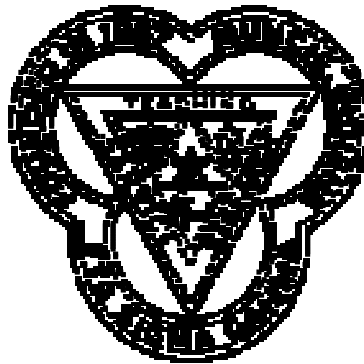


# **ETA SIGMA GAMMA**

## **2006 CHAPTER ANNUAL REPORTS**



**ETA SIGMA GAMMA  
NATIONAL OFFICE  
2000 UNIVERSITY AVENUE  
MUNCIE, IN 47306  
1-800-715-2559**

<b>Chapter Reporting</b>	<b>Person Submitting</b>	<b>Title</b>
<b>Epsilon-</b> University of Maryland College Park	Tracy Zeeger	President
<b>Eta-</b> Central Michigan University	Sally Pelto	President
<b>Nu-</b> Indiana University	Elizabeth Taylor	President
<b>Rho-</b> Kent State University	Jessica Shreve	President
<b>Sigma-</b> James Madison University	Whitney Morris	President
<b>Phi-</b> University of Northern Colorado	Deborah A. Givray	Faculty Advisor
<b>Chi-</b> University of Utah	Sheldon Johnson	President
<b>Omega-</b> Illinois State University	Sara L. Cole, Ph.D., CHES	Faculty Sponsor
<b>Alpha Alpha-</b> Southern Illinois University Carbondale	Brian Bensema	President
<b>Alpha Gamma-</b> University of North Florida	Julie W. Merten	Faculty Sponsor
<b>Alpha Lambda-</b> University of Florida	Virginia J. Dodd and Desiree Moore	Faculty Sponsor and Secretary/Treasurer
<b>Alpha Omicron-</b> Temple University	Sarah Bauerle Bass, Ph.D., MPH	Faculty Sponsor
<b>Alpha Pi-</b> Texas A&M University	Christopher M. Ledingham	Historian
<b>Alpha Omega-</b> University of Nebraska at Omaha	David E. Corbin, Ph.D.	Faculty Sponsor
<b>Beta Alpha-</b> University of Minnesota Duluth	Karla Woodfill and Maria Campanaro	President and Vice President
<b>Beta Delta-</b> Eastern Michigan University	Dr. Susan McCarthy	Faculty Sponsor
<b>Beta Theta-</b> East Carolina University	Karen Vail-Smith	Faculty Sponsor
<b>Beta Nu-</b> Eastern Illinois University	Kathleen Phillips	Faculty Sponsor
<b>Beta Phi-</b> University of Wisconsin-LaCrosse	Maria Vredeveld	Public Relations
<b>Beta Psi-</b> SUNY Brockport	Dr. Linda Balog	Faculty Sponsor
<b>Gamma Delta-</b> Southern Illinois University, Edwardsville	Heather Kirkpatrick	Historian
<b>Gamma Zeta-</b> Plymouth State University	Mardie Burckes-Miller	Faculty Sponsor
<b>Gamma Theta-</b> Youngstown State University	Kathy Akpom and Margaret Beniston	Faculty Sponsor and President
<b>Gamma Kappa-</b> Liberty University	Beverly Mahoney	Faculty Sponsor
<b>Gamma Lambda-</b> University of Texas- El Paso	Eileen Huereque	President

<b>Gamma Mu-</b> Western Michigan University	Russell A. Lardie	President
<b>Gamma Xi-</b> East Stroudsburg University	Ryan Marie Diduk	Secretary/Treasurer
<b>Gamma Rho-</b> Truman State University	Emily Forsyth	Historian
<b>Gamma Upsilon-</b> Georgia Southern University	Joanne Chopak-Foss	Faculty Sponsor
<b>Gamma Chi-</b> Clemson University	Lindsay Tymon	President
<b>Delta Lambda-</b> Malone College	Dr. Pam Hoalt	Faculty Sponsor
<b>Delta Omicron-</b> Lamar University	Ruben Rodriguez	Secretary
<b>Delta Pi-</b> Bridgewater State College	Danielle Lawrence	President
<b>Delta Tau-</b> Columbus State University	Carla Floyd	Secretary
<b>Delta Phi-</b> University of Michigan-Flint	Dr. Shan Parker and Amber Shewalter	Faculty Sponsor and President
<b>Delta Chi-</b> Texas State University, San Marcos	Gina Goebel	President
<b>Delta Psi-</b> Northern Illinois University	Karie O'Connor	President

<b>Chapter</b>	<b># of Meetings</b>	<b># of Initiates</b>
Epsilon	9	13
Eta	24	13
Nu	9	11
Rho	16	6
Sigma	8	21
Phi	5	12
Chi	10	35
Omega	20	5
Alpha Alpha	12	11
Alpha Gamma	6	21
Alpha Lambda	16	42
Alpha Omicron	15	15
Alpha Pi	20	49
Alpha Omega	7	5
Beta Alpha	15	20
Beta Delta	6	12
Beta Theta	4	29
Beta Nu	16	13
Beta Phi	16	33
Beta Psi	2	29
Gamma Delta	12	35
Gamma Zeta	2	3
Gamma Theta	20	12
Gamma Kappa	8	20
Gamma Lambda	14	11
Gamma Mu	30	14
Gamma Xi	8	20
Gamma Rho	39	10
Gamma Upsilon	0	2
Gamma Chi	7	63
Delta Lambda	6	14
Delta Omicron	16	13
Delta Pi	8	0
Delta Tau	12	36
Delta Phi	4	22
Delta Chi	2	29
Delta Psi	9	23

## **Awards Given by Chapters**

### **Distinguished Service**

**Epsilon-** Chinomso Ememe

**Epsilon-** Tracy Zeeger

**Rho-** Dr. Amy Thompson

**Phi-** Kathy Zavela

**Beta Nu-** Kristen Johnson

**Gamma Delta-** Dr. Alice Prince

**Gamma Mu-** Allison Kluck

### **Honor Award**

**Epsilon-** Dr. Patricia D. Mail

**Eta-** Amy Thompson, Ph.D., CHES

**Phi-** Olivia Martinez

**Gamma Theta-** Julie Walker

**Gamma Mu-** Boys & Girls Club of Kalamazoo

### **Honor Key Recipients**

**Mu -** Laura Carroll

**Phi-** Shayla Perkins

**Phi-** Kathryn Hess

**Beta Nu-** Kelli Ervin

**Beta Phi-** Joel Pence

**Beta Phi-** Megan Drake

### **Special Awards**

**Chi-**

**Outstanding Major-** Sheldon Johnson

**Outstanding Senior-** Robert Serpico

**Outstanding Graduate Students-** Megan Call and Bev Webber

<b>Chapter Officers</b>	
<b>Key</b>	
President – P	
Vice President – VP	
Secretary – S	
Treasurer – T	
Historian – H	
Other – O	
Faculty Sponsor – FS	
Epsilon	Tracy Zeeger, P Chinomso Ememe, VP Frances Brazil, S Katherine Bouwkamp, H Julia Strand, T Dr. Sharon Desmond, FS
Eta	Sally Pelto, P Jena Williams, VP Jon Ronnebaum, VP Lesley Maltby, VP Rachael Hesch, S/T Lisa Klute, S/T, H Jourden Armstrong, O Angela Phillips, O Celsea Reed, O Dr. Irene O’Boyle, FS
Nu	Elizabeth Taylor, P Brandi Miller, VP Erica Weaver, T Liz Vincent, S Laura Kinlaw, S Megan Gainey, O Dr. Trent Applegate, FS
Rho	Lauren Kessel, P Mary McDade, VP Alexis Blavos, S, T Jessica Shreve, O Dr. Amy Thompson, FS
Sigma	Whitney Morris, P Paul Watson, VP Joseph Signorino, S Kira McGroarty, H Jared Shenk, T Dr. Todd Sabato, FS
Phi	Shayla Perkins, P Mikelle Dzubay, VP Kulwa Manega, S

	Rachel Korboe, T Lindsay Zajac, H Jonelle Polley, O Deborah A. Givray, FS
Chi	Sheldon Johnson, P Rita Sharshiner, VP Jared Heal, S/T Audrie Willden, H Mari Smith, O Emily Matlin, O Louise Saw, O Lynne Durrant, FS
Omega	Jennifer Snyder, P Amy Brown, VP Hilary Simanek, S Lauren Cheek, H/O Marie Edwards, T Sara L. Cole, Ph.D., CHES, FS
Alpha Alpha	Brian Bensema, P Kim Gray, VP Michelle Quinlan, T Ayana Lyles, H Barb Shiplett, O Dr. David A. Birch, FS
Alpha Gamma	Monica Webb, P Alexa Richie, VP Erin Jones, S/T Julie W. Merten, FS
Alpha Lambda	Kristen Spahlinger, P Julie Saul, VP Desiree Moore, S/T Sarah Rimmel, H Rakel Sanchez, O Collette Lee-Lun, O Holly Turner, O Virginia J. Dodd, FS
Alpha Omicron	Goddess Clarke, P Lauren Williams, VP Shana Cornfield, S/T Sarah Bauerle Bass, FS
Alpha Pi	Lindsay Lombard, P Erin Mabon, VP Mike Stellefson, VP Theresa Hubley, S Bruce Hanik, S Lindsay Hollis, T

	Chris Ledingham, H Ranjita Misra, FS Don Chaney, FS
Alpha Omicron	Caroline Olson, P Kristine Keiser, VP Hollie Neujahr, S Kim Loontjer, H Jason Zakaras, T David E. Corbin, FS
Beta Alpha	Karla Woodfill, P Maria Campanaro, VP Amanda Graves, S/T Ben Stringer, H Dr. John Kowalczyk, FS
Beta Delta	Linda Grinnell, P Cristal Williams, VP Noureen Vaid, S/T Dr. Susan McCarthy, FS
Beta Nu	Kristen Johnson, P Kim Zeisset, VP Sarah Marcinkevich, VP Kelli Ervin, S Christine Cuyugan, T Kathy Phillips, FS Sheila Simons, FS
Beta Phi	Natalie Steil, P Joel Pence, VP Jessica Foote, S Tyler Lee, T Jill Drake, H Maria Vredeveld, O Nicole Van-Ert, O Mary Ouchakof, O Keely Rees, FS Marcie Wycoff-Horn, FS
Beta Psi	Dr. Linda Balog, FS
Gamma Delta	Lindsi Sullivan, P JT Ross, VP Holly Froelich, S Intrea Samuel, T Heather Kirkpatrick, H Dr. Mal Goldsmith, FS
Gamma Zeta	Mardie Burckes-Miller, FS
Gamma Theta	Margaret Beniston, P Katie Moore, VP/S Sparkil Alli, T



	<p>Lisa Yavorsky, H  Laura Racz, H  Kathy Akpom, FS</p>
Gamma Kappa	<p>Zachary Smith, P  Jennifer Speel, VP  Erik Berg, S/T  Ashley Morgan, H  David Bixel, O  Beverly Mahoney, FS  Sharon Wygal, FS</p>
Gamma Lambda	<p>Eileen Huereque, P  Oscar Beltran, VP  Nicole Driscoll, S  Melissa Armendariz, T  Jesus Marquez, H  Sharon Thompson, FS</p>
Gamma Mu	<p>Russell A. Lardie, P  Allison Kluck, VP  Stephanie Beutel, VP  Gina Ross, VP  All Sluka, S  Merrill DeRose, H  Josh Alessi, T  Greg Lukshaitis, O  Darci Eisenlohr, O  Dr. Marianne Frauenknecht, FS  Dr. Amos Aduroja, FS</p>
Gamma Xi	<p>Nandi Troutman, P  Tifanie Hudgins, CP  Ryan Diduk, S/T  Matthew Blom, S/T  Lyndsay Mandel, H  Dr. Steven Shive, FS</p>
Gamma Rho	<p>Sarah Shelton, P  Christina Deggenhardt, VP  Bryan Campbell, S  Jessica Morgan, T  Emily Forsyth, H  Maureen Bylina, H  Peter Guirguis, O  Emily Krogmann, O  Carol Cox, FS  Robert Donahue, FS</p>
Gamma Upsilon	<p>Jenna Pinkston, P  Caroline Lawless, VP  Joanne Chopak-Foss, FS</p>

Gamma Chi	Lindsay Tymon, P Leslie Horn, VP Garrett Hurst, S/T Jenny Edwards, O Dr. Cheryl Dye, FS
Delta Lambda	Rebecca Whitaker, P Evan Moxie, VP Tara Beachy, S Charity Light, T Kristy Jennings, H Dr. Pam Hoalt, FS
Delta Omicron	Jennifer Ghee, P/VP Ruben Rodriguez, T Marina Willis-Leon, S Maria Steans, H Barbara L.M. Hernandez, FS
Delta Pi	Danielle Lawrence, P Sarah St. Amour, VP Sara Ostrander, S/T Laura Toupopoulos, H Alexandra Ataya, O Lydia Burak, FS
Delta Tau	Tamika Sheffield, P Victoria Davis, VP Carla Floyd, S Tameika Tomlin, T Tara Redmond, FS Paula Walker, FS
Delta Phi	Amber Shewalter, P Gwen McLauchlin, S/T Maria Salinas, H Tynee Sims, O Tiffany Brelinski, O Dr. Shan Parker, FS
Delta Chi	Gina Goebel, P Onnalita Maniccia, VP Mikelle Peel, S/T Holly Hood, H Dr. Kelly Wilson, FS
Delta Psi	Karie O-Connor, P Michelle Boyle, P Amy Chambers, VP Twanette Adams, S Jessica Capriola, T Jennifer Warwick, H Tina Lamb, FS

## Events and Activities of the Chapters

### **Epsilon-** University of Maryland, College Park

- Safety Week- With funds received from a university grant, the Epsilon chapter planned an event to promote safety on the college campus. This event, part of a semester health fair attracted 115 participants. The chapter developed educational materials, handed out safety whistles, and provided a self defense demonstration.
- Adopt-A-Family- The chapter found a family that was displaced by Hurricane Katrina and began correspondence with them. Members were able to raise \$200 to purchase toiletries, clothes, and a plaque for the family. The family recently had a new baby girl and the chapter is looking to further support this family.
- Fundraisers- The second annual Silent Auction was held as part of the College of Health and Human Performance Basketball Tailgate. The Chapter raised \$135. In addition, the Chapter held a bake sale as part of the annual career fair raising \$80.00.

### Other Activities:

- Get Moving Maryland Family Service Day- The Epsilon Chapter helped raise funds and donated time for the annual Family Services fundraiser. Funds raised from this event were given to the Family Service Center, which provides marriage and family therapy to low income families annually at an affordable rate.
- SOPHE-APHA- Three members were sent to the SOPHE-APHA conference this year. Funds to send members were retrieved by national chapter grants and fundraising initiatives by the chapter.
- National Museum of Health and Medicine- Several members of the chapter got together to visit the National Museum of Health and Medicine. This social event was attended by several members and followed by dinner at a local restaurant.
- Basketball game- The Chapter won tickets to attend a UMD basketball game. This social allowed 11 members to attend free of charge to sit in premium seats.
- Career Center Career Fair- To raise funds for the chapter, members donated their time to help the Career Center staff the annual University wide career fair. This event helped us raise over \$150 to cover initiation costs. This event was a great networking opportunity for members.

### **Eta-** Central Michigan University

- Hurricane Katrina Backpack Fundraiser: Our chapter felt compelled to help the victims of Hurricane Katrina. We chose to collect school supplies and backpacks for children grades K-12. Our original goal was 6 backpacks (each pack values at ~\$30) and we ended up filling 54 backpacks, plus 4 large boxes of extra school supplies. We shipped the items to Pascagoula School District in Mississippi.
- Gift of Life Organ Donation: This is the second year that our chapter hosted the campaign. We encouraged 141 people to sign up to become donors. Our Chapter was awarded an appreciation plaque for encouraging over 500 participants to sign up over the past 2 years. The plaque was presented at our annual Loren B. Bensley Banquet.

- Health Professions Career Day: Our chapter initiated the progress and implementation of Central Michigan University's first ever Health Professions Career Day event. We co-hosted the event with CMU Career Services and the College of Health Professions. We promoted the event by posting flyers, sending e-mails and displaying digital signage. At the event, we welcomed employers and acted as their hosts. Thirty-nine employers from around the state of Michigan attended the event.
- MSHA Survey Project: Eta Sigma Gamma partnered with the Michigan School Health Association to create a survey to assess the usefulness and quality of the MSHA Health Network. We were given a budget of \$500 which was allocated to incentives for completion of the survey and for the work/help of Drs. O'Boyle and Bookins-Fisher. The survey was created using the online system *SurveyMonkey*.
- Relay for Life: Eta Sigma Gamma worked together with the American Cancer Society and many campus and community organizations to raise awareness of cancer. We participated in a 24 hour walk and altogether raised almost \$40,000 for cancer research. This year's Relay for Life theme was *Road Trip* and our site was entitled *Welcome to Texas*.

#### Other Activities:

- Loren B. Bensley, Jr, Ed.D. Awards Banquet: This banquet is sponsored by our chapter and allows us to honor past and current Gammans as well as other professionals in the field. Dr. Amy Thompson was the presenter and her lecture was titled "Health Education: To Infinity and Beyond."
- Adopt A Family: During the holiday season our chapter adopted a family through the Isabella County United Way. Individual donations and a chapter donation allowed us to buy gifts for a family in need.
- Thanksgiving Dinner Social: The week before Thanksgiving we had a big feast at an Eta member's apartment. We all brought a dish to pass and had fun eating and playing games.
- 12<sup>th</sup> Annual Wheeler Lecture: This lecture is held in honor of Dr. Elizabeth Lockwood Wheeler. Every year we invite a speaker to give a presentation on a health related topic. This year we invited two outstanding CMU students. Tamara Brumm spoke about her internship experience with Hurricane Katrina and Katherine Kline spoke about her study abroad experience with HIV in Africa and Russia.
- Resume/Professional Development Workshop: One week before the Health Professions Career Day event, our chapter invited CMU Career Service to our general meeting to talk about creating good resumes. Tips regarding appropriate dress and how to approach potential employers were also included.
- Spaghetti Dinner Fundraiser: This event was held one week before the American Cancer Society's Relay for Life. A family friend, who owned an Italian Restaurant, provided the spaghetti and Eta members sold tickets for the event. We raised \$400 of pure profit for the ACS.

## Nu- Indiana University

- **Ruth Lilly Health Education Girl Scout Overnight:** The Ruth Lilly Event is an overnight health education event targeting at risk girls ranging from ages 8-12. Lessons on nutrition, exercise, safety, and healthy relationships helped to convey important tips for living a healthy life in all the areas of health. Approximately 60 girls attended with twelve educators for ESG. Two meals and one evening snack were provided. The event was located at the Ruth Lilly Health Education Center in Indianapolis, IN. The event was free to all attendees and planning began in late November and continued until the date on March 24<sup>th</sup> and 25<sup>th</sup>.
- **Girls, Inc. Health Education Fair:** The Health Education Fair at Girls, Inc. targeted the most economically challenged young girls from the Bloomington community. Three interactive lessons on hygiene, nutrition, and physical activity were done by educators from Eta Sigma Gamma prospective members. Lesson plans were created by the members. Age of the girls was 5-14 years old. A dinner meal was provided that balanced food the girls wanted (pizza) with healthy side choices that incorporated the Five-a-day challenge into the meal. The ESG members also had free time with the girls so that they could ask questions in a non-intimidating environment, which allowed the ESG members to be positive, influential role models.
- **Hug-A-Bears Program:** The Hug-A-Bears program is a program started by the Bloomington Area 10 Agency on Aging. The program makes teddy bears for children in traumatic situations and delivers these bears to Bloomington Hospital and the local police department. The elderly in our community wanted to reach more children, so Eta Sigma Gamma members met five times to make teddy bears to supplement their program. Our group made 54 teddy bears over the school year, impacting the emotional component of health in children in scary situations.

## Other Activities:

- **IU Health Fair:** Eta Sigma Gamma members staffed a table at the IU Health Fair that was coordinated with the IU Health Center in serving 'mocktails' to students, faculty, and other participants. Members guided lost individuals to specific booths they were looking for. In addition, recruiting for new members was done by setting up another booth with pictures and information on how to join Eta Sigma Gamma and what the mission of Eta Sigma Gamma entailed.
- **Jill Behrman Run for the Endzone Health Fair:** The Jill Behrman Run for the Endzone Health Fair was coordinated in conjunction with a walk/run-a-thon and targeted peoples of all ages from the Bloomington community and Indiana University. ESG set up an educational and interactive booth on whole grain foods. The booth educated attendees on how to identify whole grains, how whole grains are processed, and the health benefits of eating a diet rich in whole grains. Participants could play a game to identify sources of whole grains, could take home a pamphlet ESG members made on whole grains, and could taste test Kashi Go Lean Crunch Cereal that we provided. All research and materials for this event were collected by ESG members.
- **Relay for Life Walk-a-thon:** 24 hour walk-a-thon held to raise funds for cancer education and research in Bloomington community and around the country. ESG

- members camped out and walked many miles over the course of the event and raised \$690!
- American Diabetes Association Walk: Several members participated in this 5 mile walk and raised approximately \$500 toward research and education in our community and the country.
  - American Heart Association Walk: Eight members of Nu Chapter participated in this walk and raised over \$1000 toward the American Heart Association in the community. Members had opportunities to network with the many individuals in our community who care for heart patients, both prevention, treatment and rehabilitation. Members also heard inspiring testimonies of heart attack survivors.
  - AIDS Awareness and Safe Love Week: This event was sponsored by another group on campus who elicited us to help them with the promotion and educational activities of the week. ESG members passed out condoms and educational pamphlets on the week's activities and AIDS/STD awareness on campus.
  - Batchelor Middle School Health fair: This health fair targeted parents and children just entering middle school. ESG had an interactive and education booth on stretching. Attendees were provided with education pamphlets, had the opportunity to practice correct stretching techniques, and were given interactive websites where they could find out more information on stretching.
  - Display Case Professional and Health Education Updates: ESG has a display case located in the School of Health, Physical Education and Recreation. Throughout the year the display was updated with pertinent information for students and faculty. The board also attracted new members to join ESG. Topics covered were researched by members and included: "A New Year, A New You- how to keep you New Years Resolution," "Eating Your Lucky Greens" to encourage the Five-A-Day campaign, and a display on this spring's "National Public Health Week- Healthy Kids in Healthy Communities."
  - Holiday Eta Sigma Gamma/IU School of HPER ornament making party and fundraiser: ESG members decorated ESG-HPER holiday ornaments as a fundraiser. This was also a social even that allowed members to spend time together using their creative talents.
  - Pizza Hut/Carwash Fundraiser: This event was a fundraiser for ESG. This event was also very social and allowed members to practice teamwork as they washed cars.
  - IU Health Center/CAPS Awareness and Screening Days: IU Health Center's Counseling and Psychological Services hosted four awareness and screening days on IU campus. Eta Sigma Gamma helped to staff these events at multiple locations on campus instructing students and passing out pamphlets, allowing psychologists to do screening activities with passerbys. The four awareness and screening day topics (held on separate days) were Anxiety, Alcohol Awareness, Eating Disorders, and Depression.

**Rho- Kent State University**

- Self Defense Training: provided free self defense training open to campus in honor of Sexual Assault Month.

- Smoke-free Campus Campaign: held information tables, public forums, and some members talked to decision makers on campus.
- Eating Disorder Awareness Table: provided information, members made a life size Barbie doll to be at the table.

Other Activities:

- ESG Karaoke Night
- End of the Year Cookout
- Assisted with Smoke free Kent campaign

**Sigma-** James Madison University

- Great American Smoke-Out: (November 17, 2005) Sigma Chapter members collaborated efforts with JMU's office of Health Promotion to distribute smoke cessation packets to JMU students. These smoke cessation packets included gum, hard candy, silly putty, and information regarding the dangers of smoking. Other informational pamphlets, wristbands that said "breathe strong" and items such as staplers, chap stick, and pens with anti-smoking messages were also distributed.
- Stacking Up Against Hunger: (November 28<sup>th</sup> –December 2<sup>nd</sup> 2005) A Campus-wide canned food drive which collected over 4,000 cans of food to be donated to people in need in the Shenandoah Valley. All donations collected were donated to the Mercy House, Valley AIDS Network, and Blue Ridge Area Food Bank. Collaborative efforts on the JMU campus included JMU Recycling, JMU Health Center, JMU Dining Services, Carrier Library, CISAT Library, Greek Life, Belle and Converse Residence Halls.
- Teen Health Fair: (March 24, 27, & 28, 2006) Sigma Chapter members volunteered their time to help man the March of Dimes and the Youth of Virginia Speak Our About Traffic Safety (YOVASO) booths at the eighth annual Teen Health Fair held at Turner Ashby and Spotswood High Schools, near James Madison University. It was estimated that over 3,000 ninth and tenth grade students were in attendance during these health fair days.

Other Activities:

- Student Organization Night: (September 5, 2005) Sigma Chapter set up a booth at JMU's annual Student Org. Night to recruit new members for the JMU Sigma Chapter. Interested students were able to ask questions to the Sigma Chapter Executive members and a poster board was developed explaining the purpose of Eta Sigma Gamma and its goals. Flyers were also handed out at the event.
- Sigma Chapter's Meet and Greet Cookout Kick-Off: (September 11, 2005) Returning Sigma Chapter members and those students interested in joining the Sigma Chapter for the 2005-2006 school year were encouraged to attend this cookout kick-off event. Approximately thirty people attended this event which took place at Dr. Sabato's house, Sigma Chapter's advisor.
- Sigma Chapter Picture for Bluestone Yearbook: (October 4, 2005) Sigma Chapter members gathered together to have the chapter picture taken for the yearbook and then a brief meeting was held after the group picture to discuss upcoming ESG events.

- Breakfast/Dinner ESG Social: (October 18, 2005) Approximately twenty-five Sigma Chapter members enjoyed a buffet of breakfast foods cooked by the executive board members. This dinner allowed all Sigma Chapter members an opportunity to continue to get to know one another in a comfortable setting.
- Cold and Flu Awareness Promotion: (November 5-12, 2005) Due to the lack of flu vaccine available, we chose to promote healthy and preventative behaviors to help students reduce the likelihood of contracting a cold or the flu. Student members distributed flyers and banners around campus.
- JMU Football Game Concessions: (November 12, 2005) Twenty-five Sigma Chapter members worked concessions at the JMU football game to earn over \$300 to be used toward future Sigma Chapter projects.
- March of Dimes Star Chef Event: (November 14, 2005) Ten Sigma Chapter members volunteered at the March of Dimes event as silent auction runners, greeters, wine servers, etc. This was the third year that Sigma Chapter volunteered for this annual March of Dimes fundraiser.
- Holiday Dinner/Holiday Cards for Faculty: (December 5, 2005) A holiday potluck dinner was planned to finish off the fall semester. Holiday cards were made for all health science/health education faculty members and a good time was had by all in attendance.
- Up 'till Dawn: (February 9, 2006) Five Sigma Chapter members formed a team and raised money during fall semester for St. Jude Children's Research Hospital. Their efforts were rewarded at a late night breakfast hold on February 9, 2006 for all Up 'till Dawn participants.
- Initiation Dinner: (February 22, 2006) All Sigma Chapter members were invited to the annual initiation dinner to recognize all new members with their Eta Sigma Gamma certificates and pins. A lasagna dinner was served by the executive board.
- Men's Basketball Game Concessions: (February 24, 2006) Fifteen of our members worked concessions at the JMU Convocation Center to earn over \$400 to be used for future Sigma Chapter projects. This was a collaborative effort with JMU's Pre-PT Society.
- Relay for Life: (April 8-9, 2006) Sigma Chapter collected money to be used toward cancer research and participated in the 12 hour event which was dedicated to "walking for a cure."

**Phi-** University of Northern Colorado

- Relay for Life: June 3, 4 at noon. Provide sponsorship.
- Channel 9 Health Fair: Provide volunteers for the fair.
- Wrote and received an electronics grant for A Kid's Place.

**Other Activities:**

- Provide clothing for local women's shelter.
- 2006 Academic Excellent Week & Research Day participation.
- Health Disparities Conference Oct. 2006 sponsored by Community Health Department at UNC.



- Volunteered for Life Care Center.
- Participated in the 2006 Breastival.

**Chi-** University of Utah

- Ebony and Ivory Fundrasier: Helped facilitate a fundraiser. Funds raised from silent auction went to fund new eye center at the university hospital. We received some funds for our chapter as well. Also good forum for networking as many of the health care leaders from the area were present.
- Aging population expert panel: Experts from the area in the field of aging came to host a panel which presented the challenges facing the health of the aging population in regards to health education.
- Hands to the Homeless Service Project: Had a day full of activities and learning experiences for the kids who were at the homeless shelter. Educated the kids about exercise and dental care.

Other Activities:

- Opening social and initiation of new Gammas: annual initiation ceremony held at the home of the faculty sponsor. New Gammas were taken through the initiation process.
- Toy Drive: Toys were gathered for the Starlight Starbright Childrens Foundation around the holiday season. Goal of 150 toys, gathered over 250!
- Ronald McDonald House: cooked breakfast for those who were staying at the Ronald McDonald House.
- Closing Social: Sponsored the department closing social in which the awards and scholarships were announced and a slide show summarizing the year was presented.

**Omega-** Illinois State University

- National Denim Day: created an educational display for breast cancer awareness, passed out pink ribbons, and collected donations on the quad for the Susan G. Komen Breast Cancer Foundation.
- Great American Smokeout: created an educational display for quitting smoking, passed out quit smoking kits, and generated petitions for our community to go smoke-free in all public places. Our community and our “twin” city will be smoke free as of January 2007.
- National Health Education Week: partnered with ISOPHE to host a one-day workshop for NHEW. We had 5 speakers to discuss 4 topics regarding Family Life Education. Health educators from the central Illinois region participated in the day-long workshop, which was catered.

Other Activities:

- ISHA/ISOPHE conference: most of our members attended our state conference and many volunteered to work the registration tables.
- We initiated an honorary member, Dr. Thada Wimonwatwatee, who was a visiting scholar from Thailand.

**Alpha Alpha-** Southern Illinois University, Carbondale

- Robert D. Russell Spirit Award: This award was created by members of Alpha Alpha chapter in honor of the contributions to the field of the late Dr. Russell. The award will continue as an annual award given to an undergraduate health education major who best exemplifies the spirit of Dr. Russell and the ideals of ESG. The recipient receives a \$200 prize and 1-year dues to ESG paid.
- Co-Sponsored 9<sup>th</sup> Annual Robert D. Russell Visiting Scholar Address and Health Education Graduate Research Symposium.

Other Activities:

- Back to School Social to welcome new and returning health education students. All HED faculty members were also invited with many of them attending as well.
- Several members attended and presented posters at the AAHPERD Annual Conference.
- Initiated 11 new members this spring with Dr. Nancy Parsons from Western Illinois University providing an engaging presentation on professionalism as the guest of honor.

**Alpha Gamma-** University of North Florida

- Induction Ceremony Friday November 18, 2005 at the University Center on the University of North Florida Campus. A full dinner was served while inducting the new members in front of family, friends, and faculty.
- CHES Study Group to prepare members for the exam. The study group met weekly to take practice exams, discuss possible test questions and listen to the graduate student instructor. The University of North Florida was recognized by NCHEC as having a Top Ten passing rate for the CHES. We like to think that our study group had a contribution.
- The Office of Population Affairs with the Administration for Children and Families Abstinence Education Evaluation Conference Strengthening Programs through Evaluation. Several members attended the Baltimore, MD conference to hear two ESG officers present their poster presentation research.

Other Activities:

- Choose a Major Career Fair, University of North Florida.

**Alpha Lambda-** University of Florida

- World Aids Marathon/Kids Carnival- volunteered with the Brodski Foundation for the Gainesville World Aids Marathon; distributed water along the marathon route, painted children's faces at the kid's carnival.
- Sex in the Swamp- sex education event for UF students to raise awareness about safe sex, STIs, condom usage, common sexual myths and facts about sex and sexuality. Local experts provide a panel discussion and answer related questions. Games and other entertainment are provided. The event is held at a local restaurant across from the UF campus.
- ESG Spring Banquet- banquet sponsored by ESG honoring departmental award winners, ESG achievements, and induction of new ESG members.

Other Activities:

- Girls Club Volunteering- ESG members volunteered weekly at the local Girls Club. Volunteer sessions involved delivering health education on a variety of topics such as water safety, bicycle helmet usage, proper nutrition and physical activity. Activities reinforcing the presentation were also offered.
- ESG Annual Spring Banquet- this is an event enjoyed by all. Parents and members attend an elegant evening with food and tribute to members. Annual activities are showcased through media presentations.
- Angel Tree- ESG members collected money and gifts for two needy children in the community during the winter holidays.

**Alpha Omicron-** Temple University

- Work Out Day: Event on campus to encourage students to work out and be physical.
- Safe Sex Café: members sponsored an event on campus to promote healthy sexual behaviors and the proper use of condoms. Event incorporated poems, music and discussion as well as condom give-aways and food for the participants.

Other Activities:

- Fundraising activities: one back sale with healthy snacks, one breakfast sale.
- Social activity: after-initiation party
- Students volunteered and attended the American Public Health Association meeting in Philadelphia; select students went to Harrisburg, PA to meet the state health commissioner and tour the state public health department.

**Alpha Pi-** Texas A&M University

- Monthly Bulletin Board (Education): Each month 2-4 ESG members would develop an educational bulletin board on an assigned topic. Topics included nutrition, spring break safety, heart disease and skin cancer.
- Boys and Girls Club (Education): Gammans developed an after-school activity on personal health and hygiene (1 hour duration) for the local boys and girls club.
- Exercise and Health (Education): A group of Gammans (5) developed a one hour seminar on nutrition and exercise for the Brazos Valley Center for Alcohol and Substance Abuse.
- Crestview Valentine's Party (Education): Gammans provided residents of a retirement home with an informative handwashing and skincare presentation. Each attendee was given samples of the products used in the presentation.
- Homeschool Health Education (Education): Gammans developed an age appropriate lesson on nutrition using the food guide pyramid curriculum.
- Homeschool Health Education (Education): Gammans developed a 1 hour activity on personal health and hygiene for the local homeschool group.
- Elder Aid Exercise Education (Education): Gammans met with a group of elderly women and taught them age appropriate techniques for exercising.
- Phoebe's Home (Education): Gammans developed a one hour seminar on techniques for accessing health services in the Brazos valley.

- Breast Cancer Awareness Table (Education): Gammans passed out educational information and pink ribbons to increase awareness about breast cancer.
- Hearne Halloween (Education, Service): Gammans developed a 1 hour activity on personal safety, health and hygiene for the local homeschool group.

Other Activities:

- Elder Aid (Service): Gammans assisted several individuals on two occasions with yard work and house work.
- Big Event (Service): 18 Gammans took part in a campus wide day of service. Gammans were split into two groups who assisted two different families in the community with home improvement tasks.
- Alpha Pi Chapter Induction Ceremony: This ceremony was held in conjunction with the division of Health Education annual awards. Forty-nine Gammans were inducted, eight of whom were graduate students. In addition to the inductees, four awards were given: local Gamman of the year, service award, research award, and education award. The ceremony was held at Briarcrest Country Club in Bryan, TX,
- Canned Food Drive (Service): Prior to Thanksgiving, the Alpha Pi chapter sponsored a canned food drive where over 300 pounds of canned goods were collected and donated to a local foodbank.
- Toy Drive (Service): Prior to Christmas, the Alpha Pi chapter held a toy drive that resulted in the collection of two boxes of toys that were donated to Phoebe's Home.
- Crestview Valentine's (Service): The Alpha Pi chapter hand made Valentine's for Crestview Retirement Center.
- Eating Disorder Research: A group of gammans conducted a literature review and analyzed data obtained from the College Health Survey on the incidence and prevalence of eating disorders on the TAMU campus.
- DWI Research: A group of Gammans analyzed a preexisting qualitative data set on the behaviors of DWI offenders.
- Research Mentoring Program: 8 Gammans were paired with TAMU faculty and graduate students to assist and learn more about the research process.

**Alpha Omega-** University of Nebraska at Omaha

- Bell Tower Challenge: Organized and implemented a campaign to collect food for the Omaha Food Bank. In 12 years over 33,000 pounds have been collected for the Food Bank.
- Participated in the UNO health fair. Helped to organize and plan educational opportunities for the health fair. Helped to staff a booth for the anti-tobacco coalition and Activate Omaha.
- Organized and implemented activities for the Great American Smokeout entitled CSI: Omaha, <http://www.uomaha.edu/~healthed/BT.html>

Other Activities:

- Helped at registration for the National Public Health Week luncheon.

- President represents ESG at School and College meeting for student organizations.
- Volunteered for Red Ribbon Day (anti-drug rally)
- Volunteered at Kidz Explore, an event for children and their parents. Members staffed the interactive anti-tobacco booth.

**Beta Alpha-** University of Minnesota Duluth

- Adopt a Highway- twice a year we clean a two mile stretch of road way in Pike Lake , MN (October and April)
- Great American Smokeout- provided members and staff information at a booth for the American Lung Association (November 2005)
- Relay for Life- we raised money and participated in the 12 hour walk at UMD to raise money for cancer (May 2006)

Other Activities:

- Professional speaker- UMD health educator spoke to members about career goals and opportunities
- Safe haven- made cookies with children staying at a battered womens shelter (Dec 2005)
- Out Cold festival Feb 2006 we provided free massages from the local tech college massage therapy students
- Had a booth for the UMD Health Fair
- Helped with the national depression screening fair with UMD Health Services (Oct 2005)

**Beta Delta-** Eastern Michigan University

- Donated funds to the 3<sup>rd</sup> annual GlioBlastoff, a fundraiser for Brain Cancer, and 3 members volunteered assistance the day of the event (5/13/06).
- Great American Smokeout Bulletin Board
- Holiday gift donations for SafeHouse Center

Other Activities:

- Major recruitment effort via mailing and Meet and Greet to eligible students at EMU.
- Presentation about ESG to 2 sections of Health Ed Foundations course.
- Food donation to homeless via Trinity Chapel at EMU.

**Beta Theta-** East Carolina University

- Assisting in creating a Health Majors Club for ECU Dept. of Health Education and Promotion.
- Fundraiser: Wrapping presents at Barnes and Noble.

Other Activities:

- Three “socials” which included lunch or dinner.

**Beta Nu-** Eastern Illinois University

- Cigarette Butt Awareness Campaign
- AAHE Public Health Team Competition
- Major Awareness: presented a program about the health field as a possible major for undecided students on campus.

**Beta Phi-** University of Wisconsin- La Crosse

- Yoga Education/Research: Members of Eta Sigma Gamma taught Yoga to second grade classes once a week. At the end of the semester, the second grade students were asked to express how they felt using faces on paper.
- Tanning Research: Members of the Beta Phi chapter conducted research on the negative side effects and risks associated with tanning beds. Along with the research, a Safe Spring Break display was set up to educate college students on healthy skin behavior while on vacation.
- TATU: College students are trained on anti-smoking campaigns, resistance techniques, and alternative activities.

**Other Activities:**

- Kickbutts Day: Local involvement with school districts and La Cross County Health Department, Awareness and Prevention of Tobacco Use
- Elite: Education Program
- Relay for Life: The Beta Phi chapter formed a team to raise money and walked in support of research for cancer.
- Bell Ringing: Members volunteered their time to collect money for the Salvation Army.
- Neighbor Day: College students (along with community members) volunteered time to help elderly and disabled members of the community with yard and house work. Neighbor Day takes place one Saturday morning every spring.
- Rotary Lights: Eta Sigma Gamma volunteered their time to help with the set-up at a community park.
- Arthritis Walk: Eta Sigma Gamma was involved with the organization and volunteers for staffing the event.
- Sharing Session (School and Community Health): Alumni came to answer questions members may have about their major and what to expect in the future.
- WAHPERD: Members attended this conference to obtain experience and knowledge that will aid them in their studies and future jobs.
- Symposium on Adolescent Health Issues: The symposium focused on adolescent health risks and health protection behaviors.

**Beta Psi-** SUNY Brockport

- Annual Departmental Awards and Induction Ceremony

**Gamma Delta-** Southern Illinois University, Edwardsville

- 9<sup>th</sup> Annual Madison County Youth Forum: a day-long program that allows 100 youth of Madison County to voice their opinions on a variety of subject matters

and present their ideas to a board of community members. ESG is involved with the Madison County Youth Board in planning, training of youth facilitators, and implementation of the forum.

- Health Fairs: Liberty Middle School, Lincoln Middle School, Edwardsville High School, East St. Louis High School. Interact with local students on variety of health issues. At Health Fairs activities include, but not limited to; “Guess How Much Sugar?” are in a variety of common drinks and food and “Spin the Wheel” to answer correctly a health question and win a prize.
- Sex in the Halls: A sexual responsibility and education program that is taught at three resident halls on campus. Such topics covered included, but not limited to: “How to correctly put on a Condom” game, “Ask a Gamman” (in which we answer questions that students have on various topics) and STDs and HIV/AIDS. This program is in high demand from each resident hall that we have increased the frequency from once a year to twice a year.

**Other Activities:**

- Trivia Night (in conjunction with Kinesiology Student Association)
- A 3-part series on Professional Development for Health Education majors
- Participation in local Asthma Walk- we raised \$600.
- Fundraising for American Red Cross (Hurricane Katrina Relief)- we raised \$1,000.
- Winter and Spring/Summer Graduation Tea (in conjunction with Kinesiology Student Association and the Department of Kinesiology and Health Education)
- Officer Leadership Training
- Attendance at ASHA & AAHPERD Conferences

**Gamma Zeta- Plymouth State University**

- Wellness Fair
- Collected money for Eating Disorders
- Eating Disorder Awareness Week: a week of many activities

**Other Activities:**

- Socials: meet and greet, pizza party, holiday party

**Gamma Theta- Youngstown State University**

- Fundraising event for victims of Hurricane Katrina- October and early November, 2005: We sold donated Mardi Gras beads for \$1 each to reach a goal of 1,084- which is the number of miles from YSU to New Orleans. Goal was exceeded- \$1,100.00. Money was presented to Red Cross.
- World AIDS Day Awareness program, December 1, 2005: Information was provided to students, faculty and staff of YSU using a Wheel of Fortune type game which was held in the student union. Bottled water and donated prizes were given as incentives. Brochures and condoms were distributed. ESG members were required to pass a knowledge test on HIV/AIDS before they were allowed to participate in this annual event. All members passed!

- Sun safety awareness program the week before Spring break, March 2006: Display with palm trees and other tropical decorations drew student attention in the student center. ESG members staffed the display and provided information, played a quiz game with those who visited the display, and awarded prizes of donated items including sun visors, sun block, chap stick, flip flops, and summer themed charms. ESG members solicited prizes. ESG members were required to pass knowledge test on sun safety and risk factor facts before they are allowed to participate in the event. Again, all members passed!

Other Activities:

- Senior Tea, held in December and May: The purpose of the Senior Tea is to honor the semester's health ed grads. At both Teas we have a luncheon, and each senior makes a Power Point presentation about his/her internship related to the 7 CHES responsibilities. At the Spring Tea the annual ESG induction is also held.

**Gamma Kappa-** Liberty University

- Liberty University Health Fair- April 2006. Gammans assisted and collaborated with this project as a "first annual" health fair.
- Mentor project: Gammans agreed to be mentors to new majors, to be a resource for them.
- Recruitment: Gammans agreed to be available to students considering the health promotion major. They met with and provided information about the profession.

**Gamma Lambda-** University of Texas at El Paso

- Great American Smokeout: Health Fair and classes on main campus from 9-2p.m. In collaboration with American Cancer Society, Texas State Health Services, American Heart Association, and other agencies. The Great American Smokeout is nationally recognized as a platform to educate the public on the dangers associated with tobacco use and to encourage smokers to quit for a lifetime by starting with just one day.
- Nutrition Health Fair: This event was located at Centro San Vicente. CSV is a non-profit community oriented primary health care facility. Event was from 10-2p.m. and covered topics ranging from pregnancy to elderly nutrition. It also covered diabetes, cancer, obesity, and heart disease.

Other Activities:

- Katrina Relief Fundraiser: ESG members raised \$525.00 for Katrina victims.
- Leaders in Motion Conference: ESG Officers attended a 4 hour session on leadership. Topics ranged from program planning to Ways and Means of Leadership. Keynote Speaker- Steve Ortega, City Council Rep.
- Minerploozza 2005- University event. ESG members worked at the rock climbing station to raise money for the chapter (\$100.00).

**Gamma Mu-** Western Michigan University

- Maple St. Middle School Recycling Program: In conjunction with a classroom teacher at the Maple St. Magnet School for the Arts in Kalamazoo, the Gamma



- Mu chapter created and implemented a school-wide recycling program. This program included educating students on the importance of recycling as well as providing materials and resources to allow the school to recycle independently.
- Boys and Girls Club of Kalamazoo: Throughout the Fall and Spring Academic Semesters, members of the Gamma Mu Chapter have been visiting the Boys and Girls Club of Kalamazoo on a weekly basis to implement Health and Physical Education related activities with members of the club.
  - Spring Break Health Fair: Members of the Gamma Mu chapter set up booths at the recreation center related to personal safety, water safety, sun protection, and sexual health for WMU students prior to the start of Spring Break.
  - Global Warming Presentation: Gamma Mu chapter members created a presentation to educate and create awareness of the growing global warming problem and the impact it has on the environment. This presentation was presented to WMU students and to students at local area middle and high schools.
  - Relay for Life: the Gamma Mu chapter participated in the 24 hour walk-a-thon at WMU. The chapter was able to raise over \$500 in donation and members walked for the entire 24 hours.
  - Special Olympics Bowl-A-Thon: Funds were raised and members participated in the 2005 Bowl-A-Thon to raise money for the Special Olympics.
  - Comstock Community Center: Members of the Gamma Mu chapter partnered with the Comstock Community Center to create a mentoring relationship with 8<sup>th</sup> and 11<sup>th</sup> grade members and instituted health related games and activities for the members.
  - Legislative Advocacy: In order to support House Bill 4859 which would mandate a minimum number of hours of Health Education in Michigan Schools, the Gamma Mu chapter sent over 200 letters to Michigan Representatives in support of this legislation. Copies of the letters were placed on our website for downloading and mailing as well.

#### Other Activities:

- Meet and Greet: There were two recruiting meetings this year, one in the fall and one in the spring to provide students with an opportunity to learn more about Eta, see how meetings are run, and ask questions of existing members in an attempt to get them interested in joining the Gamma Mu chapter.
- Initiation: There were two initiation ceremonies this year with each ceremony initiating new members as well as providing refreshments and a social opportunity for members and their families.
- Awards Banquet: The final official meeting of the year was the annual awards banquet which allows the Gamma Mu chapter to celebrate and honor all of the members for their hard work. Friends and family were invited to share in this event.
- Guest Speakers: Throughout the year, the Gamma Mu chapter has provided guest speakers for chapter members and all health education students to further our knowledge and skills regarding various health issues. Topics have included global warming, breast cancer, and school budgets.

- World AIDS Day: The Gamma Mu chapter created a bulletin board and set up a table to create awareness and provide information surrounding global AIDS.
- Conferences: Members of the Gamma Mu chapter attended and shared information from numerous professional conferences throughout the year. Conferences attended have included the Michigan Association of Health, Physical Education, Recreation, and Dance annual conference in Traverse City, MI, the American Association for Health Educators annual conference in Los Angeles, CA, and the American Association of Health, Physical Education, Recreation and Dance conference in Salt Lake City, UT.

**Gamma Xi-** East Stroudsburg University

- Bone Marrow Registry Drive: We organized a bone marrow drive through ESU. We were hoping to get 25 participants, but we achieved 75. We were responsible for organizing the event, securing a location, and we donated money to the National Bone Marrow Registry.
- Volunteering at East Stroudsburg Head Start: The local head start was holding a health fair for their students and parents. We were responsible for setting up booths, talking with parents, playing with the children, etc...
- SOPHE: Representatives for our chapter were able to attend both the Annual conference in Philadelphia and the mid-year event in Las Vegas.

Other Activities:

- We held a ghost pop fundraiser to raise money for our chapter.
- We also held a coin drive for Hurricane Katrina victims.

**Gamma Rho-** Truman State University

- Hispanic Cultural Competency Training and American Red Cross Hispanic HIV/AIDS Educator: (grant-funded). Received training in Hispanic cultural competency, were trained and certified as ARC Hispanic HIV/AIDS Educators; taught HIV/AIDS Prevention workshops at Milan Latino Center/Milan School District.
- Project Smokebusters: Trained by the MO DHSS, taught local high school students about media and legislative advocacy for their anti-tobacco campaigns. Educated and mentored the students in their efforts to make changes in community/school ordinances, laws, and policies for tobacco cessation and control.
- Show-Me Health: Clearing the Air About Tobacco: Educators and Legislative Advocates: Trained and certified as Tobacco Education Specialists, educated community about dangers of tobacco and tobacco control policies to support an advocacy effort to increase the state excise tax on tobacco.
- Health Educators for Court-Placement Students at Bruce Normile Juvenile Justice Center: Taught health topics and skills using active learning and highly interactive teaching strategies to youth placed in juvenile detention by the court system.
- Health Educators for Elementary, Middle, and Alternative School Students: Taught the Too Good for Drugs, I Want to be a Healthy Me, and other health and

substance abuse prevention curricula and units to local primary, elementary, and middle school students.

**Other Activities:**

- Legislative Advocacy Efforts for Federal Health Legislation: With the NCHEO, attended an advocacy summit, received training in legislative and media advocacy; lobbied/educated Senate and House members for federal health legislation.
- Community Organizers/Facilitators for Search Institute 40 Developmental Assets Community-Wide Campaign: Trained in the 40 Assets and assisted Heartland Task Force Prevention Coalition at community organizing events. Helped to design, implement, evaluate, and monitor the community-wide 40 Assets Campaign.
- Multimedia Campaign for MO Long-Term Care Ombudsman Program: (grant-funded). Created an Educational Multi-Media CD-ROM and sent it to selected LTC facility administrators to increase awareness of the program and encourage them to ask for an ombudsman for their facility. Followed-up with planning workshops in partnership with MCQC and MO LTC Ombudsman Program at the state department of health.
- SafeBrake/Grey Ribbon Campaign: Annual safe driving/distracted driving awareness campaign for TSU students over Spring Break. Comprehensive awareness and education program with mass media advocacy component.
- Shelton, Forsyth, Boudria, Bylina, 2005. "First-year college students' perceptions of campus-wide risky sexual behavior". Eta Sigma Gamma Student Monograph Series.

**Gamma Chi- Clemson University**

- Philanthropy: Senior Solutions, Seneca, SC- members are required to volunteer at least two service hours per semester at the center, helping seniors in their daily activities.
- Initiation: Each September the officers, current members, and faculty of the department hold a traditional Eta Sigma Gamma initiation where new members are inducted and welcomed. A reception is held following in order for the current members to meet the new members.

**Other Activities:**

- A spring social/cookout is held each year for all members and the Public Health Sciences faculty and staff. It is held in a local park, and new officer initiation is conducted at the social.

**Delta Lambda- Malone College**

- Facilitated educational table. Malone College Wellness Fair. "Disaster Preparedness," Sept, 20, 2005.
- Christian Women's Wellness Fair of Canton, Ohio. Facilitated educational table. "Every Bite Counts." March 18, 2006.

- Hope Totes. Collected, purchased and packed toiletry items for homeless shelter. Packed 20 bags. Haven of Rest Ministries, April 1, 2006.
- Minority Health Fair, sponsored by the Akron City Health Department. Conducted exit surveys with attendees. April 5, 2006.

Other Activities:

- Fall Social for members and candidates for initiates. Sept. 24, 2005.
- Initiation, Sept. 28, 2005. Initiation included a guest speaker who is an alumnus who works at the local county health departments. Served pizza afterwards.
- Spring Brunch, March 25, 2006. Time of fellowship for all members.
- End-of-year picnic, April 26<sup>th</sup>. Hotdog roast and fellowship.
- T-shirt sale.
- Cookie sale.

**Delta Omicron-** Lamar University

- Volunteer with the Texas Cooperative Extension Office Diabetes Conference. At this conference we helped register guests as they arrived as well as interacted with vendors of the health fair. We also spoke to a few vendors about helping us out at our health fair and had a business lunch with one.
- Form a Team in ACS Relay for Life: During the annual Relay we were able to raise money toward a cure for cancer. Also, our past president, Jennifer Ghee, was able to take on a bigger role as in intern during the Relay season. Next year one of our own members will be chairing the Relay at our university.
- Volunteer with the Texas Department of Health and Human Services: Health Fair. At the health fair, not only did some of our members act as interns, but we were able to make connections with the community and vendors. Next year we hope to invite some of them to help and promote health at our health fair.

Other Activities:

- Service: Our members were able to help the Beaumont Housing Authority in talking to college students and helping them fill out college applications.
- Service: Our members were able to once more host our annual Bear Drive, benefiting our local Buckner Children and Family Services. This year we were able to raise more bears and donate them to the children.
- Service: This year we were able to once more help out at our local Habitat for Humanity House building project. At this event we teamed up with another organization at the university and made connections to work on future projects.
- Social: This year at one our business meeting we changed the way it was ran, making it more productive than usual. At this same meeting we had food and celebrated the upcoming holidays.

**Delta Pi-** Bridgewater State College

- We had a welcoming event for incoming health majors. The event provided information to students who were new to the major/minor. We answered questions and gave advice as to what classes to take first and how to study for

certain professors' exams, etc. The event provided an opportunity to meet and socialize with current health education members and faculty. The event also welcomed any students who were considering the major/minor and just wanted to get more information.

- **Quit Smoking- Get Hypnotized!:** This event was advertised to students, faculty and staff on campus as well as to the general public in the Bridgewater area. A certified hypnotherapist and smoking cessation specialist came to the school and trained individuals on how to use hypnotherapy to help them quit smoking.

**Other Activities:**

- Regular advocacy alerts regarding state and national health and health education issues were sent to ESG members by the president. Each alert was configured so that the members could easily send letters or messages to legislators.

**Delta Tau-** Columbus State University

- Our first major event as a chapter was to participate in the local Health Expo that is held every year. We performed various health screenings for the public. Many of our members were able to become certified and used the event to network with health professionals in our area.
- The second event our chapter has was the adopt a grandparent program. We would visit a local nursing home to spend time with the residents. The members that participated each had residents that they kept in touch with throughout the year.

**Other Activities:**

- Information Tables on a different health issue for that month.
- Our chapter sponsored a forum on abuse that focused mainly on child abuse.
- Several members attended the "International Physical Education and Public Health Conference" in Atlanta, Georgia.
- Our chapter volunteered with several agencies in our area.
- We had a pinning ceremony for our graduating seniors.

**Delta Phi-** University of Michigan-Flint

- Induction ceremony, in which the Delta Phi chapter was founded and members were inducted. (3/31/06)
- CHES workshop, in which speaker answer students' questions about the CHES exam and give a presentation on the CHES certification, why to get it, and what to expect on the exam. (9/7/06)
- Continued participation in upcoming health walks, AIDS Walk and Breast Cancer Walk.

**Other Activities:**

- American Heart Association heart walk, at which three members volunteered. (5/13/06)
- EXPORT and GCCARD health fair, at which four members volunteered. (6/16/06)

- Spring meeting/elections. (4/20/06)
- Summer meeting/pizza dinner. (5/16/06)
- Bowling social event. (6/24/06)

**Delta Chi-** Texas State University, San Marcos

- We just formed our chapter in April of this year so we have not had much time to participate in a lot of events. However, we did manage to participate and volunteer for Texas Roundup. Texas Roundup is an annual health promotion activity that is sponsored by the governor. Some of our members helped with the 5k and 10k registration and other members participated in the races.

Other Activities:

- Our chapter installation and first initiation was a success. We had about 45 people attend our installment and initiation ceremony despite the bad weather. We were able to get Subway to cater the event so the social after the ceremony was a success as well.

**Delta Psi-** Northern Illinois University

- DeKalb County Health Department Disaster Preparedness Drill: Members participated in a disaster drill sponsored by the local health department. Members were given a card upon arrival with a disease and age on it. Facilitators then reacted to each individual disease. Participants were given M&M's as treatment for their illnesses.
- NIU Relay for Life: Members donated money to the American Cancer Society and walked in the Relay for Life that was held at the NIU Recreation Center.
- Delta Psi Chapter Installation: April 30, 2006.

Other Activities:

- Health Treats Bake Sale: Sold healthy treats in the School of Allied Health Professions building to students.
- Valentine's Day Raffle: Ruffled off a Valentine's Day Basket to students at the NIU Student Center.
- T-Shirt Sales: Sold ESG t-shirts to members and faculty.
- Pizza Party: Members met at Wirtz Hall for a social gathering and pizza party before finals week in December.
- Health Awareness Bulletin Board: Members took turns decorating Public Health bulletin board on various health issues.
- NIU Student Organization Fair: Promoted organization by participating in student organization fair.

### **What is a concern of your chapter?**

- The major concern of our chapter is member involvement. Although the chapter is growing, we are seeing a trend as to who takes the initiative on activities. Also, students are not aware of the chapter and do not recognize the many benefits the organization offers.
- Our chapter strives to uphold the ideals of Eta Sigma Gamma by becoming involved in the campus and surrounding community. We hope to promote health and professional development through our activities and events.
- Many of the members are grad students; we need to recruit more undergraduate students. Fundraising is also a concern.
- The major concern of our chapter this year was to raise money in order to have sufficient funds to develop future health promotion programs. We feel that we were very successful in reaching this goal.
- One major concern will be addressing health disparities and providing aid to underserved communities. We would like to work with Action Aid and other organizations like “All Together Now” to provide funds for health issues for the underserved population locally, nationally, and internationally.
- Our major concern is the involvement of those just entering the major. We have struggled to find a way to get them active and excited about ESG. In addition, we have also struggled with research in the past few years.
- Building and sustaining our membership. Many attend the first meetings each semester, but the numbers dwindle.
- The greatest difficulty for our chapter is engaging and recruiting undergraduate members. We have a large majority of graduate students represented in our chapter, which has its own problems (i.e. lack of time to commit, etc.)
- Involvement continues to be our main concern. Students struggle with being able to attend meeting and events due to their busy academic, work and personal lives.
- Integrating graduate students into a historically undergraduate chapter of ESG. Over the past year our chapter amended its bylaws to incorporate two new officer positions, those of graduate vice-president and graduate secretary. These new positions allow the chapter to divide so that the professional interests of both the graduate students and the undergraduate students were met. Another concern was the irregular attendance of the members of our chapter at monthly meetings.
- Recruiting members who want to be active and involved in chapter and not just list membership on their resume.
- Members are so busy with a variety of school obligation, jobs, other interests etc. that it is difficult to get a great deal of participation in ESG after initiation.
- Getting younger students involved.
- Our concern was lack of participation of members as a whole. We consistently had the same group of people participating in activities and programs.
- Member participation.
- Keeping members motivated.
- One of the biggest areas of concern regarding our chapter is the selection and retention of qualified candidates that are devoted to providing health related education and service to our university and the surrounding community. A lot of

students are eager to join the organization but less enthusiastic about being involved and putting in the time required to make being a member a worthwhile experience.

- Recruitment and retention. We were reinstated last year and we have had some difficulty with getting people interested and involved. Also, we would like to see more members at meetings.
- Recruitment of students with a 3.0 GPA; retention once they are inducted.
- Attendance at meetings was a large concern this year. A large number of members were not present for many of the meetings, including initiation. Possibly as a result of this, there was very little interest in running for office for the 2006-2007 school year.
- Our chapter is once more making changes so that our members will stay active. Our university is not a big campus and our health majors and minors are limited. However, next year we hope to gain more members and have begun working on recruitment.
- The major concern of our chapter is to become a larger and more recognized group on campus. The health major at our school is very small. Therefore, we have a problem both getting members and keeping them involved in the group's activities. Our primary goal is to attract more people to the health major-minor and to have more people involved with our group so that we can be capable of more types of events.
- We are concerned and cautious about starting a new chapter of ESG.
- A major concern of our chapter is chapter organization and membership. This is the first year for Eta Sigma Gamma; thus, our membership numbers are still low. We are hoping to recruit more members in the fall and organize more service and professional activities.
- None at this point. We have had an increase in membership, they are active, and we are doing meaningful projects.
- Continuing to have interest in the organization by students and ability to plan events with busy student schedules. Getting younger students involved.
- Since we had so many members graduate, we need to rebuild the membership and elect new officers.
- Our chapter of Eta Sigma Gamma is constantly trying to change existing programs to better suit the needs the program is designed for. We also strive to incorporate new programs. A major concern along with programs, is trying to have new members become actively involved in Eta Sigma Gamma.
- We are a new chapter, so we'd like to encourage our members to be active and recruit new members. We'd like to enhance the professional development of our members by encouraging them to take the CHES exam. We'd also like to host or volunteer at service activities that improve the health of the community.
- Motivating health education majors to join ESG and attend the meetings and events.
- Attracting active student members and keeping them motivated to remain active throughout the year.
- Our chapter needs to get better established in the community



### **What can the National Office do to make your chapter more effective?**

- Offer more suggested activities for the chapters to adopt. Also, offering tips on how to keep members excited and involved. It would also be a benefit to see some leadership trainings offered by the National Office.
- We hope to become more connected with other Eta Sigma Gamma chapters through collaboration with the National Office.
- Provide financial assistance.
- Our chapter would like to become more active at the national level. It would be very helpful if the National Office could update the website, including information such as major events that schools around the nation are completing at the present time.
- We plan on contacting the national office to discuss scholarship and other funding opportunities to better facilitate our ongoing projects.
- Perhaps if the national office had some sort of method of letting all of the chapters know what is going on among the other chapters, in the form of a newsletter perhaps. It might be interesting to do collaborative activities with nearby chapters.
- Can we share our best practices among chapters? That might help to remedy our issues/concerns.
- It can be difficult to find and develop good leaders in voluntary organizations at times. It may be helpful to host national, or possibly regional, leadership development/training courses/workshops.
- National is great. Always supportive and responsive.
- There needs to a method for inner-chapter communication.
- Lower the cost of membership dues for students.
- You are there when we need you.
- Already doing a good job for support.
- We would like to see an online bulletin for Gammans to look at program that have been successful. The online sharing of information from one chapter to another on Chapter development and other such topics.
- The national office has done a great deal to provide supports. I think at this point it is getting already busy students to make a commitment to ESG...it's not the national office.
- Updated information on events and activities. Ideas for fundraising (i.e. what are other chapters doing to become or stay successful) recruiting, etc.
- Our chapter can become more effective if the National Office could develop a means to facilitate communication among chapters across the country. A web-based message boards that would allow members from each chapter to effectively share ideas and voice concerns could strengthen our chapter as well as all chapter across the country.
- We think they do a wonderful job keeping us informed and helping our chapter since we were reinstated.
- Offer consultation on maintaining viability.

- Creation of a feedback method by which chapters may inform the National Office of members who showed little or no involvement throughout the semester. We would like for there to be a way to incur consequences on these members.
- We would like to know if we can receive information on the annual conference that Eta Sigma Gamma has so that, if possible, we can send some of our members to represent us.
- We would love to hear other group's ideas on how to attract more members or how to keep current members engaged. Perhaps the national ESG website could provide more information on what other chapters are doing around the country. Especially with such a small chapter, I think we often feel as though we aren't capable of doing that much on our campus. If we were more connected to other chapters through the website, perhaps we would feel more empowered.
- Could you please send or email up tips for recruitment, professional involvement, and ideas for philanthropic.
- Our chapter would benefit from knowledge of what other chapters are doing in terms of successful and creative activities. With this knowledge we would be able to modify and implement programs found to be interesting and useful.
- By granting funds to our group, the National Office can enable our Chapter to financially support our members who take the CHES exam.
- Provide our chapter with more financial support so we can offer more to our members as well as to our community. (Ex: give more money back to each chapter from our dues.)
- Everything is fine

#### **Other Comments?**

- I have loved being involved with Eta Sigma Gamma this year! I think it is such a wonderful way to gain experience in public health and has truly helped me to develop professionally and philanthropically. Thank you for all you do!
- Our chapter would love to receive any feedback that the National Office has to offer in order to make us a better chapter for the future.
- We had a great year!
- Many of our present and past members have informed us that they have not been receiving any communication from the national office nor have they received any issues of The Health Educator or the Student Monograph.
- Thank you for your support while we were installing our new chapter. Also, we appreciate that you sent Dr. Mal Goldsmith to be our installation officer.
- Eta Sigma Gamma continues to be an excellent organization for the professional development of Health Educators!

