

**ETA SIGMA GAMMA**  
**2009**  
**CHAPTER ANNUAL REPORTS**



**ETA SIGMA GAMMA**  
**NATIONAL OFFICE**  
**2000 UNIVERSITY AVENUE**  
**MUNCIE, IN 47306**  
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<b>Chapter Reporting</b>	<b>Person Submitting</b>	<b>Title</b>
<b>Alpha-</b> Ball State University	Eric Manor	President
<b>Epsilon-</b> University of Maryland College Park	Wambui Kiruthi	President
<b>Eta-</b> Central Michigan University	Katie Jourdan	President
<b>Iota-</b> The University of Toledo		
<b>Lambda-</b> Indiana State University	Maureen Johnson	Faculty Sponsor
<b>Nu-</b> Indiana University	Kayla Stockert	President
<b>Pi-</b> Western Illinois University	Stacey Deneen	President
<b>Rho-</b> Kent State University	Heather Hopkins	President
<b>Sigma-</b> James Madison University	Melissa Carrithers	President
<b>Phi-</b> University of Northern Colorado	Curtis Harrod	President
<b>Alpha Alpha-</b> Southern Illinois University Carbondale	Jevonne Bradley	Secretary
<b>Alpha Gamma-</b> University of North Florida	Julie W. Merten	Faculty Sponsor
<b>Alpha Theta-</b> Adelphi University	Dr. Stanley Snegroff	Faculty Sponsor
<b>Alpha Pi-</b> Texas A&M University	Megan March	President
<b>Beta Alpha-</b> University of Minnesota Duluth	Dr. Georgia Keeney	Faculty Sponsor
<b>Beta Delta-</b> Eastern Michigan University	Dr. Joan Cowdery	Faculty Sponsor
<b>Beta Kappa-</b> Minnesota State University	Judith K. Luebke	Faculty Sponsor
<b>Beta Nu</b> – Eastern Illinois University	Kathleen Phillips	Faculty Sponsor
<b>Beta Phi-</b> University of Wisconsin-LaCrosse	Stephanie Navarre	President
<b>Beta Chi-</b> University of Alabama-Birmingham	Lasonja Kennedy	President
<b>Beta Psi-</b> SUNY Brockport	Linda Ballog	Faculty Sponsor
<b>Beta Omega-</b> New Mexico State University	Bethany Hammons	President
<b>Gamma Theta-</b> Youngstown State University	Keisha Robinson	Faculty Sponsor
<b>Gamma Kappa-</b> Liberty University	Dr. Jeffrey Lennon	Faculty Sponsor
<b>Gamma Mu-</b> Western Michigan University	Dr. Amos Aduroja	Faculty Sponsor
<b>Gamma Xi-</b> East Stroudsburg University	Amanda Bush	President
<b>Gamma Pi-</b> Hofstra University	Dr. Aleta Labiento	Faculty Coordinator

<b>Gamma Rho-</b> Truman State University	Liz Schults	Historian
<b>Gamma Upsilon-</b> Georgia Southern University	Joanne Chopak-Foss	Faculty Sponsor
<b>Gamma Chi-</b> Clemson University	Julie Nance	President
<b>Delta Iota-</b> Southern Connecticut State University	Dr. Sandra Bulmer	Faculty Sponsor
<b>Delta Kappa-</b> University of South Florida	Sarah Doughty	Treasurer
<b>Delta Lambda-</b> Malone University	Dr. Pam Hoalt	Faculty Sponsor
<b>Delta Xi-</b> University of Alabama	Meg Sheppard	President
<b>Delta Omicron-</b> Lamar University	Dr. Barbara Hernandez	Faculty Sponsor
<b>Delta Pi-</b> Bridgewater State College	Danielle DiGiantommaso Nikita Chalke	Co-Presidents
<b>Delta Rho-</b> California State University - Fullerton	Jordan Aquino Nathaniel Napolitano Alicia Bernard	President Vice President Historian
<b>Delta Tau-</b> Columbus State University	Edwina Price	Secretary
<b>Delta Chi-</b> Texas State University, San Marcos	Brittany Rosen	Treasurer
<b>Delta Psi-</b> Northern Illinois University	Nancy LaCursia	Faculty Sponsor

<b>Chapter</b>	<b># of Meetings</b>	<b># of Initiates</b>
Alpha	7	14
Epsilon	12	20
Eta	13	20
Iota	14	12
Lambda	11	14
Nu	8	12
Pi	14	10
Rho	17	18
Sigma	14	9
Phi	11	11
Alpha Alpha	12	14
Alpha Gamma	8	35
Alpha Theta	0	7

Alpha Pi	26	34
Beta Alpha	10	18
Beta Delta	3	7
Beta Kappa	15	13
Beta Nu	10	11
Beta Phi	14	26
Beta Chi	22	11
Beta Psi	Not provided	42
Beta Omega	7	0
Gamma Theta	2	2
Gamma Kappa	4	12
Gamma Mu	30	13
Gamma Xi	3	15
Gamma Pi	Not provided	14
Gamma Rho	8	5
Gamma Upsilon	Not provided	11
Gamma Chi	8	52
Delta Iota	13	16
Delta Kappa	11	10
Delta Lambda	6	7
Delta Xi	12	12
Delta Omicron	20	7
Delta Pi	10	7
Delta Rho	10	43
Delta Tau	5	9
Delta Chi	6	19
Delta Psi	8	36

## **Awards Given by Chapters**

### **Distinguished Service**

**Epsilon**-Tina Madison

**Rho**-Manuella Seher, Tiffany Greene, Sarah Swirsky, Eric Elmore

**Phi**-Curtis Harrod, Jennifer Kennymore, Jessica Pooler, Nora Testerman, Tabria Winer

**Alpha Gamma**-Marissa Dirlam

**Alpha Pi**-Jessica Tarabay

**Beta Nu**-Emily Kuhn

**Gamma Mu**- Ryan Clements, Meghan Airgood

**Gamma Pi**-Eric Immerman

**Delta Rho**-Mary Ann Boyce, Samantha Humphries, Erin Morgan, Autumn Proctor

**Delta Chi**- Brittany Rosen

## Honor Award

**Epsilon**-Eboni Jeter

**Eta**-Helen Lee

**Rho**-Stacy Lynn Wilson, Lauren Sponseller, Kristina Knight, Joann Randall

**Alpha Pi**-Laura Hughill, Erica Sosa

**Beta Nu**-Paula Parker

**Beta Chi**- Dr. David Macrina

**Gamma Pi**-Sarani Rajput

**Delta Kappa**- Alison Oberne

**Delta Rho**-Angelica Barrera-Ng, Nathanael Napolitano, Nancy Just

## Honor Key Recipients

**Rho**-Colleen Brady

**Alpha Pi**-Ashlee Dugger, Joy Ladd

**Beta Delta**-Susan McCarthy, Christine Karshin, Kay Woodiel, Joan Cowdery

**Beta Nu**-Rebecca Ruggeri

**Gamma Mu**- McKenna Collins

**Gamma Pi**-Naveed Iqubal

**Delta Rho**-Nancy Just, Jeffrey Silberman

**Delta Chi**- Mitchell Keogh

## Special Awards

None

<b>Chapter Officers</b>	
<b>Key</b>	
President – P	
Vice President – VP	
Secretary – S	
Treasurer – T	
Historian – H	
Other – O	
Faculty Sponsor – FS	
Alpha	Eric Manor, P Janet Kamiri, VP Ashley Farmer, VP Tess Gordon, S/T Lauren Clark, S/T Dr. Rebecca Brey, FS

Epsilon	Wambui Kiruthi, P Tiffany Soo-Tim, VP Rubie Hessing , VP Aisha Hasan, VP Jocelyn Mckenzie, VP Jane Oh, S Amy Tse, T Dr. Sharon Desmond, FS
Eta	Katie Jourdan, P Erin Grezeszak, VP Cassandra Fisher, VP Kristin Porubsky, VP Kendra Welling, T Danielle Schmidt, S Emilee Sweet, H Dr. Irene O'Boyle, FS
Iota	Philip Welch, P Brad Davidson, VP Elizabeth Greer, S/T Amy Thompson, FS
Lambda	Chiara Rodgers, P Katie Ehrnwald, VP Ashley Morrissey, S/T Megan Reed, T Candace Florence, H Maureen Johnson, FS Matt Hutchins, FS Yasenska Peterson, FS
Nu	Kayla Stockert, P Emily Erdmann, VP, S/T Rebecca Prokopiak, S/T Dr. Trent Applegate, FS
Pi	Stacey Deneen, P Jodi Blatner, VP Jessica Janowiak, S/T Melissa Benwitz, H Kourtney Knox, O Rachel Borsellino, T Nancy Parsons, FS
Rho	Heather Hopkins, P Julie Diatchenko, VP Amanda Raines, S/T Angie Backus, H Colleen Brady, O Laurie Wagner, FS
Sigma	Melissa Carrithers, P

	Jenna Molinaro, VP Chrysta Terenzi, S Kristen Cartellone, T Theresa Enyeart Smith, FS
Phi	Curtis Harrod, P Tabia Winer, VP Jessica Pooler, S Nora Testeman, T Deborah A. Givray, FS Ashley Walker, FS
Alpha Alpha	Amy Mathes, P Chandrika Johnson, VP Jevonne Bradley, S Brandye Nobiling, T Chandrika Johnson, H Rana Skaf, O Roberta Ogletree, FS
Alpha Gamma	Marissa Dirlam, P Melinda Watkins VP Elizabeth Seou, S/T Julie W. Merten, FS
Alpha Theta	No information provided
Alpha Pi	Megan March, P Christina McCoy, VP Colby Cordray, S Kayla Torres, T Kendal Simpson, H Marah Garcia, H Dr. Matthew Lee Smith, FS Beth McNeill, FS
Beta Alpha	Abbey Linstad, P Andy Cina, VP Ingrid Kezar, S/T Lauren Windschitl, H Dr. Georgia Keeney, FS
Beta Delta	Shannon McIntyre, P Amy Briggs, VP Anna Mihalakis, S Noureen Vaid, T Dr. Joan Cowdery, FS
Beta Kappa	Brianna Hunstiger, P Anna Pfeiffer, VP Jenica Lynon, S/T Judith K. Luebke, FS
Beta Nu	Jenna Manigold, P Biana Reid, VP

	<p>Deborah Syse, VP  Nyisha Hardy, S  Anna Kair, H  Jenn Uhe, T  Kathleen Philips, FS  Sheila Simons, FS  Misty Rhoads, FS</p>
Beta Phi	<p>Stephanie Navarre, P  Gina Nielsen , VP  Molly Teska, S/T  Katie Hogberg, H  Dr. Keely Rees, FS  Dr. Marcie Wycoff-Horn, FS</p>
Beta Chi	<p>Lasonja Kennedy, P  Donna Burnett, VP  Sonya Harding, S/T  Tiffany Hearn, T  David Macrina, FS</p>
Beta Psi	<p>Dr. Linda Balog, FS</p>
Beta Omega	<p>Bethany Hammons, P  Janet Sanchez, VP  Crystal Moran , S/T  Dr. Rebecca Palacios, FS</p>
Gamma Theta	<p>Carolyn Serenko, P  Dr. Keisha Robinson, FS</p>
Gamma Kappa	<p>Jenna Crabtree, P  Katie Thibault, VP  Danielle Cross, S/T  Sneata Kachhepati, H  Patricia Brearly, O  Dr. Jeffrey Lennon, FS</p>
Gamma Mu	<p>Amber Duddy, P  Ryan Clemments, VP  Karen Degraaf, S  Wendy Baetens, H  Nicole Thompson, T  Dr. Amos Aduroja, FS  Dr. Marianne Frauenknecht, FS</p>
Gamma Xi	<p>Amanda Bush, P  Marissa Favata, VP  Nadean Scott, S  Whitney Kostick, T  Siobhan Groft, H  Dr. Steven Shive, FS</p>
Gamma Pi	<p>Eric Immerman, P  Shavani Rajput, VP</p>



	Kristina Kanaras, S/T, H Dr. Aleta Labiento, FS
Gamma Rho	Wes Chew, P Rebecca Verhaeghe, VP Nancy Johnson, S/T Liz Schulte, H Julie Hasken, H Leslie Moss, T Carol Cox, FS
Gamma Upsilon	Ashley Blount, P Jessica Spaleta, P Adam Pulver, VP Tara Jones-Lawrence, S/T Heather Miller, H Joanne Chopak-Foss, FS
Gamma Chi	Julie Nance, P Meredith Faulling, VP Amber Kirchner, S/T Dr. Sarah Griffin, FS
Delta Iota	Courtney Martin, P Susan Hurt, VP Greta Roberts, S/T Haley McCarthy, H Sandra Bulmer, FS
Delta Kappa	Leah Phillips, P Tamara Looney, VP Sarah Doughty, T Kamilah Thomas, H Eric Buhi, FS
Delta Lambda	Tristyn Tovissi, P Amanda Pullinger, VP Ruby Olander, S/T Joy Rhodes, H Nicky Sisson, T Dr. Ken Hoalt, FS Dr. Pam Hoalt, FS
Delta Xi	Meg Sheppard, P Stephanie Baller, VP Randi Henderson, T Stellina Aubuchon, S Lori Turner, FS
Delta Omicron	Ashley Perkins, P Haron Siringi, VP Stephanie Liscano, S/T Lisa Parker, H Dr. Barbara Hernandez, FS

Delta Pi	Danielle DiGiantommaso P Nikita Chalke P Meghan Ahearn, S Sherene Burgess-Robinson, T Dr. Lydia Burak, FS
Delta Rho	Jordan Aquino, P Nathanael Napolitano, VP Stacie Lomibao, S Alicia Bernard, H Christina Basham, T Dr. Michele Mouttapa
Delta Tau	Shelly Holt, P Kathleen Schmeier, VP Edwina Price, S Rachel Holmes, T, H Dr. Tara Redmond, FS
Delta Chi	Stefanie Perry, P Brittany Rosen, VP Angie Ventura, S Dr. Kelly Wilson, FS
Delta Psi	Zach Jones, P Cara Coyne, VP Katie Shebesta, S/T Kirk Cagle, S/T Kate Swithin, H Nancy LaCursia, FS

## **Events and Activities of the Chapters**

### **Alpha-Ball State University, Muncie, IN**

- March of Dimes: Our chapter co-sponsored a 5k walk on Ball State's Campus with the March of Dimes to help raise money and awareness for premature babies.
- Cancer Fundraiser: Our chapter organized a bowling fundraiser. Our chapter donated all donations to Ball Memorial Hospital Cancer Foundation.
- Sponsored a Guest Speaker: Our chapter invited and facilitated a presentation by Indiana State Senator Sue Errington.

### **Other Activities**

- Our chapter participated with the Muncie Family YMCA "America on the Move." The program offers the public incentives for becoming active.
- During the holidays our chapter participated in a food drive with the Salvation Army.
- During the holidays our chapter sponsored a child at the Muncie Boys and Girls Club.
- Our chapter hosted a social gathering with the national ESG officers.

- Our chapter owns a section of HWY 332 in Muncie, Indiana through the Adopt a Highway program. Our chapter cleaned trash from this section of the highway.

**Epsilon-** University of Maryland, College Park, MD

- Holiday Food and Clothing Drive for Community Ministry of Prince George's County-Seat Pleasant, MD We sponsored a winter food and clothing drive during the holiday season. Collected non perishable foods and warm clothes for the Community Ministry of Prince Georges County in the City of Seat Pleasant in Maryland ([www.cmpgc.org](http://www.cmpgc.org)).
- World Aids Day Awareness Campaign - Assembled condom-pops and information to distribute during World Aids Day Event collaboration with other student organizations outside our Student Union. We also developed various HIV/AIDS fact stickers to attach to condom-pops and lollipops, as well as handed out additional flyers and info, courtesy of Advocates for Youth.
- Pink Donut Campaign - This was a health promotional event held during UMD's Minority Health Fair to distribute information about HPV and cervical cancer detection and prevention. The pink donut theme was used because HPV infects the cervix, which has been visually described as a pink donut. ESG members handed out informational materials, donuts, condoms, etc... to students on campus.

Other Activities:

- Breast Cancer Walk, Diabetes Walk, Lupus Walk, Epilepsy Walk: all these walks were done in Washington DC during the course of the year.
- HSC Pediatric Center Basketball Tournament  
What: Kids in Action Mini March Madness Shootout need volunteers to help with one-on-one coaching with the children. Other tasks include: assisting with registration, 1:1 assistance with the kids on the court (if they need extra help), cheering the kids on, and etc.
- Best Buddies  
Join Best Buddies supporters from across the state to help raise awareness and funds for Best Buddies Maryland. The event will include a fun walk (approximately one mile) around University of Maryland, College Park and will end at Ritchie Coliseum for the 14th Annual Friendship Games! Prizes will also be awarded for the top individual fundraiser and top team fundraiser! Together we can make a difference in
- YMCA Fall Harvest  
At this event people come out and play the many different games and donate perishable items to the food drive that will all be collected and given to pre-selected families in the community so that they too may have a wonderful Thanksgiving dinner
- YMCA Healthy Kids Day  
on Saturday, April 18th, YMCA Youth & Family Services and Alexandria YMCA of Metropolitan Washington hosted their annual Healthy Kids Day. The event took place in Alexandria, VA 10am-2pm and where ESG members help the community in the celebration of health and well-being for kids and their families. We helped with set up, break down, monitoring activity and game stations, arts and crafts, and lots more.
- University of Maryland Maryland Day  
ESG Members helped at the School of Public Health Tent (10am-4pm) on McKeldin

Mall. We volunteered to facilitate games, distribute prizes, talk with participants about health issues and departmental programs, ask children and adults health-related questions and reward correct responses.

- **Terp Weekend of Service**  
ESG members volunteered with Whitman-Walker clinic to prepare safe-sex kits and learned about the prevalence of HIV/AIDS in the Washington DC area.  
ESG members volunteered with the YMCA to help families with reorganizing and cleaning their homes for the spring.

**Eta-** Central Michigan University, Mt. Pleasant, MI

- **National Health Education Week** - Our goal was to inform the CMU community about ESG's chosen topic "Sun and how it Affects Your Skin." We focused our research and education on sun damages and its effects on skin aging. In addition, we had a service activity at the Laurels of Mt. Pleasant by hosting a Spa Day for residents by painting their nails and giving hand massages.
- **Fall Into Health Fair** - The FIHF is for students and faculty to learn about different health issues with various student and community organizations providing information. Eta had a table themed "A Trail to a Healthy Life." We provided hiking trail information for around Michigan and helped participants make their own trail mix.
- **World AIDS Day**- Made red ribbons with an attached piece of paper that had facts and statistics about HIV/AIDS. We handed them out at the University Center to passing faculty, students and community members.
- **Eta Goes Green** - A semester long goal of Eta Sigma Gamma was to make all events "green" by: not using paper agendas, buying 'recycled' apparel, not printing e-board minutes, doing green research, having recycling fundraisers, utilizing Blackboard and email, printing on recycled paper, etc.
- **Gift of Life: Campus Challenge** - Participated in a healthy competition with 17 other Michigan Colleges/Universities to get people registered as organ and tissue donors. We were able to help get 212 people registered and were ranked 4th overall in the competition.
- **AIDS Memorial Quilt** - We provided the opportunity for the CMU and Mount Pleasant Communities to view 8 panels of the AIDS Memorial Quilt as a part of Sexual Health Awareness Week.
- **"How Green Are You" Survey** - Gammans as well as their friends were asked to complete this survey that had 10 basic questions on the details of how "green" each individual is; 50 people completed the survey.
- **Relay-for-Life** - We were able to raise \$725 for Relay-for-Life. Our theme for Relay was "Eta Goes Green with Captain Planet" and we sold baked goods and "Green is Sexy T-shirts"
- **Carbon Footprint Questionnaire** - Gammans were asked to research different ways to calculate their carbon footprint on the internet. After calculating their footprint and reviewing their results, they completed a questionnaire.
- **Eta Sigma Gamma Goes Green SCREE** - We created a research poster to display at the annual Student Research and Creative Endeavors Exhibition. Our poster displayed the research we completed in the spring semester ("How Green Are You", Carbon Footprint,

etc) as well as the ways that CMU is becoming an "eco-friendly" campus and how are chapter went "Green".

#### Other Activities:

- Adopt-A-Highway Clean Up (Fall and Spring) - Cleaning up Eta Sigma Gamma's mile strip of highway on U.S. 127. There was a social following clean up at a local restaurant.
- New Member Social - This activity was to welcome individuals who wanted to join ESG. We had food and get-to-know you activities.
- Haunted Forest - Several Gammans volunteered with the Saginaw Chippewa Indian Tribe at a Haunted Forest to support The American Indian Sobriety Movement.
- Uncle John's Cider Mill - Gammans were able to go to a local Cider Mill to enjoy each other's company along with cider and donuts.
- Professional Development - A staff member from CMU Career Services came to speak to us about interviewing tips.
- Thanksgiving Dinner - A potluck Thanksgiving Dinner and movie for gammans.
- Adopt-A-Family - ESG adopted a family in the Mount Pleasant area for the holiday season. By adopting this family of three, members of Eta pledged to support the family by providing them with the basic needs as well as gifts they would otherwise not be able to afford.
- The 15th Annual Elizabeth Lockwood Wheeler Lectureship Series: Characteristics of Effective Health Education Curricula - Susan K. Telljohann, HSD, CHES - Annual Lectureship to provide Gammans as well as other CMU students the opportunity to attend a speaker on health education related topics.
- American Red Cross Blood Drive - ESG members helped the American Red Cross with their blood drive by unloading reloading, greeting and registering donors and sitting at the refreshment table.
- Tie-Dye Social - We tie-dyed t-shirts to wear at Relay-for-Life.
- "Green is Sexy" Fundraiser - sold green t-shirts around St. Patrick's Day to raise awareness about becoming green.
- The 12th Annual Loren Bensley Awards Banquet - Annual end of the year banquet to honor Dr. Loren Bensley for starting the Eta Chapter of ESG at CMU and to recognize members of Eta on their hard work throughout the year.
- HIV/AIDS Testing - Gammans volunteered at the HIV testing hosted by CMU Health Services by checking people in and making follow up appointments for those individuals who were tested.
- End of the Year Bash/Road Rally - One last social for the end of the year that included dinner and a scavenger hunt around Mt. Pleasant.
- Recycling Fundraiser - We collected ink cartridges and cell phones throughout the spring semester and sent them in for money. We used the Funding Factory website. Our goal was not only to raise money but to recycle used ink cartridges and cell phones instead of throwing them away and to help promote going green.

**Iota-** The University of Toledo, Toledo, OH

- Rake and Run - The members of Eta Sigma Gamma-Iota Chapter went out to the local neighborhood (Old Orchard) and raked yards for the elderly on an afternoon. The members would pass out flyers that they developed on health topics to the home owners. This activity is a combination of service and education that Eta Sigma Gamma is providing to the communities surrounding the University of Toledo.
- Adopt-a-Family - We were able to raise \$2,000 for four families that we bought presents for them based on their own personal needs. The gifts were wrapped at a social event and then personally delivered to each of the participating families.
- Susan G. Komen Race for the Cure - We developed and passed out surveys to breast cancer survivors. The surveys were then recorded for data and an article was written for possible publication in the Eta Sigma Gamma Monograph. This is an example of Eta Sigma Gamma-Iota Chapter working for furthering the field through research and education.

Other Activities:

- Social Event - Hallo-weekend at Cedar Point. Eta Sigma Gamma members drove to Cedar Point and spent the evening riding coasters and enjoying the company of each other while working on their interpersonal communication skills.
- Advising Night - Eta Sigma Gamma - Iota Chapter coordinated an advising night for program majors and interested students to meet with the professors in the school and community health education programs respectively.
- Created an Eta Sigma Gamma - Iota Chapter Travel Grant - The money was funded through fundraises that we developed and put on during the school year. The members of Eta Sigma Gamma-Iota Chapter then applied for this travel grant. The travel grants were then awarded to those students to help attend national conventions and conferences across the United States such as the American Alliance for Health, Physical Education, Recreation and Dance in Tampa, Florida.

**Lambda-** Indiana State University, Terre Haute, IN

- First initiation since Spring 2004 semester. Fourteen new members were initiated November 9, 2009.
- This was the first time the Chapter had initiated new members in four years
- Several members of the Lambda Chapter participated in the Vigo County Minority Health Summit during the Fall 2008 semester. The Chapter will continue to support the efforts of the Vigo County Health Coalition in the future.

Other Activities:

- Spring Picnic: Social activity.

**Nu-** Indiana University, Bloomington, IN

- Brownie's Math and Science Day: Taught health related topics to the Brownie Girl Scouts from Bloomington and surrounding areas. Participants from our chapter were

placed into five different groups, each group having a food group as their topic. Throughout the event girls scouts cycled through our room and were taught important information for each food group.

- Ruth Lilly Overnight: Taught junior girl scouts health related lessons during an overnight trip in Indianapolis at the Ruth Lilly Center. Each lesson lasted around 20-25 minutes.
- BAT Program: Basic aid training provided to elementary school students during lessons administered by ESG members.

#### Other Activities:

- T-Shirt making event: As opposed to ordering ESG t-shirts this year, we held a t-shirt making social before a meeting with pizza and music to get to know each other better.
- CAPS Screenings: Helped pass out fliers for the university's behavioral health department for screenings on campus.
- A few members attended the ASHA Annual conference along with the National ESG meeting.

#### **Pi-** Western Illinois University, Macomb, IL

- We conducted two blood drives. In both drives we achieved our goals of receiving over 30 acceptable, blood donations. We recruited students from campus, faculty members, and friends.
- We made Valentine's Day cards for members of the nursing home and hospitals.
- We conducted two highway clean-ups.

#### Other Activities:

- We had a speaker come talk to us about Environmental concerns with pesticides and other aspects of agriculture.
- We participated in Relay for Life.

#### **Rho-** Kent State University, Kent, OH

- Earth Day Campus Event on April 22- ESG members educated students on campus on tobacco litter and the importance of recycling plastic bags. We had someone dressed up in 500 plastic bags to visually show students how many plastic bags are thrown away by an average family every year. We also distributed 150 reusable shopping bags. In addition, we had a life size cigarette "Betty Butt" distributing tobacco butt receptacles made from film canisters. Betty Butt educated students on the importance of properly disposing cigarette butts and littering.
- Earth Day Community Event on April 25- ESG members attended a community event in downtown Kent with Betty Butt and the bag monster. ESG members educated community members once again on tobacco litter and the importance of recycling plastic bags. 200 reusable shopping bags were distributed at this event along with the tobacco butt receptacles and literature on both issues.
- On Oct. 23 Sue Johanson came and spoke at Kent State. During her event we distributed 200 condom flowers which equals out to giving out 1000 condoms to students. ESG

members made flower condoms with condoms and tissue paper. On the leaves of the flower was information about ESG and when our meetings are.

- SYRF (spiritual youth for reproductive freedom) is an organization that ESG collaborated with and held an event where there was a clergy panel present that talked and educated students.
- ESG helped out with another SYRF event where students were educated on comprehensive sex education issues. Students were shown video clips of Shelby Knox and discussions followed. ESG members helped out with an outreach table with SYRF and Planned Parenthood information. We also distributed condoms.
- ESG member attended lobby day in Columbus, OH and met with state legislators to discuss comprehensive sex education in schools.
- A speaker spoke on World AIDS Day (Dec. 1) educating students on HIV/AIDS. ESG members held an outreach table with red ribbons and condom flowers that were distributed to students.
- ESG members collected canned food and clothing for Violet's Cupboard which is an organization that works with people living with HIV/AIDS.

#### Other Activities:

- Two ESG members and 5 ESG faculty members attended the ASHA conference and the national Eta Sigma Gamma conference from Nov. 12-15.
- Three ESG members attended the Advocacy Summit in Washington D.C. Feb. 21-23. They met with six different national legislator offices. These members also advocated for the increase of CDC money for health initiatives.
- We had one ESG member go to the Advocates for Youth- Advocacy training Sept. 12-14 in Washington D.C. The training consisted of lobbying for sexuality education (Real Act) and met with national legislator offices.
- On Oct. 7 during one of our meetings we had faculty come as guest speakers. Faculty members spoke to ESG members about professionalism in the health field and conferences.
- Dec. 2 we held a holiday party for all ESG members.

#### **Sigma**-James Madison University, Harrisonburg, VA

- Trojan Evolve Tour: (10/17/08) The Sigma Chapter hosted a tour to raise awareness about safer sexual practices sponsored by the Trojan Condom Company. The tour consisted of a large bus with information, pledges to always have safe sex, games outside to teach students facts about STIs, and unsafe sexual practices. Condoms and prizes were handed out to students. The tour provided an informative environment for students to learn while having fun.
- Can It: (3/31/09) A third annual campus-wide benefit concert was held to raise cans and money to be donated to people in need in the Shenandoah Valley. The concert raised over 200 cans and \$30. All proceeds collected were donated to the Blue Ridge Area Food Bank. Collaborative efforts on the JMU campus included other organizations, Madison Project, The Latin Dance Club, JMU Dance Company, and the Overtones.



- **Distracted Driving Day: (4/6/09)** Distracted Driving Day was organized by our ESG advisor, Dr. Enyeart Smith and another JMU professor, Dr. Wessel to educate JMU students about distracted driving behaviors and the consequences that can result. A table was reserved on campus where students were asked to fill out surveys pertaining to distracted driving behaviors. Treats were given to those who filled out the survey. A poster, balloons, and fliers were also displayed on the table to inform students that were unable to fill out the survey.

#### Other Activities:

- **Student Organization Night: (9/2/08, 1/26/09)** The Sigma Chapter set up a booth at JMU's annual Student Org. Night to recruit new members for the JMU Sigma Chapter. Interested students were able to ask questions to the Sigma Chapter executive members and a poster board was developed explaining the purpose of Eta Sigma Gamma and its goals. Flyers were also handed out at the event.
- **Nutrition, Safety, and Hygiene Presentations: (9/29/08, 10/2/08)** On two different presentations, 5 members of the Sigma Chapter visited the Harrisonburg Boys and Girls Club to interact with the children and teach them about proper nutrition, fire, bike, and stranger safety, and hygiene. The children were taught lessons and games were played with the children to reinforce the material. To teach nutrition, healthy snacks were made with the children that made nutrition fun and tasty!
- **UNICEF Donation Tables: (10/29/09, 10/30/09)** Tables were set up on JMU's campus to collect donations for the UNICEF foundation and to raise awareness of the many ways the foundation can help children in need. Over \$50 was raised for UNICEF and information was available at the table for students to take on how the proceeds will be used to help children.
- **5K Walk/Run: (12/6/08)** A 5K walk/run was co-sponsored with Health Administration Student Association to provide the community with a healthy recreational alternative. Over 60 people signed up to participate in the walk/run. Donations were collected from local organizations to give as prizes to the first, second, and third place runners.
- **Condoms and Kisses: (2/12/09 and 2/13/09)** Tables were set up around JMU to promote safer sex practices and awareness. Fliers, condoms, and Hershey Kisses were handed out to promote sexual awareness. The condoms were donated from the Trojan Company for our cooperation with the Trojan Evolve Tour in October.
- **Pink Basketball Games: (2/12/09 and 2/19/09)** Members of the Sigma Chapter participated in an event to raise awareness about breast cancer. Three to four members each night worked at a table to hand out information about breast cancer detection, pink ribbons, and information about ESG.
- **JMU Recreation Center Health Fair: (2/24/09)** ESG participated in a health fair held by JMU's recreation center. The Sigma chapter made a tri-fold poster and information to hand out to students about Ways to Relieve Stress.
- **Promotions Group Class: (3/3/09)** During a biweekly meeting, the members of our chapter participated in a group fitness class. The class incorporated working out with group bonding.
- **Initiation Dinner: (4/22/09)** All Sigma Chapter members were invited to the annual initiation dinner to recognize all new members with their Eta Sigma Gamma certificates

and pins. Senior ESG members were also presented with ESG cords for graduation. A lasagna dinner was served to the members by the executive board.

**Phi-** University of Northern Colorado, Greeley, CO

- 9 Health Fair
- American Cancer Society: Relay for Life
- Bake Sale
- Boys and Girls Club Youth Tobacco Coalition
- Cans to Candelaria
- Denver Diabetes EXPO
- Right to Read Health Fair
- Taste of Weld County
- Weld County Food Bank

Other Activities:

- Center for Peer Education
- Child Advocacy Resource and Education Inc.
- Harvest Cart
- Tobacco Free Weld County Coalition

**Alpha Alpha-** Southern Illinois University, Carbondale, IL

- Spring 2009 Initiation- Alpha Alpha initiated 14 new members and held a reception following the ceremony.
- Russell Symposium- Poster sessions for research projects Foundations of HED II students created poster boards on selected health topics. The guest speaker spoke on global health issues and refreshments were served following the presentations. Eta Sigma Gamma co-sponsored this event with the Department of Health Education & Recreation.
- "Spring into Health" health fair with several vendors from the campus wellness center and free health screenings from community health agencies.

Other Activities:

- Alpha Alpha was awarded the Outstanding Program Event Award for the "Spring into Health" health fair. This award came from the Southern Illinois University-Carbondale Registered Student Organization.
- Alpha Alpha chapter prepared monthly health education bulletin boards. Each month a new health topic was displayed to promote health screenings and healthy lifestyles. Examples-October- Breast cancer awareness bulletin board, December-AIDS awareness bulletin board.
- Professional Development Presentation- Dr. Ogletree presented academic letter of recommendation information for the chapter.
- Guest Speaker- Edith Ng'oma from the Center of Rural Health presented a Live Free - Tobacco Free training opportunity.
- Guest Speaker -Dr. Ritzel presented health education travel opportunities in Germany.

- ESG Spring social -This social served as our final social. Certificates for outstanding service were distributed.

**Alpha Gamma-** University of North Florida, Jacksonville, FL

- Race for the Cure - 15 Gammans raised \$1200 for the Susan G. Komen Race for the Cure.
- American School Health Association Annual Meeting. 7 Gammans traveled to Tampa, FL for the ESG/ASHA meeting. The students served as Student Room Monitors.
- Brooks Clubhouse Service - 8 Gammans visited the local Brooks Clubhouse for members with severe brain and spinal cord injuries. Gammans planted flowers, made crafts and conducted a stretching workshop with the members.

Other Activities:

- Spring Induction Ceremony - 15 students were inducted into ESG at a formal Induction luncheon.

**Alpha Theta-** Adelphi University, Garden City, NY

- No information provided.

**Alpha Pi-** Texas A&M University, College Station, TX

- KEYS Girl's Initiative (Research, Service, Education, Fundraising): Health education program utilized mass and sub-group rotating sessions to introduce and reinforce 5 lessons to young girls in grades 3, 4, and 5. The program was conducted by the Gammans and College Station Police Department representatives who taught participants about topics including: nutrition, physical activity, hand washing, anger management, and bullying prevention.
- Mother's Group (Education): ESG members hosted educational sessions about first aid, child-proofing in the home, child nutrition, and breast cancer to mother's in the Bryan/College Station community. ESG members created educational materials (PowerPoint presentations and handouts) and delivered sessions to participants.
- Monthly Bulletin Board (Education): Each month 2-4 ESG members developed an educational bulletin boards based on predetermined topics in accordance with national health observances and timely issues. Examples of topics posted on the bulletin board include: breast cancer awareness, nutrition, spring break safety, and skin cancer.

Other Activities:

- "Learning by Doing" Research Training (Research): The purpose of this research training was to introduce and engage undergraduate and graduate student in the process of health education research. The training session was designed to educate

participants on 10 relevant and important components of the research process.

- Volunteering at the Lincoln Center (Service): The Gammans periodically volunteered at the Lincoln Center (where the KEYS Girls' Health Initiative was hosted) in efforts to familiarize themselves with the potential attendees of the KEYS Girls' Health Initiative.
- Big Event (Service): Annually, Texas A&M puts on a community wide service project which ESG participated in this year. ESG was split into two groups who were in charge of assisting older citizen complete tasks around her house and painting the outside of a daycare center.
- "Flight of the Flock" (Fundraising): The Gammans decorated faculty office doors with pink flamingos and feathers to fundraise for the upcoming KEYS Girls' Health Initiative. Attached to the door were instructions on how to have them removed once a monetary "ransom" was paid. The faculty member could then send the flock to another faculty member's door. The flock was only moved if donations were made (unless the faculty member did not want to participate). This was continued for two months, and the flock traveled campus wide. Gammans rose over \$250 with a minimal investment of \$40.
- HIV/AIDS Fashion Show & Health Fair (Education/Service): Eta Sigma Gamma partnered with Aggie REACH (another health education organization on campus) to conduct the first annual HIV/AIDS Fashion Show & Health Fair, which aimed to raise awareness and promote prevention of HIV/AIDS. Eta Sigma Gamma hosted a booth where educational materials were discussed and distributed with attendees on sex education and HIV/AIDS.

#### **Beta Alpha-** University of Minnesota Duluth, Duluth, MN

- Held Open House in early Sept. to welcome freshmen, recruit new members, discuss chapter activities. Provided snacks.
- Held two new member initiations - one in Fall and one in Spring. Held these at Dr. Keeney's house and ate dinner together.
- Participated in Relay for Life - sponsored a team and fundraised for cancer research. Event held at UMD.
- Three members attended AAHPERD Convention in Tampa, FL. One member received UMD health education major of year award (Heidi Hale) and was recognized at convention.

#### Other Activities:

- Spring Break Safety Tables - educated UMD students about how to stay safe on spring break. Designed and distributed brochures
- Guest speaker - an ESG/UMD alumnus made a presentation about interning in a foreign country.
- Adopt-a-highway clean up - done in fall and spring at our designated 2 miles. Followed this with an end of the year Subway party and made plans for next year's activities and officers.
- UMD Health Services Student Health Fair (12/08) - set up two booths and yogi try-it for students to learn about stress management.

**Beta Delta-** Eastern Michigan University, Ypsilanti, MI

- Created and maintained an ESG bulletin board which included general health information, ESG membership information and ways to get involved in the charitable activities (see heart walk).
- Tribute heart fund raiser to raise money for the American Heart Association Heart Walk.
- Raised a total of \$857.27 for the American Heart Association and entered the only student led team in the walk.

Other Activities:

- None

**Beta Kappa-** Minnesota State University, Mankato, MN

- "Rake the Town" Service activity for community senior citizens
- Participation in university Health & Wellness fair educating about sun safety & skin cancer
- Open House for Recruitment of new initiates

Other Activities:

- Participation in Relay for Life (American Cancer Society)
- Service activity of dog walking at local animal shelter

**Beta Nu** – Eastern Illinois University, Charleston, IL

- Sicko - ESG officers facilitated a panel discussion after a campus viewing of the Michael Moore Documentary.
- ISOPHE Podcasts - several members produced a recruiting podcast doe ISOPHE.
- Great American Smoke-out - members volunteered for shifts at a table in the Student Union.
- “Don’t Gamble With Your Health!” - campus-wide health fair - organized exhibits and booths.

Other Activities:

- Cigarette butts clean up day - Kick Butts Day - members volunteered to help teach the community children about the dangers of smoking and quitting tips for parents.
- EIU Foundation Day - members presented information about health studies major to potential new and incoming students.
- Clothing and food drive - organized for the community for the Christmas season.

**Beta Phi-** University of Wisconsin- La Crosse, WI

- Safe Spring Break Party: The safe spring break party was a great success this year. This is the second year we did this program. The programs designed to prepare students to be safe and make smart choices on Spring Break. There are informational booths, games, educational sessions, and giveaways of sun block, condoms, and of course t-shirts!
- Rotary Lights - helping in the community (Christmas display) This is an annual event we do each year to help the La Crosse area put up the lights display in the park. We get involved in the community and use our muscles to help make the city's display beautiful. We also get to set up a tree and this year we decorated it with health facts that were laminated and colorful so people would also learn as they enjoyed the lights.
- Blood Drive: This year we decided to hold a blood drive to help out people in our community! The blood drive took place on campus and we promoted it all around the community and campus. The blood drive took place the Friday before Easter so this hurt our turnout but we still had 30 show up to donate

Other Activities:

- Professional Communication prep
- We had a previous member of Eta come back to teach us some communication skills regarding interviewing and conference professionalism. Other community health education majors were welcome to join us learn.
- We had fun this year creating a cookbook to use as a fundraiser. Each member of the group was assigned group and a section of the cookbook. One of our members created the cover and we sold them at many of our events throughout the semester.
- Initiation Gala- this is our banquet in the beginning of the 1st semester to introduce the new members.
- The gala is also one of our biggest fundraisers because we hold a silent auction where all the members and new initiates work hard to find donated items for others to bid on.
- Exec retreat- At the end of the semester we had a small exec retreat at the Presidents house. There was a pot luck and the advisors came to give us a break down of what they expected for the next semester and we set goals for the next semester.
- Teeter Totter a thon- along with Gamma Sigma Sigma (Service Society) we helped provided volunteers, information about health, and publicity for this event. This is a long standing event and this is the 1st year we became involved. It was a lot of fun to get involved with another group and raise money for the AIDS Resource Center of WI.

**Beta Chi-** University of Alabama-Birmingham, Birmingham, AL

- Blaze the Vote: A campus-wide initiative to encourage student to learn more about the political process and how it impacts health on a variety of levels. Members of Beta Chi ESG organized the event and partnered with students, staff, and faculty from UAB Student Life, campus libraries, the School of Public Health, School of Education, & the campus radio station along with Rock the Vote to register voters and share information.
- Establishment of the Beta Chi ESG Clint Breuss Health Education Scholarship which will be given away annually to a deserving student at UAB (who meet scholarship criteria).

- Red Cross Blood Drive- coordinated and hosted by members of Beta Chi ESG. The drive was a huge success; the Dean of the School even took time to donate blood for such a needy cause.

Other Activities:

- Healthy Snack Sales: Beta Chi members gained permission to set up a table and sell healthy snacks on the floor of the building where vending machines were located with many unhealthy snacks.
- Monthly Health Awareness Campaign: Each month information was posted within the School of Education and sent via email to all members on a health topic or issue.
- Into the Streets: Members of Beta Chi joined other student organizations on UAB's campus to work on a local service project. ESG members worked at a local preserve.
- Susan G. Komen Race for the Cure: Beta Chi ESG members raised over \$400.00 dollars for the local foundation and participated in the October 5K event held in Birmingham, AL.
- Presentations: Listed in attached newsletter
- Creation of Beta Chi ESG t-shirts for the organization!!!!

**Beta Psi- SUNY Brockport, Brockport, NY**

- Car Wash to raise money

Other Activities:

- None

**Beta Omega- New Mexico State University, Las Cruces, NM**

- Children's Dental Health Month - Worked with on campus student families to promote dental health for children. Worked with Children's Dental Clinic of Las Cruces, received materials and toothbrushes. Provided activities and games from the ADA website. 10 children in attendance.
- Big Event. Provided community service to local businesses and organizations. Members helped paint local school. Worked to level gravel and sanded and repainted metal on play equipment.

Other Activities:

- Bowling night - social event for members. Met at the local bowling alley.
- Cyclovia - members attended and volunteered at the city wide program to promote physical activity in the community. Members played volleyball and worked to encourage participation in the group.
- Aggie Welcome Week members volunteered to give tours and participate in activities with visiting high school seniors. Used the event to promote ESG and the health college.

**Gamma Theta-** Youngstown State University, Youngstown, OH

- World AIDS Day--provided free HIV testing and health promotion materials
- National Public Health Week--provided information regarding public health in a display.

Other Activities:

- None

**Gamma Kappa-** Liberty University, Lynchburg, VA

- "Kick Butts Event" - Participation in Lynchburg City Public School anti-smoking activity, March 25, 2009
- Initiation Ceremony - November 9, 2008

Other Activities:

- None

**Gamma Mu-** Western Michigan University, Kalamazoo, MI

- WASAP: Implemented the WASAP kickoff plan put together by students in 07-08.
- Recruitment/Initiation of members: Fall and Spring semesters recruitment drive and initiation of 13 members. Spoke in classes recruiting new members then held successful initiations.
- Raised over \$500 and walked at the local relay for Life event.

Other Activities:

- Healthier You in Kalamazoo: Worked a booth and health fair: Handing out information on the dangers of tobacco and alcohol at 2 health fairs.
- WASAP-BOB: Organized WASAP Battle of the Band event, an alcohol free fun events in the fall.
- Bronco Bash: Held a booth promoting ESG at annual campus event.
- Alcohol Awareness Month Event: Had a pledge signing event to not drive and drink on campus.
- Attended an Award Ceremony to receive a State-wide Award on WASAP as a model binge drinking prevention project

**Gamma Xi-** East Stroudsburg University, East Stroudsburg, PA

- Sponsored two CPR recertification courses (one in fall and one in spring). Both were taught by Dr. Shive

Other Activities:

- None listed.



### **Gamma Pi** – Hofstra University, Hempstead, NY

- Grant written by Eric Immerman and Shavani Rajput: Aidemocracy funded: Energy Enlightenment Conference held on March 16, 2008 at Hofstra University. Guest speakers included Town of Hempstead Supervisor Kate Murray; Long Island Power Authority; Vice President Barkwill-Physical Plant & J.D. Harris Corp. the largest solar and alternative engineering company in the U.S. More than 500 students and faculty attended. Topics covered were alternative power, heating, of environment/green relate
- Eta Sigma Gamma: Gamma Pi received the Town of Hempstead Community Service Award for this project, and their ongoing Food for Life Project (nutrient rich food drives for food pantries in Nassau County).
- March 17-23: Long Health Advocacy Summit was attended by eight students. Rotary of Babylon and Rotary International fully funded this trip. Our students presented the Children's Playground/Clean water project (FIRST PRIZE); and The Rotary/Gates Polio-Plus Project (THIRD PRIZE). As a result of these impressive awards by Aidemocracy, and Rotary; this fall Gamma Pi and The Health & Wellness Club will sponsor a huge fund raiser at Hofstra University (battle of the bands) and more.

### Other Activities:

- September, 2007 attended dinner/theater (Oklahoma) at Hofstra. October, 2007 Gamma Pi sponsored the Halloween party for Schneider's Children's Hospital. November, 2007 Gamma Pi attended two health conferences. Boston and New York City. November, 2007 Nutrient Rich Food Drive and Thanksgiving baskets for more than 60 families.
- January, 2008 - Gamma Pi prepares for Energy Enlightenment Conference.
- January, 2008 - Gamma Pi students presenting at the London Conference attend several Rotary-Polio-Plus seminars in Plainview, New York and in Babylon, New York. Students begin their fund raisers for The Polio-Plus-Eradication Project.
- February, 2008 - Students decide to include The Children's Playground - Clean Water Project and begin working on this presentation.
- Eta Sigma Gamma: Gamma Pi had a wonderful year, and received the prestigious Nassau County Community Service Award, and the prestigious Environment and Health Literacy Award from Suffolk County, New York Legislator Wayne Horsley. Attached is our 2008 2009 P,Pt presentation.

### **Gamma Rho**- Truman State University, Kirksville, MO

- Support Brokers: After training from UMKC and the Regional Center, worked for disabled clients to negotiate and purchase the health and social services needed for them to be as self-supporting as possible.
- Health Educators for US Army/US Army Reserve Courses: Taught Health education for army life/health topics courses to UA Army soldiers and reservists stations in Greentop, MO.

- Health Educators for Juvenile Center Probation students: Teach Life Skills Learning Class afterschool to youth from area counties who are on probation

**Other Activities:**

- Legislative Advocacy for Quality, Daily Physical Education: Testified and provided educational packets of evidence at MO House of Representatives Committee on Elementary and Secondary Education hearing on HB 509 – Required quality, daily physical education K-8. Lobbied representatives on the Committee, provided testimony in support of the bill, and answered legislators’ questions. Lobbied with American Heart Association on AHA Lobby Day to support the bill.
- ASHA National Conference, Tampa, FL attended, presented their research and program/project posters and oral presentation at the ESG Poster Session and the ASHA poster and teaching techniques sessions, attended and networked at lunches, networked with school and community health professionals, visited the exhibits/vendors, and attended and monitored ASHA sessions/keynotes/breakout sessions
- SOPHE National Annual Meeting and interacted at meeting sessions and SIGs at the SOPHE Annual Meeting.
- AAHE/AHPERD National Annual Meeting attended and interacted at meeting sessions, keynotes, and exhibits at the AAHE/AHPERD National Convention.
- MDHSS- Certified Smoking Cessation Instructors for University Faculty, Staff, and Students: (grant-funded) Implemented, administered, and taught Cold Turkey smoking cessation workshops in the university setting. Program included partnerships with Rider Drug and the Student Health Center for NRT and client referrals.

**Gamma Upsilon-** Georgia Southern University, Statesboro, GA

- Georgia Southern Wellness Fair, Oct. 23, 2008; Bulloch county Relay for Life event, April 17th-18<sup>th</sup>.

**Other Activities:**

- Began a research project to measure perception of risk for Breast cancer among select undergraduate females.

**Gamma Chi-** Clemson University, Clemson, SC

- Initiation: In September, the officers of ESG, current members, and faculty of the Public Health Science department at Clemson held a traditional Eta Sigma Gamma initiation ceremony in which new members were inducted into the Gamma Chi chapter.
- Philanthropy: Our main philanthropy this year was the American Red Cross. Our philanthropy chair scheduled members to sit at booths around campus and in front of the local Wal-Mart. We raised over \$700 and many bins full of supplies. It was quite a success!
- We also helped with the Take Back the Night Run, a campus wide run about domestic abuse.
- Meetings: Each meeting featured a health science graduate who spoke about their current position and how they obtained it. They also advised members in ways to prepare for life

after graduation and talked about how they apply skills learned in their health science classes.

**Other Activities:**

- The annual spring social was held in April for all ESG members, the department faculty and staff. The new officers for the 2008-2009 school year were inducted during this social.

**Delta Iota** – Southern Connecticut State University, New Haven, CT

- AIDS Walk - Fund Raiser for World AIDS Day. Students raised funds, walked, and generated awareness about local statistics on HIV/AIDS.
- Safe Spring Break Awareness Campaign. Students created "safe spring break" care packages and distributed them to students from a display table in the main academic building on campus.
- University Wellness Fair. Students designed and produced health information brochures and distributed them at resource tables.

**Other Activities:**

- T-shirt design, printing, and sales to raise funds for Eta Sigma Gamma activities.
- Annual Student Health Research Symposium: Eta Sigma Gamma was the major sponsor and organizer for this event. 20 Student research projects were showcased with posters and PowerPoint presentations.
- Initiation Ceremony and Graduation Celebration. 16 New Eta Sigma Gammas were initiated into the organization and honor cords were distributed to graduating seniors.
- Collaboration with campus Peer Health Educator Group (H.O.P.E.) to develop and deliver peer health education in the campus residence halls.

**Delta Kappa**- University of South Florida, Tampa, FL

- August 2008 - Provided an orientation luncheon for new students accepted into the College of Public Health at USF with Health Education concentration as a recruitment mechanism.
- November 2008 - Participated in Flu Shot Day at the College of Public Health and provided information on "going green", the chapter's theme for the year.
- January 16th, 2009 - New Member Initiation Ceremony. Ten members were initiated into the Delta Kappa chapter, 6 MPH students and 4 PhD students

**Other Activities:**

- March 2009 - Presentation on advocacy in Health Education given by a fellow chapter member.
- Great American Clean-up, April 18th, 2009 - Participated in a county-wide clean-up at Riverhills Park in Hillsborough County, FL
- Professional activity - The Delta Kappa chapter is in the process of developing and pilot testing a survey for faculty, staff and students at the College of Public Health to determine recycling intentions, needs, barriers and facilitators. This effort is part of our

"Going-Green" theme as a way to incorporate the research aspect of ESG into our chapter's activities.

**Delta Lambda-** Malone University, Canton, OH

- Education Table - "The Body Shop". Malone University Wellness Fair. Sept. 23, 2008. Students displayed a poster emphasizing fitness & nutrition. Handouts were made available to those who attended.
- Undergraduate Research Symposium, Malone University. April 17, 2009  
ESG Members presented research in this campus wide symposium. Presenting was: Mandy Pullinger - "Research & Development to Establish a Worksite Wellness Program for Furbay Electric Company. Holly Brown - "Rainwater Barrels: Conservation at Home"
- Samaritan's Purse: Operation Christmas Child. Purchased gifts and packed Christmas boxes for international delivery. December 2008.
- Salvation Army Red Kettle Campaign. Ringing of the Bell, November 2008.

Other Activities:

- Fall Initiation and Social. A ceremony and dinner including initiates, parents, friends, faculty and other administrators at Malone University.

**Delta Xi-** University of Alabama, Tuscaloosa, AL

- Pre-Spring Break Alcohol Awareness Program  
ESG members planned and implemented an alcohol awareness program for a dorm on-campus that houses mostly athletes. As the literature reveals, athletes are at a higher risk for participating in high-risk drinking, so ESG members took some alcohol information to the dorms and provided an interactive program about alcohol
- Stress Fair  
ESG members with the help of other UA students planned and implemented a stress fair at the Student Union building on campus during finals time. The interactive program provided information about stress and ways to reduce it.
- Hygiene Fair  
ESG members with the help of other UA students planned and implemented a hygiene fair during flu season. This "fair" was held at the student union building and the program was implemented in another health class on campus. Participants in the program learned skills and benefits associated with proper hygiene.

Other Activities:

- Christmas Cards for the less fortunate  
ESG members decorated Christmas cards for residents who live at the local YMCA. These men are not necessarily homeless since they live at the YMCA, but most are down on their luck and in need of some encouragement.
- Toys For Tots  
ESG members collected money and purchased several toys that promoted physical activity for the local Toys for Tots.

- **Meet and Greet**  
All Health Majors and Minors were invited to enjoy healthy snacks and socialize with ESG members, officers, and our advisor.
- **Socials throughout the semester**  
Several socials were held throughout the semester to build comradery between ESG members, health students, and officers. Food was often provided and brainstorming for the next year typically occurred.
- **National Meeting Attendance**  
Several of the officers attended national health organization meetings (e.g. APHA, AAHPERD) and local conferences (e.g. Rural Health Conference, ASAAHPERD)
- **Facebook Page**  
The local chapter of ESG has a facebook page that allows for members to promote upcoming events, brainstorm new ideas for health promotion and to stay connected.

**Delta Omicron** – Lamar University, Beaumont, TX

- **Bake Sale** - sold items such as cupcakes, cookies, and pie in the student center at Lamar University
- **Health Fair**- Set up a table to provide those who are interested in ETA SIGMA GAMMA with information regarding our chapter as well as the history, mission, and goals of ETA SIGMA GAMMA

Other Activities:

- None

**Delta Pi**- Bridgewater State College, Bridgewater, MA

- **Health Education Celebration** - ESG members held an information night/health education celebration for freshman students. The event occurred in the freshmen dorms; we had one of our members play guitar and sing and we served pizza and soft drinks. We provided information about the health major; we had handouts, brochures and fliers.
- **Earth Day Event**- ESG members cleaned up a local park in a campus-sponsored Earth Day event.
- ESG members participated in the spring stress management fair. We also had a summer themed basket and raffled it off.

Other Activities:

- None

**Delta Rho** – California State University, Fullerton, Fullerton, CA

- **Hygiene Drive for Canyon Acres Youth Services** 11/18/08 to 12/12/08: Canyon Acres (a facility for abused children that has existed to give residential care since 1980 and is now an after school program). We made banners and boxes for the items collected and made

kits for children's "self hygiene packs." Including tooth/hair brushes, unopened soap and toothpaste, q-tips, etc.

- Fibromyalgia Research Volunteer opportunity November 6/7/08 and 14/15/08: In collaboration with Dr. Jones' Fibromyalgia Research & Education Center, help was needed with the set up and training for volunteers who conducted cognitive tests and performed physical assessments on participants 50 years of age and older with and without fibromyalgia (FM).
- Discoverfest February 4-5, 2009: This is a student program at CSUF for the Titan WOW (Weeks of Welcome). Discover Fest is a 2-day fair for all clubs and organizations on campus. Eta Sigma Gamma had volunteers help with set up, clean-up and help manage the booth. Main focus for the event was on membership recruitment and organization exposure throughout campus.
- ESG Induction Ceremony 2/17/09: This is an event to induct new ESG members. Over the course of the evening, a slideshow of previous ESG events was shown, dinner and entertainment was presented, and awards were given. Additionally, inductees participated in the formal charge induction, recited their pledge, and were presented their Certificate, pin, Membership card, Code of Ethics, and a copy of the Health Education Monograph Series.
- Health Promotion Research Institute 2/27/09: Health Promotion Research Institute (HPRI) Town-Hall Forum, in which 35 faculty across the campus and nearly 75 community organizations met to brainstorm on future research and grant proposals. The aim of the Town Hall Forum was to collaborate and bridge the gap between academic research and community-based needs. With the expertise of CSUF faculty and the cooperation of community organization, much progress was completed to further the advancement of eliminating health disparities in Orange County.
- Spring Symposium 4/28/09: This is an annual awards ceremony to recognize the academic accomplishments and achievements of the hard working, health science undergraduates, MPH graduates and faculty of the Department of Health Science. Over the course of the evening, graduating Masters in Public Health students and other students presented poster presentations on Masters projects and thesis. A Mediterranean-style dinner was served with accompanying belly-dancing entertainment. Numerous departmental awards and ESG chapter awards were given out to outstanding students and faculty. The announcement of the new 2009-2010 ESG Executive Board was also announced.

#### Other Activities:

- Hand Sanitizer Volunteer opportunity 11/4/08: This was an opportunity for our members to help put together hand sanitizer kits that were donated from the Toll Roads of Orange County to be used as hand-outs at ESG events.
- Honors Fair 11/5/08: A campus wide event involving all CSUF honorary clubs. At these events we promote the awareness of ESG to students, we recruit new members, and we showcase ESG to students, recruit new members, and showcase ESG's involvement with CSUF and our community.

- Hygiene Drive Banner Making Event: This was an opportunity for our members to help design and create the banners used for the Canyon Acres Hygiene drive that was advertised at CSUF.
- Fibromyalgia Research Feedback Conference and Mini-Workshops 2/28/09; this was a Research Study Feedback Conference that was hosted by the Fibromyalgia Research & Education Center. Research study participants were invited back to receive individual results on cognitive and physical assessments and gain an understanding of the interpretation of their results. Various workshops were provided after the conference that participants were able to attend that were targeted specifically to improve in areas of weak cognitive and physical performance. Workshops included: fall precautions, nutrition, stress management, lower back pain and motor/coordination. ESG volunteers provided assistance for conference and workshop set up and breakdown. Additionally, Gammans ushered participants to and from workshops and catered to conference guests' needs.

#### **Delta Tau-** Columbus State University, Columbus, GA

- World AIDS Day Awareness: Members dedicated an entire week to drawing awareness towards the major epidemic of HIV/AIDS with events such as: Bake Sale, Hotdog Sale Fundraiser, 5-mile Walk at a local park. Members hosted a major event on campus with entertainment, raffles and a HIV/AIDS testimonial.
- Public Health Week: Members dedicated an entire week to informing on campus students of major health issues. Monday through Friday, students set up a table to give away handouts and pamphlets to educate students. Each day was very successful, as many students along with the university president visited the table to gather information of health issues such as Cancer, Diabetes and Sexually Health.
- Blood Drive (American Red Cross): Delta Tau for the first time hosted a blood drive on campus. The drive was very successful as students recruited 98 donors and received 77 units within six hours.

#### Other Activities:

- Visitation Day: Students set up a table along with other campus organizations to recruit members during each visitation day held on campus.
- Juvenile Diabetes Foundation Fundraiser/Walk: Students set up a table on campus to gather donations for JDRF. Students also participated in the 3-mile walk held in Columbus.
- Columbus Men's and Women's Health Expo 2009: Students volunteered to check in other volunteers, register patients as well as administer clinical test during the Expo. Most students worked in conjunction with the National Kidney Foundation.

**Delta Chi-** Texas State University, San Marcos, TX

- Texas Hays County Health Department Project: Delta Chi members were trained on four different health modules (smoking cessation, alcohol and drug use, physical activity, and adult vaccinations). After the training, members went to the Hays County Health Department throughout the spring semester to educate clients about these health issues.
- Fundraising and Participating in Relay for Life: Members sent letters to family and friends and held a bakes sale to raise money for Delta Chi and Relay for Life. Then members went and participated by walking in Relay for Life.
- "Hill Visit" hosted by Advocates for Youth and Texas Freedom Network: Members went to Austin, Texas and were educated on issues that needed support. Members were also educated and instructed on how to advocate for issues. Issues that were being addressed at this "Hill Visit" included scientifically accurate information in public schools and comprehensive sexuality education. If more than 3 major activities, continue on another sheet of paper.

Other Activities:

- Members of Delta Chi attended Society for Public Health Education Midyear Conference in New Orleans, LA
- Members attended Texas School Health Association Conference 2009 in Austin, Texas
- Mal Goldsmith came and presented at the Texas State University campus on Health Education and Delta Chi members attended
- Members attended the American School Health Association conference in Tampa, FL.
- Members submitted teaching technique abstracts to the ASHA conference in Denver, FL.

**Delta Psi-** Northern Illinois University, Dekalb, IL

- Welcome Back - Provided snacks and chapter info for students in our building during first week back to school
- Student Organization Expo - Displayed ESG chapter poster for new students at student center
- Healthy Huskie Snack Bar - Sold healthy snacks in our building 1-2 days/week from Oct-March
- Stall Street Journal - Monthly health-related flyers posted inside restroom stall doors in our building, student center and library
- Body Walk exhibit - Participated in local school district's wellness fair with the Body Walk exhibit where our students dressed up like parts of the body and talked about health with elementary children
- 'Green' Wellness Fair - Displayed environmental materials for campus wellness fair and won best display booth
- Taste of CHHS - Participated in the College of Health and Human Sciences exhibit of all CHHS student organizations

Other Activities:

- Members attended state and local health education conferences
- Alumni returned to talk to members about their health-related careers



- Members had a social event around a Bears Football game
- Our monthly chapter meetings included brief business reports by officers, progress reports by working group leaders, followed by pizza and groups working on their specific projects.

### **What is a concern of your chapter?**

- A major concern for our chapter is the lack of participation among members. We would like to have had more member contribution during the year.
- Now that we are part of the School of Public Health our major concern is the challenge to retain new members. It will be a concern to ensure as the organization expands we ensure to maintain the interest of the members regarding the mission of ESG.
- More of a goal than a concern is our need to connect the three areas of focus (Education, Research and Service) in one program. We started with Eta Goes Green and will hopefully be able to connect them more thoroughly in the next school year.
- A major concern for our chapter is lack of commitment and involvement from our undergraduate majors.
- The efforts to revitalize the Lambda Chapter have been both rewarding and challenging. My greatest concern is the scheduling of meetings and activities during times that do not conflict with the students' class and work schedules. However, I do feel that despite scheduling conflicts, the chapter members did their best to participate and contribute. I also believe we have acquired the knowledge and skills to make next year an even better experience for the student members.
- Keeping members involved after initiation and having returning members take part in chapter events.
- There is low involvement amongst members. I believe some would rather participate just to add to their resume. However, members who enjoy aspects of community service were the ones who would participate in nearly every activity. As president, it was hard to motivate everyone to help out even if they knew it was expected of them. Since there are not many students in the health arena at WIU, penalizing people would only cause them to remove themselves from the Chapter. A sad, but true reality.
- Our main concern is recruitment and maintaining active members.
- The major concern of our chapter is to increase the number of members and member participation. This year we maintained close to the same number of members as last year, but the member participation increased. An attendance policy was incorporated into the rules to be considered an active ESG member at JMU. Hopefully for next year, both the number and participation will increase.
- Finding the balance with some members wanting to have a lot of meetings and some members wanting no meetings. Officers having the time to carry out the functions.
- Recruiting and retaining Gammas to maintain substantial numbers for chapter membership.
- Recruitment and sustainability of membership.
- Recruitment & retention of members

- A major concern for our chapter would be attendance issues. We have many members but not always do they show up or volunteer for activities. When the semester gets busy everyone seems to put the organization on the background.
  - None currently; maintain momentum established with organization.
  - Lack of interest...cannot meet. Mostly commuter students.
  - Recruiting and retention of members. Coordinating fundraising events.
  - Low student enrollment. There is a trend towards web-based courses and many students are electing to take these classes, thereby they are not on campus to participate in school activities. Also, many students work full-time jobs preventing them from joining/participating in Eta Sigma Gamma
  - Recruitment and current member participation.
  - Need to be more involved with advocacy and need more students to attend professional development events and conferences.
  - Revitalization. Officers are excited and motivated. They all have experience with similar organizations and form a cohesive and effective team. We would like to volunteer our time with an activity that will benefit the community. With the help of our advisor, our new officers will continue to revitalize our chapter.
  - This group has really taken off this year in collaborative effort through Rotary International regarding the eradication of Polio Worldwide. We have ten Community Health and Pre-Med students that ESG will be very proud of. In this economy, we need Internship monies. Students must leave their employment 'if they are lucky enough to have employment'.
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- None
  - Continued attrition of initiated members. Although we had an amazing initiated class last year, only about 14 students were regularly active. However, we have a new group of enthusiastic students. 14 members were active. We have an enthusiastic executive board and they will pave the foundations for a strong chapter.
  - We did not have any major concerns this year; the majority of members had great attendance at monthly meetings and volunteered for the required hours. We as officers established an attendance and philanthropy policy at the beginning of the semester so members knew what was expected of them.
  - The health professions on our campus have many students who work and attend college part-time. It is difficult for these students to become involved in activities and attend meetings. Many students have participated via e-mail and made contributions that do not involve attending events.
  - Turnover is a challenge. Many of our students join the organization as seniors and therefore are not available to contribute the following year.
  - A major concern of our chapter is sustaining active membership and participation. The chapter is currently looking into various avenues for increasing membership, as this chapter is still new.
  - Money is always a concern...Having enough funds to provide interactive, exciting health promotion programs. And having enough member participation to have effective programs. We have recruited well, but still need more ESG members to participate in the actual programs.

- Recruiting more members.
- Getting more members involved in activities. Finding meeting times that are convenient for more members. (Most of our members are commuters who work in addition to going to school.)
- Year-to-year membership retention. It is experienced over the years that newly inducted members are active their first year as Gammans. However, as students progress throughout their academics, it appears that a handful of students fail to attend monthly meetings and events once their primary year of membership expires. Maintaining student attendance at meetings and events can be difficult without instilling mandatory service hour requirements.
- The major concern of our chapter is to provide health awareness on the campus of Columbus State University as well as in the city of Columbus and surrounding areas.
- Continuing to have enthusiastic members that want to participate in the activities selected.
- We have a small membership due to GPA requirements.
- Identifying more ways to provide service to our local community and involving members in these activities.
- Keeping members involved and active once initiated.

### **What can the National Office do to make your chapter more effective?**

- The Alpha Chapter will be more effective with more member contribution. Thank you for all your help during this school year.
- The national office has been great so far. I just think for our chapter to be more effective the national chapter could play a role in organizing networking conferences amongst different chapters nationwide. This would be a good opportunity if national supported it for the different chapters to network and learn new ideas!
- Perhaps providing information from other chapters about fundraising efforts.
- The thing that the National Office can do to make our chapter more effective is help provide additional examples of ways to increase student involvement and recruitment.
- I feel the National Chapter has been extremely helpful thus far. However, if possible, it would be wonderful if our Chapter could be in contact with another Chapter (this may be an incentive for other universities to reactivate their Chapters as well) and perhaps receive guidance. Also, I wondered if there could be an online discussion board or chat room available for ESG members on the National Web site.
- This may be very helpful in keeping students and faculty sponsors connected and in communication with other Chapters.
- Help us determine better fundraising events and provide more funding for members who attend the National Conference.
- Make scholarships more available to students who perform well. Send out e-mails to the presidents to inform us as to what other chapters are doing to make a difference and increase their learning. By observing what other students are doing, it will cause other

chapters to create new ideas and motivate each other. Also, maybe recognize an outstanding chapter.

- Extend trainings on networking and membership. It would also be great if we could see what all the other chapters are doing regarding events/activities to give us ideas.
- This year, the National Chapter was very helpful in communicating with our advisor to keep our chapter informed. Next year, it would be great if the lines of communication could stay open to help our chapter to be as successful as possible.
- Nothing, they are very supportive
- Disseminate information about programs and efforts conducted by other ESG Chapters across the nation in an electronic or newsletter format to accommodate Gammans who cannot attend the national convention. Improving communication between ESG Chapters will promote inter-Chapter partnerships for idea exchange within Eta Sigma Gamma.
- Provide honor cords to be worn with graduation robes so members of ESG get recognition during the graduation ceremony.
- Continue to provide funds for professional travel to conventions, etc.
- Provide suggestions for enhancing student retention.
- Helping out with funding activities and sending information on health conferences and maybe a newsletter about what other chapters are doing.
- More communication with new members (possibly via emails) to maintain interest in national organization.
- Provide more linkages to other chapters. As a first year faculty sponsor, it would be helpful to see what other chapters are doing.
- Provide us examples of prominent known Gammans as a recruitment tool.
- Assist with improved financial sponsorship for professional development.
- The National Office has been very supportive in our efforts to revitalize our chapter.
- I need more training in ESG offerings. My time is limited in assisting to coordinate the clubs.
- Do you offer a handbook (hard copy) of grants and program assistance? If so can you mail me one, or is there an orientation for Coordinators that I can attend? Soon?
- Nothing - all is great
- Offer concrete suggestions for how chapters can function in eclectic departments (health & kinesiology)
- The National Office could offer more suggestions on ways to promote public health around our campus. The meetings were effective in that they offered our students more information on careers in health but applying creative ideas to these meetings would be much more beneficial for both the students and our campus.
- The National Office is very supportive
- Provide us with information about how other chapters maintain active participation, particularly among chapters that have members at the graduate-student level.
- Nothing, I think we are doing pretty well right now.
- Networking opportunities with other ESG chapters in the surrounding areas. Several universities around our area have ESG chapters, and our chapter, Delta Rho, would like

to collaborate on a large scale with other ESG chapters. Contact and event planning among the various chapters will be a challenge, but developing an event or conference of some sort with the involvement of all the chapters in the Southern California region would be of great interest and progression of ESG principles.

- The National Office has done an excellent job in catering to the needs of our chapter. As we continue to grow, we look forward to having our programs recognized by the National Office.
- We have seen growth over the last year. We were able to meet with Dr. Goldsmith on our campus and other leaders at professional conferences. We would like the National Office to continue supporting project grants and travel and professional development grants.
- Just keep providing examples of activities other ESG's are doing.
- As always – providing support for projects and providing opportunities for students.

### **Other Comments?**

- We have elected a new President, Vice President, and Secretary. A number of students have expressed some interest in joining next Fall. The President and I have discussed activities for next year and will touch base over the summer. We will develop a plan so that we may commence with Chapter activities from the beginning of the Fall 2009 Semester.
- Graduate only chapter. No activity, budget, etc. We have the initiation ceremony each year and that is the extent of our activity.
- The certificates for new members recently sent were not very professional looking. The ink had smeared across the page from the type and faculty thought students had made a bad copy of the certificate to include in portfolio. Dr. Keeney encouraged students to return these poor quality certificates and request fresh ones. So in the future please make sure that all certificates are neatly and professional prepared.
- Thanks for your support!!!
- Gamma Mu appreciated past support from the National office.
- I am thinking about looking into an Eta Sigma Gamma: Gamma Pi off Campus House in order to assist our students in reducing the cost of living and attending Hofstra University. Any suggestions?
- I currently own three All Law Houses (all students in these houses are thriving). Do we (ESG) have exact protocols for this?
- Thank you for all that you do!
- Each year, the Delta Tau chapter initiates dedicated members who bring great ideas. The National office has been very helpful with updates and assistance whenever needed. We will continue to carry out the Eta Sigma Gamma creeds of teaching, service, and research in our community.