science building to promote a smoke-free campus
- Kick Butts Day- joined with TDSHS at their event and had a booth for children with a smoke-free game and collected signatures of the El Paso community to send to the motion picture association national office in Washington DC in hopes they be mindful of smoking in children movies
- Sexual health education day with the student health center at UTEP educated college-students about safe sex practices, issued helpful resources to go to for screenings

Other Activities:

- what is public health video/photo contest, we are using this as a recruitment video & a way to get to know each other (IN-Process)
- Professional development- HHDRRC Grant Writing Seminar was open to ESG members to strengthen these skills as well as have the opportunity to network with other community health agencies in the city
- PETS Alive project- ESG members were invited to be facilitators in the data collection process in helping the PETS ALIVE area organization in making a community assessment

**Gamma Mu-** Western Michigan University, Kalamazoo, MI

- Campus-wide signing of the pledge to not drink and drive
- Butt Snatchers - Collecting cigarette butts program to demonstrate environmental pollution severity of smoking on campus.
- Designing an instrument to be used for assessing student opinion on tobacco-free policy at WMU

Other Activities:

- Drafting a resolution to be presented to the Western Student Association on tobacco-free campus policy.

- Attendance of the National Summit on Advocacy in Washington DC. - 10 students attended

**Gamma Rho-** Truman State University, Kirksville, MO

- **Advocacy:** Smoke-Free Truman Campus – Educated, advocated, and lobbied students, staff, faculty, and administration to support a change to the Board of Governor’s Tobacco Use Policy. Polling, presentations, and cessation classes supported lobbying efforts to obtain pro-smoke-free resolutions from: Student Senate (2), Faculty Senate, Benefits Committee, and Staff Council as well as administration. The proposed smoke-free policy was presented at two Board of Governors’ meetings. Although the Board only changed the policy to a 25-foot smoke-free boundary around campus buildings, they did admit that Truman will be a 100% smoke-free campus in the near future – joining over 500 US colleges and over 20 Missouri colleges.
- **Education:** Health Educators for Adolescent Substance Abusers in a Residential Treatment Setting: After attending a training provided by the Director for Preferred Family Health Care, Inc., educated teen drug offenders about disease prevention, health promotion, and contemporary health topics.
- **Research:** Putnam County Health Department SIM Grant Data Collection/Input Project: Assisted local public health agency with telephone community needs assessment survey and data input into SPSS

**Other Activities:**

- **Service:** Arthritis Foundation (AF) Exercise Program (People with Arthritis Can Exercise) Instructors: Trained and certified by AF; conduct seated/wheelchair exercise classes for elderly and those with arthritis at area nursing homes.
- **Education:** American Lung Association-certified Smoking Cessation Instructors - taught smoking cessation classes each semester to a group at the university setting and a group in the community setting.
- **National Conference attendance:** ASHA, SOPHE, AAHE

**Gamma Upsilon-** Georgia Southern University, Statesboro, GA

- **Health Professional Banquet:** Community leaders in the health profession, such as faculty members and health-related occupations, met with ESG members for a free dinner at a local restaurant to build relationships, make new connections, and learn about the possibilities in the health-field.
- **Community Organization Promotion:** ESG chose the Statesboro Regional Sexual Assault Center to promote their new and upcoming functions. We advertised and promoted SRSAC's upcoming philanthropy project and promoted the cause in general.
- **Elementary School Outreach Program:** ESG initiated the start of an outreach program where College-level students would go out into the local Elementary schools and educate the students about a certain health topic.



Other Activities:

- ESG represented volunteering in the following: Kidovations Learning Center, Gentilly Garden Assisted Living Facility, Georgia Southern University Health Services, Statesboro Regional Sexual Assault Center,

**Gamma Phi**-North Carolina Central University, Durham, NC

- JENGA Initiative Program: The purpose of this program is to teach refugees health information and train them to become lay health advisors to share the information with their community. ESG members taught classes on access to health care, hypertension, and diabetes prevention and management to refugees living in the Wake County area at the USCRI location in Raleigh, North Carolina.
- Eagle Pride Blood Drive: Gamma Phi co-sponsored the MLK blood drive in January and participated in an emergency blood drive on February 2, 2011 on the campus of North Carolina Central University serving as volunteers and recruiting people to donate blood to the American Red Cross.
- Dinner & Disease: In preparation for the blood drive, to reduce the number of potential donors deferred due to low iron, the chapter sponsored a talk with guest speakers on the causes and effects of low iron and nutritional information to enhance iron levels. Iron-rich foods were served to demonstrate healthy eating options.

Other Activities:

- Student Success Symposium:"The Journey to Graduation and Beyond"  
This student-lead initiative supported by the Chancellor's Office brought students together to discuss the keys to academic success. Two Gamma Phi members were chosen to speak at this event.
- North Carolina Albert Schweitzer Fellows Celebration of Service April 16, 2011  
Gamma Phi attended the Celebration of Service honoring current Fellows and introducing new Fellows held at the Carolina Country Club in Raleigh, NC. Gamma Phi will be sustaining the Schweitzer Jenga Initiative.
- Hawkins-Parrish Health Education Exposition : April 28, 2011  
Five Gamma Phi members were presented with honors and awards for their academic achievements. The Gamma Phi President served as the Mistress of Ceremony.

**Gamma Chi**- Clemson University, Clemson, SC

- Fall New Member Initiation: The traditional initiation ceremony took place. Afterwards we had a brief meeting with a reception and refreshments that followed.
- End of the Year Picnic: We had a picnic complete with a full dinner for our members. It was a way of saying goodbye for the year. It was the last meeting of the academic year.

#### Other Activities:

- Participation in Clemson's Take Back the Night 5K: Volunteers helped set up for the run. Volunteers also participated in the run, which is to raise awareness about emotional, physical, and sexual violence
- Participation in Elementary School Health Fair: Volunteers taught children about making healthy eating decisions, as well as emphasized the importance of an active lifestyle.
- Participation in Clemson's Unity Project: Volunteers participated in service opportunities throughout Clemson in order to benefit the community.

#### **Delta Iota** – Southern Connecticut State University, New Haven, CT

- Connecticut Public Health Association's Annual Conference - Eta Sigma Gamma helped forty undergraduate public health students attend this conference in Southington, CT, where students were able to meet local professionals and see what is being done in the realm of Public Health in CT.
- **Society of Public Health Educator's Annual Conference** - four students and one advisor traveled to the Denver, CO to attend the conference, where students were able to see what they were learning in the classroom applied in the professional world.
- **Eat This, Not That through the Annual Wellness Festival** - An information table on ways undergraduate college students can eat out and still eat healthy. Information was provided on quick food options available on campus as well as local restaurants and fast food chains.
- **Real Love = Safe Love** - Members of the Public Health Society increased awareness among undergraduate students at SCSU about sexual health. Goody bags with information, a condom, and candy were given to all students that came to the table. Other informational resources were also available. The society also gave away chocolate covered goodies and carnations.
- **Drinks and Keys Don't Mix** - The table was set up so that students felt as if they were approaching a DUI check point. Students were given the option to wear one of three different levels of drunken goggles and asked to walk the line. When students finished, they were told they failed the sobriety test, and had to take a mug shot, writing down their last name, first name, and student identification number. After they took the picture, they were given a packet of resources available at SCSU, such as the R.I.D.E.S. program. Key chain breathalyzers were randomly given out.
- **Relay for Life** - Members of Eta Sigma Gamma supported the Department of Public Health by having volunteers help walk and participate in the event.
- **Pop-Corn Palace Fundraiser** - This fundraiser was done to help raise monetary funds to help send four students to the Society of Public Health Educator's Annual Conference in Denver, CO.
- **Trail Mix Fundraiser** - This fundraiser was done in order to start establish the club's financial resources for the 2011-2012 academic year. \$489 was raised.
- **Adopt-a-Family Food Drive** - Members of Eta Sigma Gamma participated in this university wide event sponsored by the SCSU Service Team. Six boxes were filled with food and personal care items by members of ESG.

- **Your Skin Is In** - Tabling was done to increase awareness and knowledge about the dangers associated with using tanning booths. Pledges to quit tanning were signed by interested students.

**Delta Kappa** – University of South Florida, Tampa, FL

- January 21st, 2011-New Member Initiation ceremony. Ten members were initiated into the Delta Kappa Chapter. Five of these initiates were MPH students and five were PhD students. One honorary member was inducted recognizing her health education work as the Director of Health Initiatives at the Florida office of the American Cancer Society.
- ESG members participated in the Great American Teach-In on November 17th at a local high school. Executive board member, Christine Spiker, organized an engaging health education lesson related to stress and stress relief. Training was conducted with members who participated.
- ESG members met 6 times to group analyze data collected by the Recycling survey. This survey was developed in 2009 and 2010 and administered by ESG members to USF College of Public Health students, staff, and faculty. The group analysis meetings allowed members more experienced in qualitative analysis and SPSS to mentor less experienced members. In the upcoming year, members will be working on a qualitative piece to this project, finalizing analysis, and creating products such as an executive report to the college, conference posters, and journal manuscripts.

Other Activities:

- Two ESG socials. One was held at a local restaurant, while the other social was held at a member's house. These socials not only gave members an opportunity to relax and socialize, but health education students who were not members were also invited in an effort to expand ESG membership.
- ESG hosted a movie viewing of the National Geographic documentary, "Stress: A Portrait of a Killer"
- ESG co-hosted a departmental lunch and learn about the research technique called photovoice.
- ESG members volunteered at the Festival of Reading in St. Petersburg, FL.
- ESG was represented by student leaders in discussions with the Dean of the USF College of Public Health about the college's upcoming accreditation, as well as providing the administration with general feedback about student experiences in the college.
- ESG volunteers called incoming graduate students to find out if they had any questions a student with one or more years of experience might be able to answer.

**Delta Lambda**- Malone University, Canton, OH

- Health Promotion Fair at Malone University. "Seeing the Bigger Picture: The Big Screens in Our lives. September 30, 2010. Also did research. During the health fair. Collected data, analyzed and presented to ESG.
- RED Kettle Campaign. Salvation Army. Ringing of the Bell, December 2010.
- ESG Initiation and Evening Dinner. November 30, 2010.
- Fundraising. Collection of Grocery Store Receipts for earning && for ESG.

**Delta Mu-** Morehead State University, Morehead, KY

- Breast Cancer Reception- reception to honor breast cancer survivors in Rowan and the surrounding county.
- Date Night Fund Raising Raffle- raffled off a coupon for dinner for two and a set of tickets to the movies. Proceeds assisted in sending ESG members to the annual KAHPERD conference.
- Mitten tree- we set up a Christmas tree and solicited donations of mittens, hats, gloves, and scarves. Donations were given to elementary school children at the local public school.
- Students held collected food to donate to members of the community for the holidays.
- Initiation - ESG members held an early initiation for students to be initiated into the chapter during the fall semester (7 members initiated).
- Spring Banquet and Initiation.

Other Activities:

- President Laura White attended the Southern District Student Leadership Conference.
- President Laura White and member Kristina Skaggs presented at the annual KAHPERD conference in Lexington Kentucky. As well as several other students/officers in attendance.

**Delta Xi-** University of Alabama, Tuscaloosa, AL

- "Ask the Sexperts" Sexual Health Discussion Panel for students to attend the week before Spring Break. The panel included a nurse from the Student Health Center, a counselor, a member from the Women's resource center, and also a police officer from campus. Students were allowed submit questions on sheets of paper to ask the panel. Refreshments were provided free of charge for the students and faculty that attended. We had a total of about 120 students and 15 faculty attend.
- We conducted a successful canned food drive benefiting the West Alabama Food Bank at the end of the fall 2010 semester and the spring 2011 semester.
- ESG members handed out hand sanitizer and tissue packs with health messages on them at the Health Fair in September 2010.

**Delta Pi-** Bridgewater State University, Bridgewater, MA

- January 2011 - Nutrition Workshop - ESG members developed and implemented a workshop for seniors living in a Brockton, MA Housing Authority high rise. The workshop focused on nutrition and featured substitutions to make desserts and snacks healthier. ESG members also facilitated and played Exercise Bingo with the elderly residents. Exercise Bingo is a game that was created by one of our health education majors; it combines a bingo game with various chair exercises. It's been very popular with the elderly participants.

- February 2011 – Love Your Body Week. ESG members designed, facilitated and implemented an interactive display as well as “mindful eating” exercises for Love Your Body Week participants
- April 2011 – Swansea Middle School Health Fair – ESG members created and implemented interactive displays and activities for this school’s first annual health fair. The activities and displays focused on skin cancer prevention and sun safety, as well as healthy living, health behaviors, and affirmations.

**Delta Rho – California State University, Fullerton, Fullerton, CA**

- Induction Ceremony:  
Description: This ceremony recognized and inducted the new members of Eta Sigma Gamma for their outstanding academics and their dedication to fulfilling the requirements to be a Delta Rho chapter member. This was an official ceremony recognizing the new members of our chapter as well as nationals into the Eta Sigma Gamma family.
- Symposium: Tuesday, May 10, 2011  
Description: This end-of-the-year ceremony recognizes scholastic and academic achievement among students in the health science department and members of Eta Sigma Gamma. Masters of public health students are given the opportunity to showcase their final projects and upcoming graduates are recognized for their outstanding academic achievement.
- Earth Day- Saturday, April 9, 2011  
Description: Hosted by one of our health science professors, Dr. Yang, participants and volunteers picked up 10,000 cigarette butts within a few hours around different locations on campus
- Other Activities:  
Flu Event- The flu event was a campus outreach event to educate our peers on keeping ourselves healthy during the flu season. Donated items such as Kleenexes, hand sanitizers and vitamin supplements were handed out to students with flu facts attached to them.
- CHES Prep Seminar. - This event was hosted by the health science department for students who were interested in furthering their education and career paths by taking the mandatory CHES exam in order to be a certified health educator. ESG helped host the event and contributed to providing volunteers to set-up and clean-up.
- Breast Cancer Awareness event- ESG hosted an event in honor of breast cancer awareness with a speaker who had battled and survived breast cancer. The speaker and her son gave testimonies of their experiences in dealing with this disease. The event had a great turnout and reached out to many students.
- ICC Carnival of Connections- This event was held by the health and human development department. Different organizations within the department set up booths and showcased what their organization represented. ESG, Delta Rho, provided an interactive game to educate the students regarding the subject of epidemiology. If the participants matched the information correctly, they were given various prizes.

**Delta Sigma- Keene State College, Keene, NH**

- Thanksgiving baskets: compiled and donated non-perishable food items for WIC recipients at thanksgiving time.
- Project U Fashion Show: Smoothie station and participation in the fashion show runway.
- Relay for Life: members participated in the Keene community relay for life event.

Other Activities:

- Holiday card making for residents of local nursing home.
- Volunteers at the Keene State College Academic Excellence Conference.
- Bulletin Board making for Health Science academic building.
- Member end-of-the-semester celebration with healthy snacks and games.

**Epsilon Alpha-** Baylor University, Waco, TX

- Health Fair for Church Under the Bridge
- Educated homeless community on tobacco cessation
- National Kick-Butts Day
- Educated the students of Baylor about affects of tobacco use
- *Walk Across Texas* Kick-Off Event
- Stretching and hydration handouts and education at a booth

Other Activities:

- Providence Health Fair
- Stress management and relaxation exercises
- Dr. Pepper Hour Health Booth
- Handed out fliers on various health topics as they related to the African American population
- Susan G. Komen Breast Cancer Education Booth
- Educated college students about breast health
- Healthy Monday Campaign
- Helped Baylor Wellness Coordinator set up for the Monday Mile

**Epsilon Beta-** Rutgers University, New Brunswick, NJ

- Trunk or Treat: members donated candy and volunteered to be present at the event with their car - the Trunk or Treat provided a safe place for children from a low-income area to trick-or-treat. The event took place in a church parking lot in NJ. Children went from car to car & received treats.
- Adopt-A-Family, as part of a larger University effort to assist families during the holidays, our chapter adopted a family and collected needed and requested items - everything from winter coats and hats to toys.
- As part of outreach efforts to the campus, the Epsilon Beta chapter made and distributed flu care kits during the H1N1 season and also made and distributed safer sex kits during Sexual Responsibility week. At these tabling events they also distributed educational literature.

#### Other Activities:

- The Epsilon Beta chapter sponsored a speaker on financial wellness for members and the larger school community.
- Participated in the local Johnson & Johnson holiday toy drive
- During Sexual Responsibility week, sponsored a healthy relationship program - Pillow Talk.
- Formed a team and participated in the Annual Relay for Life.

#### **What is a concern of your chapter?**

- A major concern of our chapter is our small size. We are comprised of 20 small and dedicated members but would like to see this number grow. Many people show interest in Eta Sigma Gamma but are unable to commit. We continue to be understanding of student's busy schedules in order to accommodate everyone. We have tried to improve this problem by opening the group up to younger students and modifying our requirements to include an intent to sign a health major/minor rather than already being signed.
- Keeping members active!
- Our major concern this year was trying to get everyone to participate and follow through with what they said they would do.
- Being known around campus is a major concern for our chapter. We hold events that should be well liked by all types of students around campus but have a very low attendance rate. Compared to other well known organizations we have a much less fortunate outcome. We market our events to all options available to us.
- Participation of the members is difficult due to their busy schedules. The members are usually all juniors and seniors, because of the requirement of having to take a health education course before initiation. Many of these members want to be more involved, but it is hard to schedule meetings and events that fit into every one's schedule.
- Sustaining participation from all members and increasing the undergraduate membership.
- Officer retention
- Our major concerns for our organization are having a consistent meeting space and membership recruitment. We have potential prospects for membership who have not paid dues but come to the meetings and are active at events. We have had a hard time getting the students who come to commit to membership by paying their fees.
- Enhancing the research and professional development opportunities and experiences available to members. The Alpha Lambda chapter produces several educational and service-oriented events/programs, but far less research and professional development opportunities. This will be a focus for the 2011-2012 academic years. Increasing graduate student enrollment and attendance/participation.
- Getting more people who are not PH majors to know what ESG is (not a sorority)

- Due to a large recruitment effort prior to the academic year, we increased our Chapter membership from 54 Gammans last year to 96 Gammans this year. With such a large volume of members, it is difficult to create and manage enough Chapter activities capable of including all members. For example, when hosting an event like the Halloween alternative, we had to limit the number of Gammans who could take advantage of this opportunity because we didn't want Gammans to outnumber the community participants. This is a great problem to have, but a challenge all the same.
- Promoting and encouraging healthy lifestyles and community involvement for health educators of the future.
- Having members that will remain active fulfill the duties of the chapter.
- Finances, participation, recruitment, service to the community
- Providing health promotion events at the UWL campus and within the La Crosse community.
- An issue we deal with is declining participation as the semester gets near the end, many times only the same members participate over and over rather than a variety of member participation.
- Difficulty recruiting new members
- Our main concern is that everyone is informed of different health problems they might be susceptible to, and being able to communicate effectively with our student peers. Also funding is a big concern.
- Need training on leadership for Gamma Mu executive board.
- Continuing of the growth of membership
- Keeping momentum going year to year. Most of our active members are graduating seniors so we are challenged to recruit enthusiastic officers as each group graduates.
- A major concern for our chapter is sustaining membership and participation. We are currently expanding our avenues for communication with the membership, including an updated website and through social media like Facebook.
- As in the past our ongoing concern is the number of members, students tend to join when they are juniors so therefore they do not remain active for more than a couple of years.
- Attendance at meetings. We have great attendance at the beginning of the semester and the numbers seem to dwindle down towards the end.
- Getting more members involved in activities.
- Finding meeting times that is convenient for more members. (Most of our members are commuters who work in addition to going to school.)
- One major concern of our chapter is funding. Our members have come together and worked extremely hard to raise funds for upcoming events and recognition ceremonies due to the lack of funds.
- Getting members to come to the meetings and actively participate.
- Recruiting new members
- Attendance at meetings. Our class schedule runs from 8:10 a.m. to 10:00 p.m. and finding a day and time for members to attend is challenging at best.
- Turnover is challenging. Many inductees are seniors and are unable to contribute the following year.
- Recruiting and retaining future Gammans for chapter membership is another challenge.



- Fundraising must continually be creative; limited resources make fundraising challenging.
- Creating new, exciting ways to inform students about public health is a welcomed challenge.
- Increasing campus awareness and engaging the local community.

**What can the National Office do to make your chapter more effective?**

- The National Office could provide more funds for travel and conference attendance. We believe that many students find traveling to conferences a financial burden. There is a desire to attend within our chapter, but not enough resources.
- Keep supporting travel and projects
- The National Office does a wonderful job by providing resources to help us with our Chapter development, so there is nothing else we can think of at this time that could be better.
- To make our chapter more effective I would like to see what other chapters are doing to make their events more popular to their student body. The National Office has been very receptive to our chapter in any questions that we have.
- A quarterly news letter with updates on what other chapters are doing around their campus would be a nice way to keep all of the chapters connected. It would give the separate chapters a way to share each other's ideas on events, service projects, and socials.
- For chapters like ours where the previous complete board graduated and left us with no formal organization or guidance, the corporate office can create a new chapter guidelines tools especially for the initiation process.
- Provide professional development opportunities for members via online modules/videos. Perhaps the videos could last 30 minutes to 1 hour, and be shown during meetings.
- Hold training programs (in person at the ASHA conference) and/or online modules for faculty sponsors of ESG chapters regarding how to improve their chapter.
- Provide us with funding
- More opportunities to travel to national conferences
- Although you do well at staying in contact with the ESG advisors, it would be nice if the President also received reminder emails about upcoming deadlines or with promotional ideas.
- Provide ideas for Chapter promotion and recruitment of new members
- More information on what other chapters are doing (discussion boards?)
- Additional financial support (or fundraising ideas/support)
- The National office can help us, by helping with funding for the professional conference, and also us ideas on fundraising, and ways to communicate health problems effectively.
- Need training on leadership
- All is good
- Provide pamphlets and informational advertisements for our student body to hand out to new students.

- Thank you for all that you currently do!
- You are already very helpful. Thank you for all that you do.
- Continue to provide us with information on how other chapters maintain active participation, particularly among chapters that have members at the graduate level. We also benefit from information regarding creative activities that other ESG chapters develop.
- More promotion on ESG scholarships.
- Clarity around induction packets.
- Send out ideas about effective recruiting strategies
- Send information of how to network with potential employers through Eta Sigma Gamma's network
- The National Office can aid our chapter by providing recruitment materials, ideas, and apparel (e.g. t-shirts) to help enhance awareness of the organization.

### **Other Comments?**

- I found this year that by decreasing the amount of activities our chapter participated in, attendance was increased and we were able to complete a higher quality job at each activity. Members seemed more engaged and less burnt out. It also seemed like we bonded more and became closer colleagues.
- Continually support the Alpha Alpha Chapter
- We are at a stage of reorganization and will be holding elections and initiation at the top of the
- Fall 2011 semester and will follow up with all needed dues and forms over the summer break.
- Our members at this time with exception of the board are unofficial as they have not paid dues.
- ESG will provide National office with their dues at the Top of Fall 2011 Semester.
- I love being a member of Eta Sigma Gamma, and have enjoyed serving as faculty sponsor of the Alpha Lambda chapter during the past 6 years. This is a great opportunity to get to know students on a more personal level. It is fascinating to see how BIG students dream, and the work they produce is nothing short of spectacular. I believe they've taught me more than I've taught them.
- Great semester at Temple University!
- A grant was written to Health Education/Health Promotion Department at UW-La Crosse for travel funds, \$700 was received. Our chapter funded \$1200 in travel funds for 12 members to attend various local and national conferences. A chicken-q fundraiser was done in April 2011 \$1279.50 was raised from this event. Approximately \$800 was raised from a silent auction at our initiation Gala which occurred in December 2010.
- 2 of our members received Society of Public Health Education Student Scholarships for the (SOPHE) Midyear Scientific Conference

- This was my first year advising on my own, and Susan Koper has been wonderful to work with. She is always wonderful about getting back to me in a timely manner and helping with any questions that I have had.
- We love Eta Sigma Gamma and enjoy all the opportunities it provides!
- This has really been our first year as an active group and the students seem to be enjoying the experience and the opportunities.
- The officers decided to use a large portion of the budget to purchase Eta Sigma Gamma honor cords for graduating members and t-shirts for new members. We now must rebuild the budget.