

**Eta Sigma Gamma  
Professional Member At-Large (PMAL)  
Candidate Information Form**

Name: Alexis Blavos

Degree(s): PhD, MEd, MCHES

Position: Assistant Professor

Department: Health Department / SUNY College at Cortland

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Work experience (# years): 10 years

1. Please describe your interest in ESG and being on the Board of Directors.

I believe there is no greater professional service than to dedicate time to better the field in which you are committed. I love Health Education and Promotion and find Eta Sigma Gamma to have been my professional home since I was a Masters student at Kent State in 2005. I have served on this board for the past 2 years as Student Member-At-Large and then as Director of Advocacy. I am excited at the opportunity to continue to serve this national organization in a different capacity, Professional Member-At-Large.

2. Please describe if you have any prior experience in working with ESG/Gammans on a local (chapter) or national level.

I started my service to Eta Sigma Gamma at the KSU Rho Chapter, where I was initiated served as Treasurer for 2 years. Following this, I served as assistant advisor to the Iota Chapter at University of Toledo for 4 years, and now serve as the co-Faculty Sponsor at the Kappa Chapter at SUNY Cortland. When I was finishing my doctorate, I served as the national Student Member-At-Large to the board and then transitioned to National Director of Advocacy. I have served and chaired numerous committees at the national level in both of these roles and have had the pleasure of representing ESG in committee's with other organizations such as SOPHE and CNHEO.

3. Can you demonstrate evidence of leadership in your work or extracurricular activities?

Below is a list of service activities in which I had/have a leadership role:

- National Commission for Health Education Credentialing
  - NCHEC Ambassador 2016-Present
- Eta Sigma Gamma 2005-Present
  - National Director of Advocacy 2015-Present
    - Chair, Advocacy Committee 2016-Present
  - Kappa Chapter Co-Faculty Sponsor 2016-Present
  - Kappa Chapter Faculty Co-Sponsor 2016-Present
  - National Student-At-Large 2013-2015
  - Editor, Vision Newsletter 2013- 2015
  - National Poster Session Committee Chair 2013-2015
  - IOTA Chapter Assistant Advisor 2011-2015
- Society of Public Health Educators 2013-Present

**ESG PMAL**

- Awards Committee Member
  - Co-chair
- Student Workshop Planning Committee
  - Workshop Mentor
- Phi Kappa Phi Member
- University of Toledo Secretary
- Ohio Society of Public Health Educators
  - Health Educators Institute Planning Committee
- Ohio Drug Free Action Alliance
- College Initiative Advisory Board Member

2014-Present  
 2016-Present  
 2013-2017  
 2016-2017  
 2012-Present  
 2012-2014  
 2010-2015  
 2011-2015  
 2010-2015  
 2011-2013

**University Service***SUNY Cortland**Department*

- Online Masters in Community Health Committee Member
- Liason for Online Learning

2016-Present  
 2016-Present

*School*

- Healthier Campus Initiative Member

2016

*College*

- FCIP Student Survey Pilot Results, Presidents Spring Opening Meeting
- Assistant Director of MLDO Search Committee Member
- Faculty Online Learning Collaborative
- The Provosts Faculty Committee on Inclusive Practices
- American Heart Association Student Organization Advisor
- Faculty Senator for School of Professional Studies
- Tobacco Prevention Committee Member
- Faculty Presentations in Residence Halls
- Colleges Against Cancer Student Organization Advisor
- Health Department Library Liaison Search Committee Member
- Blaze's Opening Crew Member
- Student Diversity Retreat Chaperone
- Presidents Panel on Diversity, Spring Opening Meeting

2017  
 2017  
 2016-Present  
 2016-Present  
 2016-Present  
 2015-Present  
 2015-Present  
 2015-Present  
 2016-2017  
 2016  
 2016  
 2016

*University of Toledo*

- President's Tobacco Policy Implementation Taskforce
- Phi Kappa Phi Secretary for Chapter 061
- ATOD Prevention Committee (co-chair)
- Tobacco Policy Marketing/Enforcement Committee (co-chair)
- Party Smart UT Committee (chair)
- Campus Activities and Programming (co-advisor)
- Students Against Destructive Decision (co-advisor)
- Student Conduct Hearing Board Hearing Officer
- Assistant Director of Residence Life Search Committee (chair)
- National Collegiate Alcohol Awareness Week Planning Committee (co-chair)
- National Collegiate Alcohol Awareness Week Planning Committee (chair)

2014-2015  
 2011-2014  
 2010-2013  
 2010-2013  
 2010-2013  
 2011-2013  
 2011-2013  
 2011-2013  
 2011  
 2011  
 2010

*Kent State University*

- Graduate Student Senator
- Graduate Student Senate International Grant Committee Member
- Kent State University Tobacco Task Force

2006-2007  
 2006-2007

2006

**Community Involvement**

- United Voices of Cortland 2016-Present
- Women's March on Washington 2017
- NARAL, Community Advocacy and signature collection, Attendance at Ohio State House meeting, Policy and Candidate home discussion meetings. 2005 - 2006
- Dino Palmieri Evening of Giving. 2005-2007

4. The PMAL candidate is required to serve a three-year term. As the PMAL, you are to commit at least 10 hours per month to participate on conference calls with other ESG Board members (average 10/year; 1-2 hours per meeting), review applications for chapter awards, and plan conference sessions for the annual ESG national meeting, and attend the annual board meetings (one professional conference and one board meeting associated with the national SOPHE conference). Explain if you will be able to do this.

As a current board member, I have been able to balance more than 10 hours a month for the past 4 years. I have spoken with my Department Chair and we both believe that I am balancing my duties working toward Tenure at Cortland, and my duties to ESG very well. I plan to continue to balance my work load the same should I have the honor of being elected as PMAL.

5. Do you have experience serving on boards? If so, please explain.

Yes. I have been on the ESG national board for 4 years and have attended all board meetings and monthly conference calls. I take my role very seriously to ensure that our membership is represented well. I believe that it is the duty of each board member to think critically about each decision the board must make. We do represent a very diverse group of members and believe that we must be methodical and inclusive in all decisions.

6. Please describe the skills that you would bring to ESG. (Please respond to all that apply.)

<b>Skills</b>	<b>Comments/Examples</b>
High energy level	I have a lot of passion and energy for the field, and believe that I bring this to all of my interactions with other professionals.
Discipline	I am very disciplined, dedicated, and work hard. I set deadlines for myself and work very hard to meet them.
Communication and interpersonal skills	I believe that communication is key to all interactions in life, whether they are professional or personal.
Experience with ESG or other honor societies	I have been serving ESG locally and nationally for 10 years.
Experience in organizational work	I have served on committee's and taskforces for the past 10 years at the state and national level. I was heavily involved in Ohio SOPHE when I lived in Ohio. I have been serving ESG for a decade, American College Health Association for 7 years, SOPHE for 4-5 years, as well as the Association of College Student Personnel (3 years) and NASPA (3 years).
Positive teamwork experience	I like to work in teams and believe that this leads to more diverse outcomes. I have served as a member of research teams, grant writing teams, and service related teams such as the ESG 50 <sup>th</sup> Anniversary Gala Planning Sub-Committee. Please see my attached CV for more detailed information.
Problem-solving and decision-making skills	When dealing with problems or making difficult decisions, I seek advice from mentors and leaders in the field. I then weigh all of the information gathered, and make the most ethical choice possible that will best serve me in the role I serve.
Time management and organizational skills	I do love lists and spreadsheets! I am able to do a lot of service while balancing my teaching load and research because I plan my time and then I really work my plans.
Record of responsibility	This is best evidenced in my attached CV.
Working with diverse groups	I believe that equity and inclusion is an integral part of what I my role in our field involves. I believe that everyone has the right to not only access good health education, but to truly understand it and be able to employ skills to make their lives better. I am one of 12 (out of 591) faculty members at SUNY Cortland who was appointed by our Provost to conduct a needs assessment AND created a plan to increase equity and inclusion within our classrooms on campus. This is one of the highest honors I have received in my early career.
Other	Please see my CV for other information.