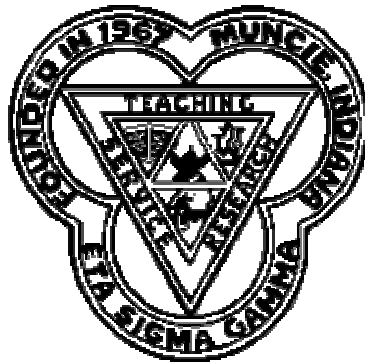


ETA SIGMA GAMMA

2004 CHAPTER ANNUAL REPORTS



**ETA SIGMA GAMMA
NATIONAL OFFICE
2000 UNIVERSITY AVENUE
MUNCIE, IN 47306
1-800-715-2559**

Chapter Reporting	Person Submitting	Title
Alpha – Ball State University	Beth Muhlenkamp	President
Beta – Eastern Kentucky University	Elizabeth Emmons	President
Eta – Central Michigan University	Carla Palazzi	President
Mu – Western Kentucky University	Lisa Thomason	President
Nu – Indiana University	Sarah V. Childers	President
Pi – Western Illinois University	Darren Trembl and Shanett Jones	Vice President and President
Phi – University of Northern Colorado	Megan Martinez	President
Alpha Gamma – University of North Florida	Sharon T. Wilburn	Faculty Sponsor
Alpha Delta – Florida State University	Jessica L. Tuznik	President
Alpha Theta – Adelphi University	Stanley Snegroff	Faculty Sponsor
Alpha Iota – University of Southern Mississippi	Zundra Bateaste	President
Alpha Lambda – University of Florida	Catherine Sweeney	President
Alpha Mu – University of Tennessee	Jim Hurtubise	President
Alpha Nu – University of North Carolina, Greensboro	Christina Y. Hardy	President
Alpha Pi – Texas A&M University	Amanda Stokes	President
Alpha Upsilon – Central Washington University	Mark Perez and Bonnie Corns	Faculty Sponsor and President
Alpha Omega – University of Nebraska, Omaha	David Corbin	Faculty Sponsor
Beta Alpha – University of Minnesota, Duluth	Kasandra Wiederholt	President
Beta Delta – Eastern Michigan University	Christine Karshin, Ph.D.	Faculty Sponsor
Beta Kappa – Minnesota State University, Mankato	Amber Bannerman	President

Beta Nu – Eastern Illinois University	Dr. Kathleen Phillips	Faculty Sponsor
Beta Phi – University of Wisconsin, La Crosse	Karen Klingelhoets	President
Beta Psi – SUNY, College at Brockport	Dr. Linda Balog	Faculty Sponsor
Beta Omega – New Mexico State University	Melanie Sarabia	President
Gamma Iota – Georgia College & State University	Barbara Funke	Faculty Sponsor
Gamma Mu – Western Michigan University	Neal Richard Kalso	President
Gamma Rho – Truman State University	Erin Cahill	Historian
Gamma Tau – University of North Texas	Jonathon Neece	Treasurer
Gamma Upsilon – Georgia Southern University	Becky Rimer	President
Gamma Chi – Clemson University	Blythe Scott	Secretary/Treasurer
Delta Beta – University of Montana	Senna Towner	President
Delta Zeta – Coastal Carolina University	Jacqueline Griggs	Member
Delta Lambda – Malone College	Dr. Pamela Hoalt	Faculty Sponsor
Delta Nu – Idaho State University	Pauline Cardona	President
Delta Xi – University of Alabama, Tuscaloosa	Lea G. Yerby	Treasurer
Delta Pi – Bridgewater State College	Kristin Letendre	President

Chapter	# of Meetings	# of Initiates
Alpha	8	17
Beta	7	7
Eta	14	18
Mu	7	5
Nu	16	15
Pi	17	9
Phi	10	5
Alpha Gamma	5	54
Alpha Delta	4	11
Alpha Theta	0	10
Alpha Iota	17	17
Alpha Lambda	21	27
Alpha Mu	15	10
Alpha Nu	12	13
Alpha Pi	14	40
Alpha Upsilon	15	11
Alpha Omega	8	6
Beta Alpha	12	5
Beta Delta	20	30
Beta Kappa	13	13
Beta Nu	9	16
Beta Phi	10	32
Beta Psi	0	25
Beta Omega	16	20
Gamma Iota	2	6
Gamma Mu	28	14
Gamma Rho	40	6
Gamma Tau	0	15
Gamma Upsilon	8	19
Gamma Chi	8	55
Delta Beta	15	24
Delta Zeta	9	25
Delta Lambda	8	8
Delta Nu	7	10
Delta Xi	8	26
Delta Pi	3	27

Awards Given by Chapters

Honorary Members

Alpha - Dr. Marianna Zamlauski-Tucker

Alpha Gamma - Johnnie Williamson

Alpha Gamma - Ruth Williamson

Alpha Gamma - Dr. Pam Chally

Alpha Iota - Mae Wilson

Alpha Iota - Craig Cranford

Beta Alpha - Dr. Georgia Keeney

Beta Alpha - Dr. Ladona Tornabene

Gamma Upsilon - Amy Banks

Gamma Upsilon - Amy Matzelle

Distinguished Service

Eta - Dr. Irene O'Boyle

Pi - Wendy Nawoichyk

Phi - Renee Railey

Phi - Megan Martinez

Alpha Iota - Sandra Thompson

Alpha Upsilon - Rebecca Goheen

Beta Nu - Amie Bingham

Gamma Mu - Erin Lucarroti

Gamma Mu - Sarah Debien

Gamma Mu - Julie Valentine

Honor Award

Eta – Sarah Campbell

Eta – Amy Kowalk

Mu - Lisa Thomason

Pi - WIUM-FM Radio Information Service

Phi - Dr. Allen Huang, Provost and Vice President for Academic Affairs, UNC

Alpha Iota - Zundra Bateaste

Beta Nu - Gaye Harrison, Director of "I Sing the Body Electric"

Gamma Mu - Dr. William Gross

Honor Key Recipients

Mu - Laura Carroll

Pi - Kenya Truman

Pi - Jeff Paul

Phi - Megan Martinez

Alpha Gamma - Alison Dekle

Alpha Gamma - Kristi Stowers

Alpha Gamma - Ada Williams

Beta Delta - Meghan Kimball

Beta Nu - Teri LaRoche

Gamma Mu - Erin Lucarotti

Delta Nu - Suzanne Munn

Delta Nu - Rebecca Henry

Delta Nu - Pauline Cardona

Special Awards

Gamma Mu –

Chapter Gamman of the Year - Neal Kalso

Chapter Officers	
Key	
President – P	
Vice President – VP	
Secretary – S	
Treasurer – T	
Historian – H	
Other – O	
Faculty Sponsor – FS	
Alpha	Beth Muhlenkamp, P Gina Whobrey, VP Katie Hadley, VP Sherry Cockrum, S Blaine Stuckey, T Dr. Jerome Kotecki, FS
Beta	Elizabeth Emmons, P Amy Brockman, VP Beverly Marcum, S Samantha Jordan, T Bob LaDeur, H Dr. Vickie Sanchez, FS
Eta	Carla Palazzi, P Angelina Savoie, O (VP of Service) Lindsay Bruggeman, S Kacey Neyer, H Kimberly Tuttle, T Janell Barnes, O (VP of Education) Gary Sprague, O (VP of Research) Katie Reynolds, O (Membership Coordinator) Dr. Irene O'Boyle, FS
Mu	Lisa Thomason, P Holly Francis, S, T Laura Carroll, H
Nu	Sarah V. Childers, P Jennifer Gunden, VP Coco LaMantia, S Megan Kelly, T DeAnna Hillery, O (Public Relations) Dr. E. Lisako Jones-McKyer, FS
Pi	Shanett Jones, P Darren Treml, VP Stacy Ervin, S, T Alpha Stewart, S, T Wendy Nawoichyk, H Jennifer Morecraft, O (Sargeant-at-Arms)

	Dr. Nancy Parsons, FS Ms. Susan Moore, FS
Phi	Megan Martinez, P Renee Railey, VP Kathryn Lange, S Tracy Robertson, T Kristina Beaudry, H Steve Knapp, O (Sergeant-at-Arms) Monica Strachan, O (Publicity Chair) Linda Pierre, O (Fundraiser) Dr. Kathy Zavela, FS
Alpha Gamma	LaToya Pratt, P Lauren Turner, P Alison Dekle, VP Jennifer Smith, O (Financial Manager) Jen St Louis, H Ada Williams, O (Administrative Manager) Kristi Stowers, O (Administrative Manager) Janeka Anderson, O (Parliamentarian) Dr. Sharon Wilburn, FS
Alpha Delta	Jessica L. Tuznik, P Sherese Bleechington, VP Angela Williams, S Becky Williams, T Morgan Sattler, H Rob Marino, O (Guide) Dr. David Foulk, FS
Alpha Iota	Zundra Bateaste, P Emily Kees, VP Sandra Thompson, S, T Sonya Tucker, H Adelia Felder, O (Parliamentarian) Dr. Emmanuel Ahua, FS
Alpha Lambda	Catherine Sweeney, P Sara Martin, VP Michelle Lister, S Michael Blackmon, T Dr. Delores James, FS
Alpha Mu	Jim Hurtubise, P Elizabeth Brown, VP Priscilla Simms, S Randy Bergman, T Kathy Council, O (Guide) Dr. Kathy Brown, FS
Alpha Nu	Christina Y. Hardy, P

	Stephanie Rolle, VP Diane Ramey, S LaTrevia Rush, T LaKeshia McCall, O (Fundraising Chair) Lisa Moore Duck, O (Social Committee Chair) Jared Hill, O (Research Chair) Stefanie Smith, O (Education Chair) Dr. Regina McCoy Pulliam, FS
Alpha Pi	Amanda Stokes, P Leah Bratz, VP Vicki Dooly, S Amanda Thomas, T Lucy Matkin, H Dr. Ranjita Misra, FS Dr. PJ Miller, FS
Alpha Upsilon	Sally Sabin, P Bonnie Corns, VP Melissa Schumaier, S, T Rebecca Goheen, H Mr. Mark Perez, FS
Alpha Omega	Katrina Lubbers, P Tamara Bernard, VP Allison Knox, S Tiffany Nepales, S Sara Peterson, T Dr. David Corbin, FS
Beta Alpha	Kasandra Wiederholt, P Michelle Dittrich, VP Meredith Kuehl, S, T Julie Mitchell, H Laura Jensen, O (Service Chair) Jody Ostrander, O (Education Chair) Amy Hanson, O (Research Chair) Dr. Ladona Tornabene, FS
Beta Delta	Meghan Kimball, P Kelly Mertz, VP Sarah Jedele, S, T Betsy Speer, H Christine Karshin, FS Susan McCarthy, FS
Beta Kappa	Amber Bannerman, P Laura Dickhudt, VP Cheryl Gambiana, S Nicole Ryan, T Judith Luebke, FS

Beta Nu	Vicki Metanias, P Maggie Waldman, VP Amie Bingham, S Teri LaRoche, T Julie Holmes, H Dr. Kathleen Phillips, FS Dr. Sheila Simons, FS
Beta Phi	Karen Klingelhoets, P Joel Pence, VP Brooke Pietrek, S Dawn Dahmen, S Beth Mancl, T Melissa Solberg, H Keely Rees, FS Marcie Wycoff-Horn, FS
Beta Psi	Dr. Linda Balog, FS
Beta Omega	Melanie Sarabia, P Dave Daniels, VP Kena Carriere, S Sara Saucedo, T
Gamma Iota	Barbara Funke, FS
Gamma Mu	Neal Kalso, P Breanna Stokes, O (VP of Service) Erin Lucarotti, O (VP of Research) Kristy Pagan, O (VP of Education) Jen Harter, S Amy Diehl, T Sarah Debien, H Julie Valentine, O (Membership) Dr. Marianne Frauenknecht, FS Dr. Amos Aduroja, FS Dr. William Gross, FS
Gamma Rho	Liz Carpenter, P Christina Degenhardt, VP Mo Lonergan S, T Erin Cahill, H Jilian Miller, O (Guide) Erik Judson, O (Sergeant-At-Arms) Carol Cox, FS
Gamma Tau	Eva Kasson, P Cara Hamann, P Tricia Wegren, VP Christina Osborn, S Jonathon Neece, T Serena Heins, H Gabriel Sotelo, O (Sergeant-At-Arms)

	Amy Coffey, O (Guide) Dr. Chweelye Chng, FS
Gamma Upsilon	Becky Rimer, P Kristen Tyree, VP Emily Anderson, S, T Leslie Harville, H Joanne Chopak-Foss, FS
Gamma Chi	Danielle Shatley, P Lauren Davis, VP Blythe Scott, S, T Jenna Fowlkes, O (Philanthropy) Dr. Cheryl Dye, FS
Delta Beta	Senna Towner, P Alix Jennings, VP Abby Roos, S, T Haley Barnes, H Annie Sondag, FS
Delta Zeta	Allanah Dobson, P Lisa Heavey, VP Ann Malin, S, T Dr. Sharon Thompson, FS
Delta Lambda	Rebekah Johnston, P Joel Parks, VP Sarah Farrell, S Shane Conwell, T Kathryn Little, H Dr. Pamela Hoalt, FS
Delta Nu	Pauline Cardona, P Rebecca Henry, VP Rachelle Bullock, S Ellie Taggart, T Rhonda Davis, H Ted Morrison, PhD, FS
Delta Xi	Torhonda C. Lee, P Ronald Williams, VP Antonia Mead, S Lea G. Yerby, T Catherine McKissick, H, O (Editor) Christina Newell, O (Sergeant-At-Arms) Ellen Middleton, O (Guide) Roberta Donahue, FS
Delta Pi	Kristin Letendre, P Sheila Kesse, VP Darlene O'Neill, S Mary Beth Pettine, T Elizabeth Lamb, H

	Allison Mantia, O (Guide) Heather Desmond, O (Sergeant-At-Arms) Dr. Lydia Burak, FS
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Events and Activities of the Chapters

Alpha – Ball State University

- Our first major even was our annual fund raiser a bake sale held in the fall. This year we made a little over \$100 and that money is used for our induction ceremony and to do other activities throughout the year.
- Our next major event was our actual Induction ceremony which was held on Saturday November 1, 2003 and we inducted 17 people into the Alpha Chapter that day.
- We also held a cook out in the beginning of the year at the home of one of our department secretary's house. We talked about ideas for the school year and got to know each other.

Other Activities:

- We also participated in an annual Children's Health Fair held at the Muncie Children's Museum in April. We had a booth on hand washing and taught children of all ages mainly ranging from 3 to 13 years of age the importance of hand-washing. It is estimated that we reached 800 kids that day.
- Another activity that we did was we brought a couple sections of the AIDS quilt to Ball State University to be on display for the students, faculty, and staff to see. Also passed out condoms donated by the East Central Indiana AIDS Task Force, and also had the Ball State Health Center passing out information to people as they walked by.
- Another project we helped with was putting on a Career Day for Health Science majors. We brought in speakers from all over Indiana and with all different types of jobs to speak to Health Science majors. We helped organize, plan, and carry out the tasks that need to be done that day.

Beta – Eastern Kentucky University

- Raised money for Big Brothers/Big Sisters of the Bluegrass Annual Bowl
- Graduation party at local restaurant for graduates

Eta – Central Michigan University

- Our chapter worked together with Western Michigan University's Chapter and The Michigan Department of Education and hosted a conference for all Physical Education and Health Education Majors and Minors in the State of Michigan. It was titled "Putting the Pieces Together: Providing Professional Development Opportunities for Health and Physical Education Pre-service Teachers and we brought together approximately 150 students, faculty and professionals from about 12 Universities.
- Eta Chapter has been working on an Obesity Project where we have been providing information on campus regarding obesity, and surveyed about 110 people regarding their physical activity and nutrition. We presented our pilot study on campus at the Student Research Creative Endeavors Exhibition. We

- plan to continue with our research into next year and make some more development.
- For two weeks, we worked with Central Michigan Hospital and helped put on the Doll Hospital. We had over 15 volunteers from Eta and worked with over 10 elementary schools in the surrounding areas. This project teaches kindergarten children about hospital procedures by utilizing their own dolls and stuffed toys. This project educates them and prepares them for possible hospital experiences.

Other Activities:

- Eta had about six socials this year including the following: Ice cream socials, a scavenger hunt, meeting at a member's house and hanging out, packaging condoms for Safer Sex Patrol, and decorating paper bags for World AIDS Day and distributing them to local grocery stores.
- For Make Difference Week in October we had a week long canned food drive where we went door to door collecting can goods from Tallgrass apartments to be donated to Women's Aid. At the end of the week we volunteered at an apple orchard and donated over 55 pounds of fresh picked apples to the Soup Kitchen
- We had two professional development opportunities this year. Our first one was a detailed report from the fall 2003 ASHA and National Eta Sigma Gamma Conference. We presented some of the session materials we learned and played some games. We also went over important lessons we learned from the various sessions. Our second professional development opportunity was a speaker in our health sciences department that spoke to us on the importance of obesity and what we can do as college students to make a difference.
- During the month of October 27, we took part in Trick O' Treat Safety with four elementary schools in Mount Pleasant. Eta members dressed up in their best costume and presented children with safety tips, street smarts and candy safety. The children were each given a bag of candy at the conclusion of the presentation.
- During the month of November, members of Eta Sigma Gamma gave Breast Cancer Presentations on campus. We put together bulletin boards, and used various resources received from the American Cancer Society. Demonstrations of self-breast exams were given as well as information on healthy lifestyles and men's breast health. A short quiz was given at the end and question and answer followed.

Mu – Western Kentucky University

- National 5-a-Day Week: distributed free fruits and vegetables to students on campus
- World AIDS Day: planned memorial service and made quilt panels for memorial quilt; set up information tables in university center; sponsored showing of movie Pandemic: Facing AIDS
- Middle School Confessions: sponsored video showing to middle school parents in community concerning risk practices of teens and preteens

Other Activities:

- Great American Smokeout: gave away smoking cessation kits to interested students
- Sexual Responsibility Week: gave away sexual responsibility kits
- Safe Spring Break Week: gave away spring break kits, including toothbrush, toothpaste, sunblock, safe drinking tips, condoms, and lubricant
- Thanksgiving food drive: collected non-perishable foods for local immigrant family
- Social activities: played volleyball at sand court, had end of year dinner at local restaurant

Nu – Indiana University

- The Lilly Project takes place in Indianapolis, Indiana at the Ruth Lilly Health Education Center. It is an overnight event where the Gammans teach inner city Girl Scouts four different lessons. Each lesson corresponds with a Girls Scout badge. This year 20 Gammans, 35 Girl Scouts, and eight chaperones participated in the Lilly Project.
- Health Fest takes place at the local Girls Inc. facility in Bloomington, Indiana. This project involves teaching the girls about nutrition, hygiene, and fitness. Donations from the community allow the Gammans to provide a healthy dinner and snack for the participants.
- AIDS Awareness Week takes place the week of World AIDS Day, which is December 1st. During this week, fact sheets, condoms, and discussions are held. In January, the AIDS Quilt was displayed for three days in the student union building. Finally, in February, during our second AIDS Awareness Week, Steve Schalchlin, a renowned musical theatre performer and AIDS educator, visited campus to share his experiences about living with AIDS.

Other Activities:

- Throughout the year various health and wellness screenings were conducting in conjunction with the Health and Wellness Department on campus. The following screenings were held: depression, eating disorder awareness, and alcohol awareness.
- During the annual Health Fair, which is held on campus, Gammans made "mock tails."
- Extensive planning and organization went into preparing the AIDS Awareness Week. During the week, luminaries were displayed and there was a memorial service. HIV/AIDS testing and counseling was also offered.
- Gammans became certified Fresh Start facilitators through the American Cancer Society. This enables these individuals to teach smoking cessation classes in the community.
- Our fund raising efforts involved parking cars at basketball and football games and working with the local Pizza Hut.

Pi – Western Illinois University

- Health Careers Night: Each year we invite 3-4 alumni back to talk about their transition from student to young professional. This year we invited one

- community health educator, one environmental health specialist, and one health services management professional (April 8, 2004).
- "Health is Wealth": Every week, Gammans read health-related news stories on the radio for the Radio Information Service programming for the visually impaired.
 - Breast Cancer Awareness Table in the Student Union: Raised \$56 for the Susan G. Komen Breast Cancer Foundation.

Other Activities:

- Adopt-a-highway: Twice during the school year cleaned a two-mile stretch of Route 136.
- Blood Drive: Co-sponsored with American Red Cross on campus.
- Resume writing seminar: Sponsored with career counselors; 1 hour for community health majors and minors
- Grant writing seminar: Sponsored a 3-hour grant writing seminar for community health majors/minors
- Fundraiser for child car seats: Raised \$277.45 for car seats for local health department
- Passport to Better Health: Aided county health dept. to educate more than 20 underserved women
- Xmas Drive for a women's shelter: Collected \$2000 worth of furniture, towels, hygiene products
- Xmas donations: Obtained \$550 of donations for developmentally disabled individuals
- AOD Awareness Display: Provided info about AOD to a local junior high school
- Leadership seminar: Held a leadership seminar for officers
- AIDS Awareness Display: Displayed info about AIDS during December
- Preschool Health Fair: Assisted with the annual preschool health fair in April (served 150+ students)

Phi – University of Northern Colorado

- Participated with a team in the annual Relay for Life for the American Cancer Society during the summer session. Our team had to have at least one person walking on the track at all times during the 18 hour event. The teams all have names/themes/costumes etc. and camp out at the location for the duration of the event. Our team name was UNC Health Hoppers Hop to the Cure.
- Spring annual banquet, April 23, 2004. Twenty-nine people attended and awards were given. There were three new people inducted into the chapter at that event. The speaker was from the Colorado Department of Public Health & Environment, Office of Local Liason.
- Chapter members and family members participated in Habitat for Humanity helping to build a house for community members. The chapter was involved in building the trusses for a new house and worked throughout the day to complete this.

Other Activities:

- Dinner was served twice at the Guadalupe Homeless Shelter in Greeley for about 30 individuals. The chapter members solicited donations of pizza, fruit, vegetables and dessert for the dinner each time. Members then served the meal and cleaned up after the meal.
- Members participated in a volunteer activity at the Bonnel Good Samaritan nursing home during the fall. Members helped transport residents to the activities for the harvest festival and Halloween activities. Members also served the residents dinner and dessert.
- Members participated in a volunteer activity at the Weld County Humane Society walking dogs and playing with cats. The animals need lots of human contact when they are at the shelter, and members helped to provide human contact for these animals.
- Several members were involved with UNC Research Day where they presented posters and papers they had created throughout their classes at UNC.
- Members were involved with the 9 News Health Fair, which is a very large statewide event in April. Members volunteered to participate in specific activities, and the treasurer helped to organize the event for Greeley and Eaton Colorado events.

Alpha Gamma – University of North Florida

- UNF COH "It's All About Health" Promoting ESG, Student recruitment and networking
- Poster Session at Jacksonville Marriott-Professional presentation for Women's League luncheon
- Heart on the Hill-Advocate for physical education in schools; met with state legislators in Tallahassee, FL
- Fun 2B Fit Field Day-Project with AHEC to teach elementary school children
- ACS Relay for Life-project with the American Cancer Society

Other Activities:

- CHES study group-open to members and others taking the April CHES exam at UNF
- UNF Blood Drive-fundraising
- Monthly socials/meetings for members to know each other by walking track, playing tennis, etc.
- Formed a student chapter of the Florida Association of Professional Health Educators. One of our ESG/FAPHE members is the state student liaison for the Florida Alliance for Health, Physical Education, Recreation and Dance
- Established a website on the college's homepage

Alpha Delta – Florida State University

- Becoming a registered Florida State University Student Organization. Also developed, voted and accepted chapter Constitution and By-Laws.

- The major event of this spring semester was to re-establish the Alpha Delta Chapter of Eta Sigma Gamma at Florida State University. We re-established the chapter and started meetings.
- Initiation! Held 30 March 04!

Other Activities:

- None to report at this time, we just started.

Alpha Iota – University of Southern Mississippi

- Blood Drive - Each year along with United Blood Services, we have a blood drive on USM's campus. This year we had 18 donors.
- On April 30, we walked in the local Relay for Life and we donated \$618.89. Our money helped pass the events goal of \$100,000 for that night.
- On April 17, we walked in the Multiple Sclerosis Walk and donated \$50 for the research and cure of MS. We all walked a total of 3 miles.

Other Activities:

- In December, for Christmas, we donated toys for the Abused Children of Oseola Mcarty.
- Also in December, we donated toys and food for a burned out family of 9.
- On World Kindness Day in October, we give out happies at a football game.
- On world AIDS day, we give out info about AIDS and a local AIDS organization give free AIDS tests.
- We had a raffle for Valentine's Day where we gave out 5 free meals that were worth about \$25 a piece from local restaurants.
- On World Mental Health Day, we stood in front of our union and gave out happies to the students.
- For Breast cancer month, our organization, painted USM pink with ribbons and information about breast cancer and breast cancer screenings.
- We raised \$130 to be donated to the Heart Association for the month of February for Oseola Mcarty Organization

Alpha Lambda – University of Florida

- Health Fair October 2004 student organizations and representatives from the local Planned Parenthood chapter and hospitals got together to promote health and wellness on campus, Organized by Eta Sigma Gamma
- Halloween Party for the Shands Pediatric Area Eta Sigma Gamma donated toys, time and talent to play with the children awaiting and recovering from surgery. Face painting, games, crafts, and movies were included.
- Health Education Teacher Appreciation - Eta Sigma Gamma sponsored a breakfast buffet for Health Science Education teachers.

Other Activities:

- Second Annual AIDS Benefit Concert Eta Sigma Gamma sponsored a concert highlighting local bands and guest speakers from the Health Department to raise funds for local AIDS charities.
- Sex in the Swamp a community based sex education outreach with games, prizes, free HIV testing and a panel of Sexperts from Planned Parenthood, the Health Department, and the Student Health Care Center. This event is held once a year at a local restaurant
- Once a month pot luck dinners to get Eta Sigma Gamma Members involved and recruit new members
- Various fund raisers to help with donations and Wellness events

Alpha Mu – University of Tennessee

- “Extend the Hope” Service Project – Through a multi-dimensional fund and product raising campaign, in less than two months, our chapter was able to effectively raised over \$25,000.00 in cash, food, clothes, and hygiene products for the men, women, and children of Appalachia. (This project was submitted for a Service of the Year Award.)
- Baby Shower – Our chapter organized a departmental baby shower product drive for twelve teenage moms at the Florence Crittenton Agency.

Other Activities:

- “Extend the Hope” Celebration Banquet
- Physical Activity & Obesity Interactive Information Booth At University Center
- “Flush It!” – A collaborative effort with a local chapter of the American Cancer Society to combat smoking on campus.
- Authored Article About College Depression in Student Newspaper

Alpha Nu – University of North Carolina, Greensboro

- Urban Ministries Pill Sorting - A group of members volunteered in the pharmacy office at the Greensboro Urban Ministries Organization. They helped to sort and count pills the pharmacists used to serve the patients. This was our major service event for the fall semester.
- Adolescent Health Advocacy - A group of members volunteered to walk along with members of the Guilford County Youth Council Organization in walk-a-ton for children's health. Along the walk-a-ton route they wrote the 40-developmental assets of youth on the sidewalks with chalk, as a way to bring awareness about adolescent health to citizens of Guilford County. This was our major educational event in the spring.
- Motivational Speakers - During one of our business meetings we had a representative from a student-run organization, Spartans Leading Spartans, come to speak with our chapter about organizational goal-setting. The speaker used an interactive presentation to help motivate our chapter to plan some unique programs on our campus for next year.

Other Activities:

- On-campus Social - After the fall initiation program, we held a social gathering in our campus Rec Room. We played pool, video games, and air hockey while getting to know one another a little better. Both undergraduate and graduate students attended.
- Holiday Season Pot-Luck and Secret Santa Meeting - At our last meeting for the fall semester each member brought a Christmas gift to exchange with another member. The gift -exchange process was anonymous. Some members brought homemade healthy snacks and deserts.
- End-of-the-Year Banquet - This is a tradition in the Alpha Nu Chapter. Near the last day of classes we sponsor a banquet in honor of the graduating members of ESG. With money raised from fundraising, we paid for the graduating senior and graduate student dinners and gave them a school keychain as a gift.

Alpha Pi – Texas A&M University

- Nutrition Programs for the Married Student Housing: We designed and implemented three nutrition programs focusing on General Nutrition, Food Guide Pyramid, and Weight Management. We gave presentations, gave handouts and examples, took questions and gave follow-up.
- Research Projects: We formulated three research projects, two focusing on alcohol and one focusing on nutrition in college students. We collected and input data, and analyzed the data. The projects and their findings were presented several times, including presentations for University faculty, review boards, students and conferences.
- Big Event: As a group we participated in Big Event, the largest student run community service project in the nation. We painted a house, shed and picnic tables, did yard work and washed windows for families in our community.
- We designed and painted quilt squares with health living ideas for children we then pieced the quilt together and donated it to Scotty's House, the Child Advocacy Center of the Brazos Valley.
- We participated in two health fairs. The first was at the Memorial Student Center on Texas A&M Campus, where we helped with confidential AIDS testing. The second was at the Married Student Housing, also on Campus. There we gave participants nutrition information.
- In October, we had representatives attend the ASHA National Conference in El Paso. They served as monitors and attended sessions.

Other Activities:

- We had several presenters come and speak at meetings. The topics discussed included Health Education Masters Program, Office of Professional School Advising, and Community Health Internships.
- During Christmas we adopted families through the Barbara Bush Parent Center and donated over forty gifts to under privileged mothers and babies.
- We sponsored a "Nail Day" at the Crestview Retirement Center, where we manicured residents' nails, while we spoke to them about osteoporosis. We also made Valentine's Day cards and sent them to the residents at Crestview.

- We held a canned food drive, in which members donated over \$400 worth of canned goods.
- We held an end of the year social at Gattiland Pizza. It also helped to raise money for our chapter.
- We helped to set up for the American Red Cross Banquet at the George Bush Library. We set up tables, prepared drinks and assisted as needed.
- We held our induction ceremony in conjunction with the Health Department Banquet at the end of the year. We inducted 40 new members and reviewed our accomplishments of the past year. We also introduced next year's officers.

Alpha Upsilon – Central Washington University

- Our Community Contribution Project was a fundraiser for the Domestic Violence Women's Shelter located in Ellensburg, WA. We raise and contributed \$100 to the women's shelter during Spring quarter. This money was allocated for use in their petty cash fund to help women who are establishing new households.

Other Activities:

- Fall BBQ and Potluck, which took place at Melissa's house in late September.
- The "Thanks for Giving" Food Drive during the Thanksgiving Holiday. We collected non-perishable items to be donated to our local food bank.
- Christmas Stocking Stuffer Drive. We collected stocking stuffer goodies for our local families in need during the Christmas season.
- Fundraising: Papa Murphy Pizza Cards and weekly bake sales.
- End of Year BBQ and Potluck, which took place at Dr. Madlem's house. We BBQ, played volleyball and had a wonderful time.

Alpha Omega – University of Nebraska, Omaha

- 10th Annual Bell Tower Challenge: Over 4800 pounds of food was collected for donation to the local food bank in October 2003- Awards were given to student and faculty winners. This event has generated approximately 25,000 pounds of food in 10 years.
- Kick Butts Day: Ninth anniversary of National Kick Butts Day which is the campaign for Tobacco Free Kids' annual celebration of youth leadership and activism related to tobacco issues. Our chapter promoted a tobacco free lifestyle to university students, faculty and staff by distributing tobacco cessation materials and positive messages about being tobacco free.
- Public Health Awareness Presentation: In conjunction with National Public Health Week in April 2004, our organization sponsored a presentation by a nationally renowned speaker, Valda Ford. She discussed the current health disparities prevalent throughout the state as well as the importance of maintaining a culturally competent outlook within the community.

Other Activities:

- Attendance of the Public Health Assoc. of Nebraska (PHAN) Conference in Grand Island, Nebraska: Three highly active members were sponsored to

- participate in a statewide conference which highlighted health education and health promotion throughout the state and nation at large.
- Great American Smokeout- In November 2003, a booth was set up by organization members in the student center of the university to promote smoking cessation to students, faculty and staff.
 - Silent Auction Fundraiser- In April 2003, several items were collected from community businesses and put up for action in order to raise funds for future organization events. A donated bike was also raffled off this year during a women's basketball game at UNO.
 - Health Fair Participation- Eta Sigma Gamma collaborated with the American Heart Association to sponsor a booth at UNO's annual health fair to promote heart health.
 - Open Door Mission Hygiene Donations 300+ items- Eta Sigma Gamma members helped collect items to donate to the Open Door Mission.

Beta Alpha – University of Minnesota, Duluth

- Fall and Spring Adopt-A-Highway - Each Fall and Spring members of the UMD Eta Sigma gamma organization pick up trash along our designated stretch of highway, near Highway 53 in Hermantown, MN, to leave behind a cleaner environment.
- International Project (Bosnia school supplies) - Eta Sigma Gamma members asked UMD classes, local businesses, and local communities to help in collecting school supplies to schools in Bosnia.
- Relay for Life Team - Members of Eta Sigma Gamma raised money from local businesses, family, and friends to help support the American Cancer Society and participated in the Relay for Life Event April 16-17, 2004 at the University of Minnesota Duluth stadium track.

Other Activities:

- Had guest speaker, Andi Perrizo, visit and speak with the current ESG group on her past experiences as an ESG President, Community Health undergraduate, and graduate of the Masters of Environmental
- Occasionally, the Eta Sigma Gamma members stuff papers at the UMD Statesman office to raise money for ESG events/purposes.
- UMD Eta Sigma Gamma members helped with the UMD Health Fair.

Beta Delta – Eastern Michigan University

- Glio-Blastoff 5K Fun Run/Walk to benefit the American Brain Tumor Association. The event took place on Saturday, June 5th at EMU. The students worked very hard for 6 months planning this event. Approximately 80 individuals participated. Five thousand dollars was raised.
- Winter Clothing Drive: Over 1,200 items of clothing were collected during a 3-week period. The clothes were donated to the Capuchin shelters in Detroit, Michigan.
- Great American Smokeout Awareness Campaign: The students handed out smoking cessation packets created by the American Cancer Society to faculty,

staff, and students. An awareness bulletin board was also erected to provide awareness for this important public health event.

Other Activities:

- Cancer Awareness Ribbon and Candy sale: The students made awareness ribbons for over 15 types of cancer. Chocolate lollipops in the shape of ribbons were made in a variety of colors as well. The proceeds from this sale helped to fund the Glio-Blastoff 5K.
- Awareness Bulletin Board - A bulletin board that hangs in a prominent position in EMU's Education Building was used to create awareness for the following: Great American Smokeout, National AIDS Awareness Day, Heart Healthy Month (Feb.) & the Glio-Blastoff 5K.
- Heart Healthy Bake Sale: Heart healthy items were purchased and baked by student members and sold to EMU students in conjunction with February's Heart Healthy month.
- Christmas social at Christine Karshin's house (faculty advisor) for all members and Health Education faculty

Beta Kappa – University of Minnesota, Mankato

- Fundraised and walked in the March of Dimes, Walk America, in Mankato
- Helped with Special Olympics in St. Peter, MN
- Did two suppers at the Welcome Inn (a homeless shelter in Mankato).

Other Activities:

- Had a panel of health educators speak to us at one of our meetings
- Decorated a float for the homecoming parade, walked in the parade and handed out "wear your safety belt cups" in the parade
- Had Pauline Genter, the campus dietician speak to us about fad diets and nutrition.
- Educated students in Health 101 classes about fad diets and nutrition, using some of what Pauline shared with us.
- Sold the World's Finest Chocolate candy bars to students and set up a booth at Walmart and sold the candy bars for a March of Dimes fundraiser.

Beta Nu – Eastern Illinois University

- Cervical Cancer Program - Presented information about Cervical Cancer detection, prevention, and treatment to campus groups
- Health Fair - Helped plan and organize a major campus health fair
- ISHA/ISOPHE - Attended and participated in the state organization's annual conference

Other Activities:

- Christmas on the Square - Worked with community groups in providing Christmas celebrations
- Foundation Day - Gave a presentation to undeclared majors about opportunities in the health field.

- Telefund - Called alumni during annual giving project
- Baked food for Relay for Life fundraiser.

Beta Phi – University of Wisconsin, La Crosse

- T.A.T.U. Teens Against Tobacco Use - Act as mentors to a peer teaching program in the schools against tobacco use.
- AIDS Resource Center - volunteer time to educate community about AIDS.
- Relay for Life - Organize a team, collect donations, and participate in the actual relay for life in early April.

Other Activities:

- WAHPERD - Statewide conference held in Green Bay including health, physical education, community health education, recreation; and dance-related activities.
- American Heart Association Heart Walk - volunteered time to help with set-up and general operations of the event.
- Adolescent Health Symposium - members participated in a 2-day conference centered on issues in adolescent issues.
- Resume writing workshop - career services came in and presented on the essentials of resume writing.
- Salvation Army Bell Ringing - members participated in holiday bell ringing to benefit the La Crosse community.

Beta Psi – SUNY, College at Brockport

- Annual Induction and Awards Ceremony for Health Science Majors

Beta Omega - New Mexico State University

- American School Health Association Conference (ASHA), El Paso, TX - Assisted with registration, monitoring sessions, running errands. We also got a thank you letter sent to our Dean for our participation
- Octoberfest, Las Cruces, NM - Community Walk held every year. We assisted with registration and anything that they needed.
- SoHEC Safety for Kids event - Held promotional health activities for elementary students, helped set up, registration.

Other Activities:

- Float Building for the Health & Social Services College- Homecoming 2003
- AAHPRED Conference held in New Orleans, LA

Gamma Iota - Georgia College & State University

- Adopt a family for the holidays
- The American Cancer Society's Relay for Life

Other Activities:

- Fundraisers to support attendance at State Health conventions.

Gamma Mu – Western Michigan University

- Putting the Piece's Together: The Gamma Mu chapter along with the Eta chapter of Central Michigan University, and the Michigan Board of Education, came together in creating a day long conference for undergraduates in the state of Michigan in the health and physical education field.
- Spring Break Health Fair: In a partnership with the University Recreation Center, as well as members from Phi Epsilon Kappa, Eta Sigma Gamma organized a health fair, in association with factors related to Spring Break. The booths included Dangers of the Sun, STD awareness, ways to stay fit, Laws in in different states, and food safety.
- MAHPERD Conference: The Michigan Association for Health, Physical Education, Recreation, and Dance, held their conference in Traverse City, Michigan where members from Eta Sigma Gamma attend. Professional information related to teaching health was provided.
- HPER December Graduation Reception: The Gamma Mu chapter organized and set-up a reception for all individuals who graduated from the Health, Physical Education, and Recreation Department during the December 2003 ceremonies. With food and beverages provided, faculty, students, and family members all helped in congratulating all the graduates.

Other Activities:

- Meet and Greet: This year two different meet and greet meetings were held (one in the Fall and the other in the Spring). Students in the HPER department were invited to one of our meetings to see how meetings are run, to meet the members, and to get them interested in joining our honorary.
- Homecoming Parade: With WMU celebrating its 100th birthday, Eta Sigma Gamma walked in the Centennial Parade, handing out flyers that discussed our organization to members of the community. The parade went from downtown Kalamazoo up through Western's campus.
- World AIDS Day: Continuing with tradition, Eta Sigma Gamma, placed red ribbons on trees around campus on November 30th, so that they would be hanging for World AIDS Day on December 1st.
- Initiation: As an organization, we had one major initiation opposed to two small ones throughout the year. Initiation included the ceremonies, as well as food, beverages, and a slide show of the different Gamma Mu initiates throughout the years.
- Hockey Clean-up: As one of our fundraisers this year, members from the Gamma Mu chapter cleaned Lawson Ice Arena after the Western Michigan vs. Michigan State hockey game.
- Freshman Walk Around: Eta Sigma Gamma helped in walking incoming and deciding freshman around WMU's campus, showing them everything the campus has to offer. The Gamma Mu chapter also placed a tri-fold poster in the walk way of the department where we had Gammans available for any questions that the students or parent might have had.
- End of the Year Department Picnic: In association with the other student organizations within the HPER Department, Gamma Mu provided paper plates,

cups, and napkins that was open to all students and staff, as we said good-bye for the summer, as well as let students talk to one another outside of classes.

Gamma Rho – Truman State University

- Research: "First-year college students' perceptions of campus-wide risky sexual behavior (grant-funded); Found that underclassmen over-estimate the sexual behaviors of upperclassmen- (Theory of Reasoned Action).
- Research: "Kirksville Title IV Drug/Violence Needs Assessment" (grant-funded); meth, tobacco, and alcohol were top drugs of choice; bullying was prevalent in the lower elementary grades
- Research: "Tanning habits and alternatives to tanning among rural youth" (grant-funded); description of youth risk behaviors that may lead to cancer.
- Research: "Evaluation of a youth anti-tobacco education program ('SmokeBusters') for Smoke-Free MO; participants increased their knowledge, changed their attitudes toward tobacco (significant difference pre-post); impact evaluation.
- Education: African-American HIV/AIDS Education Training Program (grant-funded); trained and certified by the Red Cross
- Education: Preferred Family Healthcare: Health education for adolescent substance abusers in a residential treatment setting; weekly classes held on a variety of health topics of interest to teens.
- Education: Training, certification, and course instruction for Adult Smoking Cessation classes in Schulyer County, MO; most of our clients did eventually quit upon 6 month follow-up
- Education: Substance abuse prevention community coalition summit participation; summit was very educational - we learned risk/protective factors and logic model for prevention program planning and outcome evaluation.
- Service: MO DHSS training/certification/inspections: MO Long-term Care Ombudsmen for nursing homes in 3 counties; trained and certified by the MO State Agency on Aging; act as patient advocate/negotiate with administrators on behalf of residents
- Service: Interdisciplinary House Calls Program/Geriatric Scholars Program with local medical school; work in interdisciplinary medical teams with medical and nursing students. We all have real patients - we conducted geriatric assessments and de-brief with our Teams.
- Service: Assist area physicians and conduct physical assessments of patients at local free medical clinic; every Tuesday night we take vitals and conduct assessments, assist with clinic administration, write grants for the clinic
- Service: Abstinence/human sexuality counselors for crisis pregnancy service center; act as speakers to organizations, write grants for the center, and counsel pregnant women.

Other Activities:

- Research: Attendance/presentations at 2 national, 1 regional, 1 state health education conference
- Four peer-reviewed publications by six Gammans this year

- Received six grants/awards/contracts for programs/research projects this year
- Education: Hospice 2000 training/volunteers for the terminally ill - usually the youngest patients
- Safe Brake/Grey Ribbon campaign for defensive driving over spring break (FAC grant-funded)
- Family Advocacy Center health educators/instructors
- Service: Arthritis Foundation trained/certified PACE (People with Arthritis Can Exercise) and Aquatic Exercise Program instructors
- Service: Leadership Seminar
- Interdisciplinary Geriatric Noon Seminar Series at local medical school: Presenters and attendees

Gamma Tau - University of North Texas

- Healthy Eagles '04: Health Fair. Tested blood pressure
- MS Walk: Denton, TX - Volunteered to clean up and take down after the walk.

Other Activities:

- Fall Social - Dinner @ The Greenhouse Resturante
- Spring Social - Dinner @ El Matador Mexican Resturante

Gamma Upsilon – Georgia Southern University

- Breast Cancer Awareness - We hosted a raffle to raise to raise money for breast cancer research. Several companies in the community donated prizes to be raffled off. We raise \$260 and all monies were donated to the American Cancer Society. We also passed out information on breast cancer awareness on campus.
- Georgia Southern University and the Ogeechee Wellness Fair - Once in the Fall and once in the Spring we were a part of a wellness fair. We developed flyers about different stress management techniques to hand out and we made stress balls for people to take as they come by our booth
- Relay for Life - We participated in this annual event hosted by the American Cancer Society. We raised funds for the ACS through selling t-shirts to our team members and having a bake sale. We raised over \$600, which was all donated to the ACS. We spent the night at the fair ground and our team walked the most laps, which we received an award for.

Other Activities:

- Great American Clean-up - This year we participated in a program where several organizations within the community get together to clean-up the community by picking up litter off the sides of the road and make our community healthier.

Gamma Chi – Clemson University

- Philanthropy: Andeson County Teen Pregnancy Prevention Center - members are required to volunteer at least two service hours per semester at the center or one of the projects/events sponsored by the center.

- Initiation: Each September the officers, current members, and faculty of the department hold a traditional Eta Sigma Gamma initiation where new members are inducted and welcomed. A reception is held following in order for the current members to meet the new members.

Other Activities:

- A bulletin board is update each spring that presents information about public health and various health topics
- A spring social is held each year for all members and the Public Health Sciences faculty and staff. This social is held at the home of the faculty sponsor, new officer initiation is conducted at this social.
- The members of Eta Sigma Gamma hold a faculty appreciation day at the last meeting of the year in which each faculty member has a member speak about him/her and faculty member of the year award is given by the members.

Delta Beta – University of Montana

- Curry Health Center Wellness Check volunteer - Several members volunteered their time to help with the centrifuge process/other help needed
- Chapter designed and made t-shirts to sell in the HHP department and in the UC to raise funds for the group.
- Riverbank Run Throughout the YMCA - Several students assisted at Missoula County elementary schools for the group.

Other Activities:

- Eta Sigma Gamma BBQ - Members gathered at the end of the year to chat about events of the year and to get to know each other.
- HIV counseling - Members had accessibility to become HIV counselors throughout the wellness center - several participated.
- Jean Kilborne event - Several members attended this event to gather information on the different opportunities for health prevention
- Hiking and biking activities planned
- Poverello Center - Several members served food at the homeless shelter

Delta Zeta – Coastal Carolina University

- Horry County 2004 Spring Festival - ESG members provided blood pressure screenings, organized volunteers, and provided kids tattoos for the children of Horry County.
- Waccamaw Youth Center (center for neglected and abandoned boys) – We organized a pizza party for the boys, during which we played games, talked to the boys, and acted as role models.
- Waccamaw Youth Center - We assisted with their annual barbeque sponsored by the Sertoma Club. We prepared and delivered barbeque dinners to those who purchased a ticket. We were also able to get to know the boys on a more personal level.

Other Activities:

- Great American Smokeout - Sponsored a table on campus. Gave out informational sheets, contracts to stop smoking,
- Social Event - Held at an ESG members house. We provided food and games. We were able to talk and get to know one another better. It also gave us a chance to talk about our careers aspirations concerning health.

Delta Lambda – Malone College

- Research - Car Seat and Seat Belt Safety Data Collection, Fall Semester 2003. Collected car seat and seat belt safety data for the Canton City Health Department. Students collected data throughout the entire Fall 2003 semester. The health department used the statistics as part of Ohio Wellness Grant.
- Education - Wellness Fair, September 23, 2003. ESG facilitated a wellness table at the annual college wellness fair. Distributed information about our school and community health education program.
- Education - Anti Tobacco Youth Coalition: Annual Kick Butt's Day. Co-sponsored an anti-tobacco program for 250 middle and high school students with the Stark County Health Department. April 1, 2004.

Other Activities:

- Salvation Army - Ringing of the Bell for the Red Kettle Campaign, December 6, 2003. Service Project.
- Samaritan's Purse: Operation Christmas Child. Packed 40 boxes for boys and girls in many developing countries. November 9, 2003. Service Project.
- Valentines for Heather Ridge Assisted Living Facility. Constructed 100 valentines for senior citizens who live in assisted living units or Alzheimer's units. February 2004. Service Project.
- Ohio Association for Health, Physical Education, Recreation and Dance - 2 student representatives attended and worked at the annual convention. Cincinnati, Ohio, December 2003. Professional Project.
- End of the ESG Year Picnic - 40 persons attended our 3 annual reading day picnic before finals. Guests included ESG members and guests. April 29, 2004. Social Activity.

Delta Nu – Idaho State University

- Community clean-up event - Oct. 10, 2003. We cleaned up an area of Scout Mountain and then gathered for soup and singing afterward.
- Homecoming window painting at the Student Union Building--to show support for ISU we participated in a window painting contest. We did not win, but it was fun!
- Adopt a family for Christmas--we gathered gifts for a family of five that was in need of help for the Holidays. We participated in this program through Southeast Idaho Community Action Agency.

Other Activities:

- During April/May we gathered items for Family Services Alliance, a shelter for abused women, and donated the items for Violence Awareness Month.

Delta Xi – University of Alabama, Tuscaloosa

- 77th ASHA Annual Meeting October 17, 2003 El Paso, TX School Health Beyond the Borders - Gammans attended ESG conference activities and networking.
- Domestic Violence Awareness Candlelight Vigil October 23, 2003 (Healthy People Objective 15-34: Reduce the rate of physical assault by current or former intimate partners. Healthy People Objective 15-35: Reduce the annual rate of rape or attempted rape.) Gammans co-sponsored the event with members of the Women's Resource Center.
- Canned Food Drive November 2003 (Healthy People Objective 19-18: Increase Food Security among US. Households and in doing so decrease hunger.) Gammans set up donation sites around the health education area and challenged students/faculty/staff to take part in supporting Eta Sigma Gamma in this campus-wide event. Over 200 pounds of food items were donated to the West Alabama Food Bank.
- HIV Awareness/World AIDS Day - December 2003 (Healthy People Objectives 13-5, 7: Adults and Adolescents reduce cases of HIV infection and increase number of people aware of their serostatus). Gammans Hosted an information table in conjunction with the West Alabama AIDS Outreach and the Student Health Center. Information about free and anonymous testing was the main focus. Participants also received informational pamphlets, free condoms, and viewed demonstrations on proper usage of condoms.
- February 11, 2004 Sexual Responsibility Awareness Week (Healthy People Objective 13-5: Reduce the number of cases of HIV infections among adolescents and adults. Objective 13-6: Increase the proportion of sexually active persons who use condoms.) Gammans joined members of the Student Health Center staff in manning a sexual responsibility awareness information table. Condoms were distributed and demonstrated.
- February 11, 2004 Sexual Responsibility Awareness Week (Healthy People Objective 13-5: Reduce the number of cases of HIV infections among adolescents and adults. Objective 13-6: Increase the proportion of sexually active persons who use condoms.) Graduate Student Sexual Responsibility Forum -Gammans Joy Pinckney discussed STI and STD education with a group of African American graduate students. Demonstrations of female condoms, dental dam, and other safer sex techniques were discussed.
- 1st Annual Student Success and Achievement Day March 6, 2004 (Sponsored by UA Volunteer Services) Stress/Anger Management Activity - (Healthy People Objective 15-38: Reduce physical fighting among adolescents. Objective 27-3: Reduce the initiation of tobacco use among children and adolescents.) Gammans participated in a day-long community outreach and set up an activity table where over 50 K-12 students made stress balls and received instruction for positive anger management techniques.
- Type 2 Diabetes County Wide Needs Assessment for Youth. March 11- April 22, 2004 (Sponsored by the Pickens County Partnership to Prevent Diabetes). Gammans assisted school personnel and Partnership staff with biometrics and survey of elementary and high school students.

- Type 2 Diabetes Prevention Day Camp. June 21-25, 2004 (Sponsored by the Pickens County Partnership to Prevent Diabetes). Gammans assisted Partnership with coordination and staffing of prevention day camp.

Other Activities:

- Chapter Installation and New Member Initiation - October 4, 2003
- Holiday Social - December 12, 2003 Graduating Gammans for December was honored at the social.
- Heart Healthy Bake Sale Fundraiser February 12, 13, 2004 - (Healthy People Objectives 19-7: Increase the proportion of persons aged 2 years and older who consume at least six daily servings of grain products, with at least three being whole grains. 19-8: Increase the proportion of persons aged 2 years and older who consume less than 10 percent of calories from saturated fat. 19-9: Increase the proportion of persons aged 2 years and older who consume no more than 30 percent of calories from total fat.)
- Gammans prepared and provided recipes for heart healthy snacks and baked goods. Tags on items contained healthy eating tips and the website for the local chapter and a link to the recipes (<http://www.ches.ua.edu/health/>). Students thought the concept was interesting and some stated that they preferred the option of healthy foods when available over vending machine choices. Approximately \$75 was raised for the chapter.
- Eta Sigma Gamma Seminar Participants at AAHPERD Annual Meeting New Orleans Forum on Authenticity March 31, 2004. Gammans participated in planned Eta Sigma Gamma Activities (Poster, Business Meeting, Chapter Development, etc.)
- Spring Honors Week Reception - April 14, 2004. Graduating Gammans for May and August were honored at reception. Advisor received award. Invited guests included dean of college, faculty of college, and departmental staff.

Delta Pi – Bridgewater State College

- Our new chapter was just installed this spring term. Several meetings were held to elect officers and to develop a plan of action for the 2004-2005 year.

What is a concern of your chapter?

- Lack of participation and recognition.
- Our main concern is the health and awareness of the community and getting everyone involved in the practice of public health and health education as a whole.
- Getting people to stay involved. Also we don't have many opportunities to do activities. Also we are always short on money.
- Recruiting and maintaining members is a major concern. Few of the faculty do much promotion of ESG in their classes, so many students are unaware of its existence or its benefits, despite our advertising or our club bulletin board.
- Our chapter is challenged in keeping old members and graduate students active. There is also a need to do more projects on campus that are focused on our students, as opposed to more projects in the community.
- Recruiting and retention of numbers were low for 2003-04 school year for our chapter. Need guidance from national office on how to better recruit and retain members
- Having an executive board that will remain in respective offices for more than one semester. Maintaining active membership, rather than having members "just want to join for their resume". Motivation for students to work on publications.
- The major concern of our chapter is to promote health through teaching service and research as stated in our pledge, but not only that, our hearts have a specific concern for the research and cure of CANCER. Whether it be breast cancer, prostate cancer, or lung cancer, almost every member of our group has been touched by the harmful effects of cancer in some way. It may be personal, but it goes far beyond that because our chapter has a passion for this disease that is cutting the days of our population and we wish to dedicate our time not only to the treatment but to the CURE.
- Gain strength in membership. Currently still in the process of re-establishing the chapter
- College health education and awareness
- Our major concerns this year was (1) recruitment of new members and (2) providing incentives for meeting attendance and activity participation for the membership (besides the "faithful few"), while providing and enforcing respective disincentives.
- Member initiative and positive attitudes. Many students are not very interested in participating with Eta Sigma Gamma because they think their school work requires all of their time. Many students don't understand the purpose of Eta Sigma Gamma. Students don't feel they need an organization to get to know their classmates better because they work with each other outside of class on group assignments very often.
- The major concern for our chapter is retention of members. Because of the dynamics of our major, it is hard to keep the same members from one year to the next.
- Our mission is to improve our school and local community's quality of health; socially, emotionally, physically, intellectually, spiritually, and vocationally.
- Building and maintaining membership.

- Our primary purpose is to elevate the standards, ideals, competence and ethics of professionally trained people in health education. We strive to increase membership, participation in meetings, and involvement community health activities.
- Quality involvement from all members
- Recruitment of new members
- To promote health and well-being in our community and on our campus.
- Getting students involved at a younger age - sophomores and juniors
- Commitment to our service and fundraising activities due to the active lifestyles of our members.
- Membership
- Keeping students active.
- Keeping strong, dedicated members within the Gamma Mu chapter.
- Following all the standards of the honorary correctly and consistently.
- Incorporating larger scale activities/projects during the school year.
- Revitalizing the chapter.
- Participation
- We have problems with members participating in activities and it usually ends up just being a handful who show up at events. However, this year we had much better participation, but this is still a concern of mine.
- Participation of members - we are getting larger so we tend to have some members who do not show up to anything after initiation. It is hard to keep track of each member since we meet just once a month.
- Funding.
- Keeping people interested in the chapter
- Trying to find a meeting time that is most convenient for all members to increase member attendance at meetings and service activities
- We have no major concerns at this time. As you can see our chapter is very active. Having an ESG Chapter has really strengthened our school health education and community health education program.
- Recruitment and fund raising
- The major concerns for Delta Xi Chapter are probably common to new chapters--making a presence on campus and in the community, defining a programmatic focus and developing signature programs, maintaining links to the larger national body and other chapters in our area, and continuing to attract dedicated members.

What can the National Office do to make your chapter more effective?

- It would be nice to know what other chapters are doing throughout the year. Maybe having a list serve for all presidents of Eta Sigma Gamma be able to e-mail each other and really work together to accomplish some of our goals.
- The National office could provide more opportunities for Chapters to get funded for projects. Also if the office could create a Discussion board for chapters to use to talk to each to each other to see what others are doing and to get ideas.
- Send ideas for campus activities.
- Increase communication among the chapters. It would be great to meet other Presidents and executive board members, during the academic year.
- Have a member of the national board of directors available to discuss recruiting and retention of members with officers and members of our chapter.
- Provide ideas and activities for recruitment, and most importantly retention of members. Provide ideas and opportunities for jobs. The primary concern of our students is jobs in the field of health education. Many of our students are seeking jobs outside of health education and use our degree as a pass through to professional schools (PT, nursing, OT), and are not really understanding of health education as a profession.
- Keep officers updated on events and due dates. The chapter as a whole is new and learning the procedures of Eta Sigma Gamma.
- Make more funds available to aid in our various outreach events
- Provide us with more personal follow-up with how our year is progressing (i.e. email and phone call check-ins)
- Contact us and give us ideas for fun things to do at meetings that stick with our values of service, research, and education; especially some ideas about practical and publishable research that we could do as an organization.
- The National Office could expand emails to include all officers and mentors, as well as members who are interested in receiving them.
- Provide marketing materials and strategies that would help promote the organization (i.e., an Eta Sigma Gamma banner).
- Revise "the Ritual" Initiation Handbook
- Please send our officers and faculty sponsors updates on initiatives being sponsored by ESG.
- Provide more funding, so we can afford to educate more people within our community and on our campus.
- Continue with Travel and Project grants
- Marketing (flyers, brochures)
- One way that the National office would be of help, is if a message board on the web would be available from the National site that would allow members at all levels to voice opinions, ideas, or concerns in hopes that all Eta Sigma Gamma chapters could become stronger forces around their school settings.
- It's just fine
- Any suggestions for improvement would be appreciated.
- As a group we just need to keep ourselves more up-to-date on funding that is offered through ASUM

- Email us updates on when conventions and National events are happening.
- Send newsletters to each chapter containing information about what other chapters are doing for community service projects and social events.
- The National Office has always been extremely helpful.
- Monthly emails, information at the beginning of the year with suggestion on recruiting, fund raising, and officer information.
- The National Office has been extremely helpful in helping to get Delta Xi chapter activated. In order to be successful and more effective, this chapter needs continued support from the National Office especially frequent news updates and reports of other chapters' activities (e.g., highlight model programs, tips for new chapters, networking - such as a interactive directory/message board or list serve).

Other Comments?

- It has been a most productive, yet challenging year. It is our hope next year to build a job bank which will hopefully encourage more active participation. We need to find ways to make the profession of health education more viable.
- Looking forward to Fall 2004!
- Besides that, keep up the great job! If I have ever had a question and submitted it via email, I always received a prompt response!
- After completion of a very eventful school year, our organization was given the highest honor of Outstanding Organization of the year. Also, a review session for the Certified Health Education Specialist (CHES) Exam was put together by our organization and was available to all our students.
- This Chapter went from an inactive, passive state to an active, involved, and dedicated organization that quadrupled in size. Through the dedication, organization, and effort of a committed executive team and two hardworking advisors, the Beta Phi Chapter will endeavor to persevere.
- Mrs. Lopilato has been very helpful with our chapter. Thanks!
- The Gamma Mu chapter spent most of the year reshaping the chapter, so that we would be more in-line with the national office. In doing so, we have made great progress; however, still more needs to be accomplished. I feel confident, that by the end of next school year, larger strides will have been made.